











## Annual Report 2010-2011

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## **Report Summary**

Since its foundation in 1992, the Hong Kong College of Cardiology has been continuing its mission to promote the advancement of cardiovascular medicine and public benefit through scientific, professional, educational activities and international communication and cooperation. Its ultimate goal is to promote awareness of heart health to Hong Kong people, and to develop and maintain good practice of cardiovascular medicine by ensuring the highest professional standards of competence and ethical integrity.

The Cardiovascular Interventional Summit 2010 (CIS) was successfully held at the Hong Kong Convention and Exhibition Centre on 6-7 November 2010, it was organized by the Hong Kong College of Cardiology, the Guangdong Provincial Cardiovascular Association and the Southern China Interventional Cardiology Education Net. It was one of the main local and international intervention meetings of 2010. The 3rd Asian Preventive Cardiology and Cardiac Rehabilitation Conference cum 8th Certificate Course in Cardiac Rehabilitation was held on 11-14 December 2010. It provided an excellent opportunity for sharing experience on practical issues of preventive cardiology and cardiac rehabilitation in Hong Kong. The CardioRhythm 2011, co-organized by the Chinese Society of Pacing and Electrophysiology and the Hong Kong College of Cardiology was held on 25-27 February 2011. It provided an excellent opportunity for participants to remain abreast of the latest developments in the field of heart rhythm management. A certificate course of Cardiac Rhythm Management and practice workshop for Clinicians and Allied Professionals was held on 24-27 February 2011, which gave structured overview in cardiac electrophysiology and device therapy. Given the long-term strategic position of Hong Kong as a gateway to China, closer collaboration amongst Hong Kong and China cardiologists will work towards mutual benefit. The College would like to strive for a closer professional relationship with our mainland counterparts. The 13th South China International Congress of Cardiology (SCC) was held from 7-10 April 2011 at International Conference Centre, Dongfang Hotel, Guangzhou. Around 30 HKCC members and spouses joined the delegation of Hong Kong College of Cardiology. The 19th Annual Scientific Congress of the College was held on 29 April to 1 May 2011. It was an excellent occasion to acquaint with cutting-edge knowledge in cardiology and to look ahead to future advances and breakthroughs. The 5th Congress of Asian Society of Cardiovascular Imaging (ASCI 2011) was jointly organized by Hong Kong College of Cardiology and Hong Kong College of Radiologists on 17-19 June 2011. The Congress featured a wide spectrum of radiological and cardiac topics covered in lectures, symposia and workshops. The excellent scientific programme was a show case for the modern practice of cardiac radiology.

Throughout the year, the College has also organized a number of local scientific programmes.

Apart from the scientific programmes, the College is also actively involved in community projects to promote cardiovascular health. The Jump Rope for Heart Program continues its recruitment of school children for promotion of heart health through rope skipping. A number of projects for promotion and study of heart health in the community were also launched. The World Heart Day which is scheduled on 2 October 2011 the yearly climax of our heart health promotion to the general public.

Regarding the training of local cardiology trainees, the College continues its involvement in the Hong Kong Heart Foundation Cardiology Training Fellowship Programme, which provides support for local cardiology trainees to undergo training in world renowned overseas centers.

The diversified and calendar-full activities organized by the College would not be successfully held without the dedication and active participation of its members, support of friends and the contribution of leading practitioners and academics both locally and abroad. The Council would like to take this opportunity to express its gratitude to them and will pledge to continue its mission in the years to come.

Dr. CHAN Kam Tim Hon. Secretary



## **Report on Scientific Activities**

Cardiovascular Interventional Summit, Hong Kong 2010

6-7 November 2010

Hong Kong Convention and Exhibition Centre

The Cardiovascular Interventional Summit 2010 (CIS) was successfully held on 6-7 November 2010 at Hong Kong Convention and Exhibition Centre. The Summit was organized by the Hong Kong College of Cardiology, Guangdong Provincial Cardiovascular Association and the Southern China Interventional Cardiology Education Net. The number of participants had exceeded over 600 this year.

Lectures focused on advancement in cardiovascular intervention were held on 6-7 November 2010. The speakers shared their clinical experiences in CTO, PCI and IVUS. Live Demonstrations were held on 6 November 2010, performed by Dr. Yasushi ASAKURA, Dr. Chiung-Jen WU and Prof. LEE Wai Luen, Stephen in Queen Mary Hospital.

The Opening Ceremony in the afternoon of 6 November 2010 was honoured with the presence of Dr. LEUNG Pak Yin, new Chief Executive of the Hospital Authority on 8 November 2010. Other Officiating Guests included Prof. LIN Shu Guang, Prof. GE Jun Bo, Prof. HUO Yong, Prof. XU Bo, Prof. GE Lei, Dr. CHEN Ji Yan, Prof. DU Zhi Min and Dr. CHIANG Chung Seung.

The major highlight of CIS 2010 was the new session: "Hong Kong Heart Foundation: PCI Case Discussion Competition". The objective of this session was to provide a platform for our colleagues to share interesting cases and precious experience. Six cases were selected to receive "Hong Kong Heart Foundation: PCI Case Competition Award". The winners were:

Dr. KWOK On Hing, Hong Kong Sanatorium & Hospital

Dr. LO Ying Keung, Princess Margaret Hospital

Dr. WONG Ting Lap, Prince of Wales Hospital

Dr. Eugene Brian WU, Prince of Wales Hospital

Dr. ZHANG Li Ting, The affiliated Zhongshan Hospital of Zhongshan University, Zhongshan City People's Hospital

Dr. ZHANG Wen Zhu, Dr. CHEN Guo Qin, The Central Hospital of Panyu, Guangzhou

# 3<sup>rd</sup> Asian Preventive Cardiology & Cardiac Rehabilitation Conference cum 8<sup>th</sup> Certificate Course in Cardiac Rehabilitation

11-14 December 2010

Hong Kong Convention & Exhibition Centre, Hong Kong

The 3<sup>rd</sup> Asian Preventive Cardiology & Cardiac Rehabilitation Conference cum 8<sup>th</sup> Certificate Course in Cardiac Rehabilitation was successfully held from 11-14 December 2010 at the Hong Kong Convention & Exhibition Centre in Hong Kong. In conjunction with the Conference, the Jump Rope for Heart Public Conference 「心臟病發危險因素控制妙法」conducted in Chinese was held on 12 December 2010 for cardiac patients and their caregivers.

The theme of the conference was "When and How to Control the Risk Factors?" It was aimed to control risks including hypertension, hyperlipidaemia, smoking, diabetes mellitus, obesity and thrombogenicity. There were updates on screening, pharmacological intervention and lifestyle modification. The Conference began with the Hong Kong Heart Foundation Symposium focusing on fitness and psychological health. Evidence based advances in the control of cardiovascular risk factors were addressed. In addition, the 8th Certificate Course emphasized on practical and behavioral issues were conducted to provide training for healthcare workers who were involved in the cardiac rehabilitation programs. There were 62 local and 11 overseas faculties. The following international specialists in preventive cardiology and cardiac rehabilitation presented their experience and expert review at the symposia and workshops of the Conference:

		eracement and the property of
1.	Ms. Kathy BERRA	USA
2.	Dr. Falvio BURGARELLA	Italy
3.	Prof. CHEN Ssu Yuan	Taiwan
4.	Dr. Barry A. FRANKLIN	USA
5.	Dr. GUO Lan	PR China
6.	Prof. David L. HARE	Australia
7.	Prof. Visal KANTARATANAKUL	Thailand
8.	Dr. Kornelia KOTSEVA	UK
9.	Dr. Jimmy LIM	Singapore
10.	Ms. Nancy Houston MILLER	USA
11.	Dr. M. Y. SAARI	Malaysia

The opening ceremony in the afternoon of 11 December 2010 was officiated by Dr. Thomas TSANG, Acting Director of Health, Department of Health. Other Officiating Guests included Mr. Thomas LIANG, Vice-Chairman of the Hong Kong Heart Foundation, Dr. PUN Chiu On, Chairman of Jump Rope for Heart Finance Committee and executive committee members of the conference.

The Conference and Certificate Course were well received. 132 local and 32 overseas participants attended both conference and certificate course; 95 local and 251 overseas participants attended the conference. As for the public conference, 128 (full-day) and 40 (half-day) registrations were received.

Free paper and poster presentations provided a platform for exchange of knowledge and skills in primary and secondary prevention of cardiovascular diseases. A total of 28 abstracts were received. Fourteen were for oral presentations and fourteen were poster presentations. Five abstracts were short-listed for the Best Paper Awards. Dr. Barry A. FRANKLIN, Prof. David L. HARE, Dr. LAU Suet Ting and Dr. CHOW Siu Lun, Eddie were invited to review the papers according to its originality, scientific value and presentation on 11 December 2010. Two abstracts with the highest score by Dr. Abraham S BABU and Dr. Will YH CHAN were awarded the Best Paper Award.

AND 2010-2011\_

The conference was fully support by the following organizations:

- 1. Department of Health
- 2. Department of Medicine and Therapeutics, The Chinese University of Hong Kong
- 3. School of Nursing, University of Hong Kong
- 4. Cardiac Rehabilitation & Resource Centre of Tung Wah Eastern Hospital
- 5. Community Rehabilitation Network, Hong Kong Society for Rehabilitation
- 6. New Territories West Cluster Rehabilitation Centre and Tuen Mun Hospital
- 7. United Christian Hospital
- 8. Cardiac Rehabilitation & Prevention Centre of Tung Wah Hospital
- 9. Alice Ho Mui Ling Nethersole Hospital
- 10. Princess Margaret Hospital
- 11. Care for Your Heart
- 12. The Hong Kong Heart Foundation Ltd.
- 13. Hong Kong H.E.A.R.T. Club Limited
- 14. Asian Pacific Society of Cardiology
- 15. College of Nursing, Hong Kong
- 16. Hong Kong Cardiac Nursing Association
- 17. Preventive Cardiovascular Nurses Association
- 18. Centre on Behavioral Health
- 19. Hong Kong Dietitian Association
- 20. Hong Kong Occupational Therapy Association
- 21. Hong Kong Physiotherapy Association Limited
- 22. Hong Kong Nutrition Association

#### CardioRhythm 2011

25-27 February 2011

Hong Kong Convention and Exhibition Centre, Hong Kong

This was the third time that the Hong Kong College of Cardiology and the Chinese Society of Pacing and Electrophysiology joined hands again to host CardioRhythm 2011 on 25-27 February 2011 at the Hong Kong Convention and Exhibition Centre.

The Co-Chairmen were Prof. LAU Chu Pak from the Hong Kong College of Cardiology and Prof. ZHANG Shu from the Chinese Society of Pacing and Electrophysiology.

The Honorary Presidents were Dr. CHEN Ming Zhe, Dr. CHENG Chun Ho, Dr. CHIANG Chung Seung, Dr. GAO Run Lin, Dr. HU Dai Yi, Dr. HUANG De Jia, Dr. KO Tak Him, Patrick, Dr. PUN Chiu On, Dr. TSE Tak Fu, and Dr. WANG Fang Zhang.

The Executive Committee members were Dr. CHIANG Chung Seung, Prof. LAU Chu Pak, Dr. LEE Lai Fun, Kathy, Dr. PUN Chiu On, Prof. TSE Hung Fat, and Dr. WONG Kwok Yiu, Chris.

There were nearly 2,000 participants from 47 countries/regions in the conference. With over 300 faculty members, from both local and overseas, a high-level conference with 99 sessions of lectures, case presentations and workshops focusing in Electrophysiology, Cardiac Pacing, Devices, Atrial Fibrillation, Ablation, Heart Failure, Sudden Death, Arrhythmia Management, Syncope, Bradycardia Pacing and Tachycardia Therapy Device were developed and presented. Some of these were presented as joint symposia with Heart Rhythm Society, SOLAECE, ISHNE, Asian Pacific Heart Rhythm Society, World Society of Arrhythmias, Hong Kong Medical Association, Hong Kong Doctors Union, Hong Kong College of Family Physicians, The Society of Physicians of Hong Kong, Hong Kong College of Anaesthesiologists and Hong Kong Cardiac Nursing Association.

Having a great response in 2009, the certificate course of Cardiac Rhythm Management and practice workshop for Clinicians and Allied Professionals was organized again on 24-27 February 2011, covering all aspects of arrhythmia management. Other highlights of the programme include oral abstracts and posters all over the world as well as the showcase of the state-of-the-art products and technology in the exhibition.

We were honored to have Dr. York CHOW, Secretary for Food and Health Bureau, HKSAR, Mr. YANG Min, Deputy Secretary General of Chinese Medical Association and Prof. Raymond LIANG, President of Hong Kong Academy of Medicine to be our Guests of Honor at the opening ceremony on 25 February 2011. Followed by the opening ceremony, a named lecture was presented by Prof. Douglas ZIPES with the topic "Autonomic Influence and Modulation on Arrhythmia and Heart Failure".

The main highlighted social function of CardioRhythm 2011 was Gala Dinner, which was supported by MEHK, Meetings & Exhibitions Hong Kong, a division of Hong Kong Tourism Board (HKTB), held on 26 February 2011 at Cafe Deco, The Peak.

Lastly, the Conference would not have been so successfully held without the contributions and active participation of our fellows, colleagues, distinguished and extensive panel of overseas and local experts. The organizing committee would like to express our sincere thanks to them. We look forward to holding the next CardioRhythm in 2013.



#### 13th South China International Congress of Cardiology

7-10 April 2011 Dongfang Hotel, Guangzhou, China

The 13<sup>th</sup> South China International Congress of Cardiology (SCC) was held from 7-10 April 2011 at International Conference Centre, Dongfang Hotel, Guangzhou, China. The College has been one of the co-organizers for past few years. The aim of the Congress is to strengthen national and international academic exchange and up-to-date development in the field of cardiology. Renowned cardiologists from Europe, USA, Asia Pacific region, Mainland China, Hong Kong, Macau and China Taiwan presented their research findings and reviews on advances in cardiovascular treatment.

The Congress Chairman of the meeting was Prof. HU Da Yi, and the Executive Chairmen were Prof. CAO Ke Jiang, Prof. HUANG Zhen Wen, Prof. WANG Jian An and Dr. CHIANG Chung Seung.

To continue the successful history of the past 12 Congresses, SCC had the honourable attendance by domestic and overseas cardiologists who gave lectures on advances in prevention of cardiovascular disease and basic research. To foster closer relationship and scientific exchange between Hong Kong and Mainland China, this year, Hong Kong College of Cardiology had again integrated its scientific sessions with the SCC main programme. Sessions including general cardiology, imaging, cardiac intervention and surgery, arrhythmia management, prevention and rehabilitation. There were nearly 20 Hong Kong speakers and chairmen invited by HKCC and the whole congress was well attended by over 7,000 delegates mainly from mainland and Hong Kong.

Last but not least, we are very grateful that about 30 HKCC Members and spouses joined the delegation of Hong Kong College of Cardiology this year and the delegates were also invited to join the gathering dinner held in the evening of 9 April 2011 at South Sea Fishing Village, with invited guests from the mainland organizers of the Congress.

#### 19th Annual Scientific Congress

29 April – 1 May 2011 Sheraton Hong Kong Hotel & Towers, Hong Kong

The 19th Annual Scientific Congress of the Hong Kong College of Cardiology was held from 29 April – 1 May 2011 at the Sheraton Hong Kong Hotel & Towers, Tsimshatsui, Kowloon. This was a major academic conference filled with fervent educational enthusiasm and interactive exchange of Cardiology knowledge. In addition to plenary lectures, Hong Kong Heart Foundation Lecture, Sun Chieh Yeh Heart Foundation Lecture and two GAP-CCBC sessions which included representatives from hospitals in Hong Kong, Mainland China, Macau and Taiwan were held. The Opening Ceremony was officiated by Prof. LAM Siu Ling Karen, Head of Department of Medicine, The University of Hong Kong.

The 3-day scientific programme provided an ideal forum for the cardiology profession to exchange their knowledge and experience in the latest developments in cardiovascular medicine. Renowned cardiologists from Canada, India, Japan, Mainland China, Macau, Taiwan, Thailand, United States and Hong Kong were invited to present their valuable experience to the audience. Total number of participants was 877, including 507 local doctors, 176 delegates from mainland China, 180 allied professionals and paramedical personnel, and 14 overseas delegates.

The Allied Cardiovascular Health Professionals Symposium was held on 30 April 2011. It was organized for the allied cardiovascular health professionals and the theme this year was "Data Interpretation for CCU Patients". Dr. CHAN Yu Leung shared his views on Chest X-ray Interpretation. Dr. CHAN Wai Kwong, Andy presented ECG Interpretation. Dr. TSUI Kin Lam exchanged his experience on Laboratory Results Interpretation while Dr. CHOY Chi Chung presented his views on Echocardiogram Interpretation.

The Paediatric Cardiology Symposium was held on 30 April 2011. Guest speakers were: Prof. Andrew REDINGTON, Prof. DU Jun Bao, Prof. HUANG Guo Ying, Prof. ZHENG Jing Hao, Dr. ZHANG Zhi Wei, Dr. LUN Kin Shing, Prof. CHEUNG Yiu Fai and Dr. LIU Fang.

62 abstracts were received and accepted for oral presentation. 6 of them were short-listed for the Best Paper Award Competition on 29 April 2011. The College had presented three Best Paper Awards this year:

- 1. Initial Experience of Transcatheter Aortic Valve Implantation (TAVI) in Queen Elizabeth Hospital Dr. CHAN Leung Kwai
- Left Ventricular Remodeling after Long-Term Right Ventricular Pacing is Predicted by Electrical and Mechanical Dyssynchrony, but not Pacing Site Dr. CHAN Ngai Yin
- 3. Left Ventricular Assist Device A Surgical Treatment for End-Stage Heart Failure A Case Series in Hong Kong
  Dr. HO Ka Lai, Cally

In the PCI Case Discussion session held on 1 May 2011, the three Best PCI Case Award winners were Dr. CHAN Leung Kwai, Dr. FUNG Chi Yan, Raymond and Dr. Jacylin CHAN.



#### 5th Congress of Asian Society of Cardiovascular Imaging

17-19 June 2011

Hong Kong Convention & Exhibition Centre, Hong Kong

The 5<sup>th</sup> Congress of Asian Society of Cardiovascular Imaging (ASCI 2011) was successfully held on 17-19 June 2011 at Hong Kong Convention and Exhibition Centre (HKCEC) in Hong Kong. This was the first time that Hong Kong College of Cardiology and Hong Kong College of Radiologists joined hands to organize the international conference.

The other supported organizations included: American Society of Nuclear Cardiology, Department of Health, Hospital Authority, Hong Kong Academy of Medicine, Hong Kong Association of Medical Physics (HKAMP), Hong Kong College of Radiographers and Radiation Therapists (HKCRRT), Hong Kong Radiographer's Association, Hong Kong Society of Diagnostic Radiologists, Hong Kong Society of Interventional Radiology, Hong Kong Society of Nuclear Medicine, Hong Kong Tourism Board, International Radiology Quality Network (IRQN), Sociedad Argentina De Cardiologa, Society of Cardiovascular Computed Tomography, Society for Cardiovascular Magnetic Resonance, The Chinese University of Hong Kong and The University of Hong Kong.

Keynotes lectures, free paper sessions, dedicated hands-on workstation training, scientific exhibits and technical exhibitions were included in this conference. HKCRRT sponsored satellite programme and joint sessions with different associations such as IRQN and HKAMP had been organized in the afternoon on 17 June 2011. International experts and distinguished regional faculties addressed the advancements in different frontiers of cardiovascular imaging. These included the techniques and applications of cardiac magnetic resonance imaging, cardiac computed tomography and nuclear cardiology in various cardiovascular diseases. Issues of radiation safety and protection were also discussed.

The opening ceremony was held at 10:00 on Saturday, 18 June 2011, at Room N101, Level One, HKCEC. The Guest of Honour was The Hon. Mr. John TSANG Chun-wah, GBM, JP, Financial Secretary, The Government of the Hong Kong Special Administrative Region. And the congress dinner took place at Room N201, Level Two, HKCEC at 18:30 on Saturday, 18 June 2011.

#### **Local Scientific Programmes 2010-2011**

The College Scientific Committee continues to organize and co-ordinate year-round scientific programmes in relation to cardiovascular medicine. These scientific functions have received accreditation from Academy Colleges for continuing medical education.

The major scientific symposia organized during 1 September 2010 – 31 August 2011 are listed as follows:

1. Functional angioplasty: Changing paradigm of coronary intervention

3 September 2010

Conrad Hotel, Pacific Place, Queensway

Speaker:

Prof. PARK Seung Jung

- a) Functional angioplasty: Changing paradigm of coronary intervention
- b) Antiplatelets in percutaneous coronary intervention: When more is better?
- 2. HKDU Sunday Afternoon Symposium

16 January 2011

Lecture Hall, 8/F, Block G, Princess Margaret Hospital

Speakers:

a) Dr. AU Wing Kuk, Tim

Surgical treatment for atrial fibrillation and latest update in heart valve surgery

b) Dr. CHAN Wai Kwong

Approach to patient with chest pain

c) Dr. MAK Yiu Kwong, Gary

Impact of early disease detection in prevention of cardiovascular

disease

d) Dr. TSUI Ping, Tim

Anti-thrombotic therapy - one dose for all or personalized

medicine

3. Modern Management of Complicated Hypertension – Triple Combination & Beyond

22 February 2011

Langham Hotel, Tsim Sha Tsui

Speaker:

Prof. Gordon T. MCLNNES

4. Risk assessment Now, and Alternative Markers for the Future

20 April 2011

Hyatt Regency, Tsim Sha Tsui

21 April 2011

Chariot Club, Central

Speaker:

Prof. Peter Jan LANSBERG

5. ACS: Therapeutic Strategies for Improved Mortality

3 June 2011

Langham Hotel, Tsim Sha Tsui

Speaker:

Prof. Arthur TAN

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## **Report on Community Activities**

#### World Heart Day 2011 (世界心臟日)

In 2011, the World Heart Day has been fixed on 29 September and will be celebrated all over the world. Initiated by the World Heart Federation (WHF), this global programme aims to increase the awareness of the world population about prevention of heart disease, which is fast becoming the number one killer of the whole world. This year is the 11th Anniversary of World Heart Day in Hong Kong, and the College will continue to organize the World Heart Day Carnival 2011 which will be held on Sunday, 2 October 2011 with the theme "One World, One Home, One Heart".

The Press Conference and the Kick-Off ceremony will be held in September 2011 and a series of activities will be held for the following months. Short Film Competition, which has aroused a lot of interests in the last three years, will be continued this year and the theme for both Student Group and Open Group is "One World, One Home, One Heart". Eight Public Heart Health Talks will be launched on the 4, 18, 25 September and 1, 9, 16, 23, 30 October 2011 at the Central Library, City Hall and Science Museum. Over 4,000 citizens are expected to join the Global Embrace and the Heart Health Carnival which will include game booths, stage shows with singers/artistes and jump rope performances on 2 October 2011 at the Happy Valley Hong Kong Jockey Club. 1,000 primary/ secondary school students will compete in the World Heart Day Drawing Competition which will provide a golden opportunity for them to show off their creative talents. Selected drawings will be used to compete with those from different countries in the Final Competition organized by the International Chinese Heart Health Network, and a certain number of outstanding drawings will be included in the 2012 Heart Health Calendar. Debate Competition will be organized on 23 September 2011. Students of two medical societies from The University of Hong Kong and The Chinese University of Hong Kong have been invited to debate on the topic related to medical and social issues of public interest.

#### Jump Rope for Heart Program (JRFH) (跳繩強心) 2010-2011

The JRFH 2010-2011 was successfully held for the twelfth year. Around 54,732 students from 106 primary schools, 26 secondary schools and 1 international school (total of 133 schools) participated in the program. Around 770,000 students from 564 schools have joined the program over the past twelve years.

The annual Inter-school Rope Skipping Competition is the climax of the year, and it provides an occasion for students to show their talents and to exchange skills with others. This year, 61 primary and 20 secondary school teams participated in the competition on 9 & 10 July 2011 at Lai Chi Kok Park Sports Centre. Ta Ku Ling Ling Ying Public School (打鼓嶺嶺英公立學校) and Hong Kong Taoist Association Tang Hin Memorial Secondary School (香港道教聯合會鄧顯紀念中學) were our overall champions in primary and secondary sessions this year.

39 heart health talks were conducted at JRFH participating schools in this academic year. Very positive feedback was received.

School visits by expert teams were conducted in 44 schools in this academic year. Students were all amazed by the wonderful performance of our elite skippers and they showed great interest in learning rope skipping.

An elementary instructor certificate course was held on 19 December 2010 to introduce the program to 115 teachers and elite skippers to train them the skills of teaching rope skipping.

Schools that have participated in JRFH for 2 years or more (N=262) were invited to apply for the Jump Rope for Heart School Subsidy Program 2010 to conduct heart health educational or promotional programs. The JRFH Finance Committee perused all 29 applications and approved granting HK\$100,000 to 26 schools.

A series of special activities were launched to celebrate the 10<sup>th</sup> Anniversary of the program. The JRFH 10<sup>th</sup> Anniversary Logo Competition, the JRFH 10<sup>th</sup> Anniversary Celebration (跳繩強心十周年慶典) and the JRFH Community Promotional Program were successfully held in the year 2009-2010.

An attempt to set the Guinness World Record (for the biggest number of "single rope two persons skipping" simultaneously for 3 minutes), being the climax of the JRFH 10<sup>th</sup> Anniversary Celebrating Activities Series, was held on 30 September 2010 (Thursday) at 10:18am. 15,510 students from 97 primary and secondary schools joined the event. All participants were grouped in pairs and skipped at their own schools simultaneously, with the announcement made at the Metro Broadcast. The opening ceremony was held at St. Paul's Secondary School which had participated in the Jump Rope for Heart Program for 12 consecutive years. Copies of the event DVD were sent to all participants for their record. The JRFH secretariat forwarded all necessary materials and information to the official secretariat of the Guinness World Record for their perusal. Unfortunately, our application was rejected as only one participant per rope would be admitted for the skipping category of the Guinness World Record. Nevertheless, all the participants enjoyed the event so much and the feedback from participating schools was excellent. Moreover, a new Hong Kong record was set!

The 6<sup>th</sup> Asian Rope Skipping Championships was held in Mokpo City, Korea from 21 to 25 July 2011. Three skipping teams (Jump to Infinity, Elite Mix A and Unique, total 13 skippers and 1 coach) have sent letters to the JRFH secretariat asking for sponsorships. The skippers were nurtured by JRFH and are enthusiastic to perform at promotional activities organized by HKCC. They were outstanding skippers who were expected to gain good results in 6<sup>th</sup> ARSC. Moreover, they have financial difficulties in gathering the entry fee. The JRFH Finance Committee approved granting HK\$63,100 to support the three teams. The teams performed and received the sponsorship at the opening ceremony of the 19<sup>th</sup> Annual Scientific Congress on 30 April 2011.



#### Institute for Heart Health Promotion Ltd. (IHHP) (心臟健康促進會)

The Institute is a non-profit making organization engaged in the study of heart health of people in Hong Kong and to arouse the awareness and preparedness of the general public for the preservation of heart health through healthy styles of living.

Members of the Executive Board are Dr. TSE Tak Fu (Chairman), Dr. WU Po Kong, Patrick (Vice-Chairman), Dr. KO Tak Him, Patrick, Prof. LAU Chu Pak, Mr. LIANG Cheung Biu, Thomas and Mr. LUK Koon Hoo, Roger (Hon. Treasurer). Mr. MA Kwong Wing is the Hon. Secretary.

#### International Chinese Heart Health Network (ICHHN) (全球華人心臟保健網絡)

The ICHHN serves as a network to assist in the promotion of heart health among Chinese globally. The President of the ICHHN for the year 2008-2010 is Prof. CHIANG Cheng Wen (Taiwan) and 2010-2012 is Dr. LAU Suet Ting (Hong Kong).

In view of the success of 2009 World Heart Day Drawing Competition, Hong Kong College of Cardiology has once again hosted the Inter-regional Drawing Competition for ICHHN. The Competition for Year 2010 was divided into 2 groups: Junior Group (age under 12) and Senior Group (age 12-17), with the theme "Eat Smart for Heart" (食得健康身心壯) for both groups. This year, four regions namely Hong Kong, Toronto, Vancouver and Brunei had successfully organized a drawing competition for local students. The drawings of the winners from each region were sent to Hong Kong for the final competition. Brunei students Yeo Yeo and TAN Shi Ying won the Championship of the Junior Group and Senior Group respectively. Hong Kong student Kelly LEUNG(梁灏櫻) was ranked no. 3 in the Senior Group.

7,000 beautiful ICHHN 2011 calendars, with key heart health messages, were printed and distributed to member nations, HKCC fellows, JRFH participating schools and other related organizations. 12 most outstanding drawings, among many high-standard and creative winning drawings obtained in the past 9 years, were selected and printed on the calendars. Very positive feedback was received.

HKCC, being the founding organization, will actively participate in the future development of ICHHN.

## **Report on Committees and Working Groups**

### Hong Kong Heart Foundation Cardiology Training Fellowship Programme

Awarded Hong Kong Heart Foundation Fellowship:

Dr. CHAN Chi Yuen of Prince of Wales Hospital, has started the training programme in the field of Interventional Cardiology at Brigham and Women's Hospital in Boston, U.S.A., for a period of 12-month commencing from 1 July 2011.

Dr. CHAN Kit of Ruttonjee & Tang Shiu Kin Hospitals, has started the training programme in the field of Cardiac Electrophysiology at Westmead Hospital in Sydney, Australia for a period of 6-month commencing from 2 May 2011.

Dr. CHAN Leung Kwai of Queen Elizabeth Hospital, will start the training programme in the field of Congenital and Structural Heart Interventions at Montreal Heart Institute in Montreal, Canada for a period of 12-month commencing in the 2<sup>nd</sup> half of 2011.

Dr. CHAN Pak Hei of Queen Mary Hospital, has started the training programme in the field of Transcatheter Treatment of Valvular Heart Disease at Royal Brompton Hospital in London, U.K., for a period of 12-month commencing from 1 January 2011.

Dr. YIU Kai Hang formerly of Queen Mary Hospital, has extended his training programme in the field of Cardiac Imaging, including Echocardiogram and CT Coronary Angiogram at Leiden University Medical Center in Holland for a period of 6-month commencing from 1 January 2011.

#### Journal of the Hong Kong College of Cardiology

Commencing 2005, the Journal has been published bi-yearly in April and October.

A total of 35 editorial pages were published from October 2010 to April 2011. These included 2 articles from Hong Kong.

A total of 38 pages of abstracts were published from October 2010 to April 2011, 18 pages from the Annual Scientific Congress and 20 pages from the other meetings.

A total of 43 editorial pages of Supplement were published in December 2010, which included 47 abstracts and 3 manuscripts.

#### General Affairs and Public Relations Committee

The Committee acted on behalf of the College or as directed by the Council to respond to enquiry on cardiology related issues from media. It also mediated the participation of our Fellows in public education activities.

#### Allied Cardiovascular Health Professional Committee

The Allied Cardiovascular Health Professionals Symposium of the 19th Annual Scientific Congress was held on 30 April 2011. It was organized for the allied cardiovascular health professionals and the theme this year was "Data Interpretation for CCU Patients". Dr. CHAN Yu Leung shared his views on Chest X-ray Interpretation. Dr. CHAN Wai Kwong, Andy presented ECG Interpretation. Dr. TSUI Kin Lam exchanged his experience on Laboratory Results Interpretation while Dr. CHOY Chi Chung presented his views on Echocardiogram Interpretation.



#### **Paediatric Cardiology Chapter**

The Paediatric Cardiology Chapter of Hong Kong College of Cardiology was established since 2 December 2008. The purposes are to promote the advancement of knowledge and science of paediatric cardiology and to look into matters related to education, training, accreditation, maintenance of good practice and high professional standards in paediatric cardiology. It also helps to promote solidarity and fraternity amongst paediatric cardiologists in Hong Kong.

The Terms of References of the Chapter and the Criteria of Admission of Membership were formally adopted on 16 March 2010 and 14 September 2010 respectively, invitations had been sent out to invite new Fellows and Members of the Chapter. As of July 2011, 15 Paediatric Cardiologists were accepted as Fellows and 6 Paediatric Cardiologists were accepted as Members of the Chapter.

The criteria of admission of membership as follows:

- Admission criteria of membership of the Chapter should follow according to Hong Kong College of Cardiology.
- Fellowship

A Fellow of the Chapter shall be:

- i) Fellow of the Hong Kong College of Paediatricians, and three years full-time local or overseas training in paediatric cardiology or
- ii) Fellow of the Hong Kong College of Paediatricians, and half year full-time local or overseas training in paediatric cardiology and five years part time training in paediatric cardiology trained by Fellow of Hong Kong College of Cardiology.
- For members who cannot fulfil the above criteria, special arrangement will be offered as follows (First Batch):
  - i) Members must have nine years part time local or overseas training in paediatric cardiology.
  - ii) For this special arrangement, the valid time should be 6 months started from the date that approved or endorsed by HKCC Council.
- d) Membership
  - A Member of the Chapter shall be:
  - Member of the Hong Kong College of Paediatricians and under training in paediatric cardiology.
- The Chapter will also follow the criteria listed by the Hong Kong College of Paediatricians.

The 2011 Annual General Meeting of Paediatric Cardiology Chapter of Hong Kong College of Cardiology ("College") will be held at Room A1 and A2, The Hong Kong Medical Association, Dr. Li Shu Pui Professional Education Centre, 2/F, Chinese Club Building, 21-22 Connaught Road Central, Hong Kong on Thursday 25 August 2011 at 8:00 p.m. for the following purposes:

- 1. To consider and receive the Annual Report of the Paediatric Cardiology Chapter.
- To consider and receive the Accounts for the year ended 31 December 2010
- To elect 2 coordinators of the Paediatric Cardiology Chapter for year 2011 2013

The following scientific meetings were held during 2010-2011:

1. Date: 28 January 2010 (Thursday)

Venue:

Room A1 and A2, The Hong Kong Medical Association,

Dr. Li Shu Pui Professional Education Centre, 2/F, Chinese Club Building,

21-22 Connaught Road Central, Hong Kong

a) Lecture:

Paediatric Heart Transplantation in Hong Kong

Speaker:

Dr. LUN Kin Shing

b) Case Presentation: Thin Child with a Fat Heart

Speaker:

Dr. CHEN Hay Son, Robin

2. Date:

14 May 2010 (Friday)

Venue:

Room 120, Seminar Room, Queen Mary Hospital (1/F, New Clinical

Building)

Topic:

Coronary artery fistula in hypoplastic right and left ventricle

Speaker:

Dr. Gerald Ross MARX

3. Date:

10 February 2011 (Thursday)

Venue:

Room A1 and A2, The Hong Kong Medical Association,

Dr. Li Shu Pui Professional Education Centre, 2/F, Chinese Club Building,

21-22 Connaught Road Central, Hong Kong

Topic:

What can be done in patients with refractory Kawasaki disease

Speaker:

Dr. YAM Man Ching

4. Date:

28 April 2011 (Thursday)

Venue:

Room 2, G/F, Block M, Queen Elizabeth Hospital

Room 120, Seminar Room, New Clinical Building, Queen Mary Hospital

Topic:

Isovolumic acceleration: ready for prime time? (Lecture and Discussion)

Speaker:

Prof. Andrew N REDINGTON

5. Date:

26 May 2011 (Thursday)

Venue:

Room A1 and A2, The Hong Kong Medical Association,

Dr. Li Shu Pui Professional Education Centre, 2/F, Chinese Club Building,

21-22 Connaught Road Central, Hong Kong

Topic:

Cardiac manifestation of metabolic disease in Children

Speaker:

Dr. FONG Nai Chung

6. Date:

25 August 2011 (Thursday)

Venue:

Room A1 and A2, The Hong Kong Medical Association,

Dr. Li Shu Pui Professional Education Centre, 2/F, Chinese Club Building,

21-22 Connaught Road Central, Hong Kong

Topic:

Devices closure of large atrial septal defect (ASD): techniques, tricks and

new devices

Speaker:

Dr. CHENG Yan Wah, Vinson

#### Working Group on Cardiac Computed Tomography

The Symposium on Latest Advances in Cardiac Computed Tomography was held on 28 March 2010 at the Conference Hall of St. Teresa's Hospital. It was jointly organized by the Hong Kong College of Cardiology and Sir Run Run Shaw Heart & Diagnostic Centre of St. Teresa's Hospital.

The Symposium was well attended by over 180 participants consisting of doctors, nurses, and radiographers. It was intended for the novice to this field. The latest development and technical aspects of cardiac CT were discussed. Live demonstrations were shown. Feedback from the participants was most encouraging, and most of the participants stayed until the very end.

## **Report on College Affairs**

#### Membership

1. As at 1 August 2011, 19 Fellows, 16 Members and 1 Affiliates were elected, which made up the total membership to 394. Below is the breakdown of the membership figures:

Distinguished Fellows	4
Honorary Fellows	11
International Fellows	3
Visiting Fellows	13
Fellows	183
Members	<i>75</i>
Affiliates	105

2. The Members of the Council for the year 2010-2011 were:

President : Dr. CHIANG Chung Seung President-Elect : Dr. WONG Kwok Yiu, Chris

Hon. Secretary : Dr. CHAN Kam Tim Hon. Treasurer : Dr. LI Shu Kin

Council Members : Dr. CHAN Hon Wah, Raymond

Dr. CHAN Wai Kwong Dr. FUNG Wing Hong Dr. HO Kau Chung, Charles

Dr. LAU Suet Ting Dr. LAU Yuk Kong

Prof. LEE Wai Luen, Stephen

Dr. TSE Kai Fat Prof. YU Cheuk Man

Immediate Past President : Dr. PUN Chiu On

Past Presidents : Dr. CHENG Chun Ho

Dr. KO Tak Him, Patrick

Dr. LAU Chu Pak

Hon. Adviser : Dr. TSE Tak Fu

3. During the past year, the Council has met 8 times.

#### 4. Standing Committees and Chairmen:

Editorial Board, Journal of Hong Kong College of Cardiology

Chief Editor

Dr. LAU Chu Pak

Hong Kong Heart Valve Registry

Chairman

Dr. HO Kau Chung, Charles

Pacemaker Registry

Chairman

Dr. LAU Chu Pak

Allied Cardiovascular Health Professionals

Chairman

: Dr. CHAN Wai Kwong, Andy

Scientific Committee

Chairman

Dr. PUN Chiu On

General Affairs and Public Relations

Chairman

: Dr. LI Shu Kin

Education and Accreditation Committee

Chairman

Dr. TSE Tak Fu

Cardiac Pulmonary Resuscitation Committee

Chairman

Dr. CHENG Chun Ho

Hypertension Working Group

Chairman

Dr. CHENG Chun Ho

Pacing and Clinical Electrophysiology Working Group

Chairman

Dr. LAU Chu Pak

Paediatric Cardiology Chapter

Co-ordinators

Dr. CHAU Kai Tung, Adolphus

Dr. YAM Man Ching

Heart Failure Working Group

Chairman

Dr. WONG Kwok Yiu, Chris

Working Group on Cardiac Computed Tomography

Chairman

Dr. WONG Chi Ming

#### Sponsorship for Attendance of Overseas Scientific Conferences

In the past year, our College sponsored 46 Fellows/Members to attend 36 overseas scientific conferences.

#### College Representatives on other Institutions

#### **Hong Kong Heart Foundation**

Dr. CHIANG Chung Seung

Dr. PUN Chiu On

Dr. WONG Kwok Yiu, Chris

#### Hong Kong College of Physicians Specialty Board in Cardiology

Dr. LAU Suet Ting

Dr. CHENG Chun Ho

#### Federation of Medical Societies of Hong Kong

Dr. CHIANG Chung Seung

#### **Heart Care Trust Fund**

Dr. PAN Yan Chi, Joseph

Dr. WONG Shou Pang, Alexander

#### Asia Pacific Society of Interventional Cardiology

Dr. CHIANG Chung Seung

Dr. KO Tak Him, Patrick

Dr. LI Shu Kin .

Dr. WONG Kwok Yiu, Chris

#### **College Secretariat**

Theresa PAN - Executive Officer

Vicki LAU - Executive Officer

Cary CHAN - Clerk

Daisy HO - Project Director, JRFH\*

Florence CHAN - Project Officer, JRFH\*

Shirin LEE - Project Assistant, JRFH\*

<sup>\*</sup> Jump Rope for Heart Program



## HONG KONG COLLEGE OF CARDIOLOGY

#### **COLLEGE'S INFORMATION**

#### **PRESIDENT**

Dr. Chiang Chung Seung

#### PRESIDENT-ELECT

Dr. Wong Kwok Yiu, Chris

#### HONORARY SECRETARY

Dr. Chan Kam Tim

#### HONORARY TREASURER

Dr. Li Shu Kin

#### HONORARY AUDITORS

Messrs. Walter Ma and Company

#### HONORARY LEGAL ADVISER

Mrs. Peggy Cheung

#### **COUNCIL MEMBERS**

Dr. Chan Hon Wah, Raymond

Dr. Chan Wai Kwong

Dr. Cheng Chun Ho

Dr. Fung Wing Hong (Appointed on 15th September, 2010)

Dr. Ho Kau Chung, Charles

Dr. Ko Tak Him, Patrick

Dr. Lau Chu Pak

Dr. Lau Suet Ting

Dr. Lau Yuk Kong

Dr. Lee Lai Fun, Kathy (Resigned on 15th September, 2010)

Prof. Lee Wai Luen, Stephen

Dr. Pun Chiu On

Dr. Tse Kai Fat (Appointed on 15th September, 2010)

Prof. Yu Cheuk Man

#### **BANKERS**

Hang Seng Bank Limited

#### **REGISTERED OFFICE**

Office Nos. 1116 and 1117, Bank of America Tower, 12, Harcourt Road, Central, Hong Kong.

## HONG KONG COLLEGE OF CARDIOLOGY

#### REPORT OF THE DIRECTORS

The directors have pleasure in submitting their annual report and the audited financial statements for the year ended 31st December, 2010.

#### PRINCIPAL ACTIVITY

The principal activity of the College is medical education.

#### **RESULT**

The result of the College for the year ended 31st December, 2010 and the state of the College's affairs as at that date are set out in the financial statements on pages 26 to 34.

#### DIRECTORS

The directors of the College during the year were:-

Dr. Chan Hon Wah, Raymond

Dr. Chan Kam Tim

Dr. Chan Wai Kwong

Dr. Cheng Chun Ho

Dr. Chiang Chung Seung

Dr. Fung Wing Hong (Appointed on 15th September, 2010)

Dr. Ho Kau Chung, Charles

Dr. Ko Tak Him, Patrick

Dr. Lau Chu Pak

Dr. Lau Suet Ting

Dr. Lau Yuk Kong

Dr. Lee Lai Fun, Kathy (Resigned on 15th September, 2010)

Prof. Lee Wai Luen, Stephen

Dr. Li Shu Kin

Dr. Pun Chiu On

Dr. Tse Kai Fat (Appointed on 15th September, 2010)

Dr. Wong Kwok Yiu, Chris

Prof. Yu Cheuk Man



## HONG KONG COLLEGE OF CARDIOLOGY

#### REPORT OF THE DIRECTORS

#### **DIRECTORS' INTERESTS IN CONTRACTS**

No contracts of significance to which the College was a party and in which a director had a material interest subsisted at the end of the year or at any time during the year.

At no time during the year was the College a party to any arrangements to enable the directors of the College to acquire benefits by means of the acquisition of shares in or debentures of the College or any other body corporate.

#### **AUDITORS**

Messrs. Walter Ma and Company, retire and being eligible, offer themselves for re-appointment.

On behalf of the Board

Dr. Chiang Chung Seung President

HONG KONG, 1st August, 2011.

# HONG KONG COLLEGE OF CARDIOLOGY LIST OF DONORS

Abbott Laboratories Limited

AstraZeneca Hong Kong Limited

Biosensors Interventional Technology

Boehringer Ingelheim (H.K.) Limited

Johnson & Johnson (HK) Limited

Medtronic International Limited

Pfizer Corporation Hong Kong Limited

Servier Hong Kong Limited

Dr. Louis Shih