Journal of the Hong Kong College of Cardiology

November 2008
Volume 16 / Supplement 1

Table of Contents

THIS ISSUE OF THE J HK COLL CARDIOL DOCUMENTS 2ND ASIAN PREVENTIVE CARDIOLOGY AND CARDIAC REHABILITATION CONFERENCE CUM 7TH CERTIFICATE COURSE IN CARDIAC REHABILITATION. IT IS, THEREFORE, EDITED IN A DIFFERENT WAY AND STANDARD THAN THE REGULAR J HK COLL CARDIOL ISSUES.

- ***2ND ASIAN PREVENTIVE CARDIOLOGY AND CARDIAC REHABILITATION CONFERENCE CUM 7TH CERTIFICATE COURSE IN CARDIAC REHABILITATION***

  Executive Committee.....xi

  Organizing Committee.....xi

  Faculty.....xii

  Preface.....xiii

  Congratulatory Message.....xv

  Programme.....xvii

  Abstracts of Oral Session.....A1

  Abstracts of Poster Session.....A9

- ***SYMPOSIUM ARTICLES***

  CVD Prevention: How Low to Go in 2009?
  Sandeep GUPTA.....A15

  The Role of Fitness and Physical Activity in Heart Disease
  Terence KAVANAGH.....A16

  EatSmart at School: From Survey to Practice
  Christina Kit-chee MAW, Kit-ching TO, Catherine Shuk-yee HO, Regina Cheuk-tuen CHING.....A17

  Metabolic Syndrome Identification and Treatment
  Kathy BERRA.....A18

  Recent Advances in Heart Failure Treatment
  Cheuk-man YU.....A19

Models for Cardiac Rehabilitation
Visal KANTARATANAKUL.....A20

Coronary Artery Disease Club – One of the Experience of Cardiac Rehabilitation in Guangdong
Lan GUO, Ping WANG, Guo-Lin ZHANG, Zhi LIU, Gui-Lan WU.....A21

Health Experience of Chronic Ischemic Heart Disease in Malaysia
Lydia Abdul LATIF and Shaari Mohd YATIM.....A22

Outpatient Phase III Cardiac Rehabilitation and the Training System of the Masters of Cardiac Rehabilitation in Japan
Masahiro KOHZUKI, Takayuki KAWAMURA, Atsuko ISHIDA.....A23

Schedule of Cardiac Rehabilitation in Iran
Farzaneh TORKAN and Laleh HAKEMI.....A29

Medicine and Spirituality: A New Task for Heart Friends Around the World
Flavio BURGARELLA and Sarah BURGARELLA.....A30

Ethnicity: The Other CV Risk Factor?
Sandeep GUPTA.....A32

Towards Person-related Cardiac Care: Weighing the Evidence on Type D Personality
Johan DENOLLET.....A33

An Update on the Treatment of Stable Angina Pectoris
Kathy BERRA.....A34

Effect and Molecular Mechanism of Physiological Ischemia Training of Skeletal Muscle on Angiogenesis at Remote Sites with Pathological Ischemia in Rabbit Models of Coronary and Peripheral Artery Stenosis
Jianan LI, Mei SHEN, Jing GAO.....A36

Exercise Prescription in Cardiac Patients
Farzaneh TORKAN and Laleh HAKEMI.....A37

Electrical Stimulation of Skeletal Muscles in Patients with Heart Failure: An Alternative to Aerobic Training?
Masahiro KOHZUKI, Makoto NAGASAKA, Petr DOBSAK.....A38

Exercise and Hypertension
Chul KIM.....A43

Is Cardiovascular Disease Preventable?
Bernard Man-yung CHEUNG.....A48

The Malignant Threat of Hypertension
Nancy Houston MILLER.....A50

How to Achieve Regression of Atherosclerosis
Brian TOMLINSON, Miao HU, Valiant WL MAK, Tanya TW CHU.....A52

- ***WORKSHOP ARTICLES***

Update in Medical Treatment
Yat-yin LAM.....A62

Update in Interventional Treatment and Rehabilitation
Albert Wai-suen LEUNG.....A63

Update in the Rehabilitation of Heart Failure
Kei-Pui LEUNG.....A66

Healthful Eating for a Healthy Heart
Selina KHOR.....A67

Nourish Your Heart: Say Goodbye to Stress
Celia Hoi-yan CHAN, Cecilia Lai-wan CHAN, Andy Hau-yan HO.....A68

Behavioral Skills Training
Nancy Houston MILLER.....A70

Updates on Smoking Cessation
Roland LAM and Cindy LAI.....A77

Motivational Interviewing and Smoking Cessation: What Is It and Is It Effective?
Douglas Tat-chau LAI.....A78

The Influence of Nutrition on Cardiovascular Health
Vanessa Lai-fan AU.....A79

Facilitating Self-management Behaviors in Cardiac Patients
Peter POON.....A80

Exercise in Practice for Cardiac Patients
Mandy Shun-yan LEUNG.....A81

Return to Work after Acute Myocardial Infarction
Tony Ka-keung WONG.....A83

Driver Assessment for Cardiac Patients
Jocelyn AU.....A85

- ***ACKNOWLEDGEMENT***.....A86