











# Annual Report 2008-2009

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# **Report Summary**

Since its foundation in 1992, the Hong Kong College of Cardiology has been continuing its mission to promote the advancement of cardiovascular medicine and public benefit through scientific, professional, educational activities and international communication and cooperation. Its ultimate goal is to promote awareness of heart health to Hong Kong people, and to develop and maintain good practice of cardiovascular medicine by ensuring the highest professional standards of competence and ethical integrity.

The 2<sup>nd</sup> Asian Preventive Cardiology and Cardiac Rehabilitation Conference cum 7<sup>th</sup> Certificate Course in Cardiac Rehabilitation was held on 22-25 November 2008. It provided an excellent opportunity for sharing experience on practical issues of preventive cardiology and cardiac rehabilitation in Hong Kong. Given the long-term strategic position of Hong Kong as a gateway to China, closer collaboration amongst Hong Kong and China cardiologists will work towards mutual benefit. The College would like to strive for a closer professional relationship with our mainland counterparts. The CardioRhythm 2009, co-organised by the Chinese Society of Pacing and Electrophysiology and the Hong Kong College of Cardiology was held on 20-22 February 2009. It provided an excellent opportunity for participants to remain abreast of the latest developments in the field of heart rhythm management. A new pre-conference CRM course for clinicians and allied professionals was held on 18-19 February 2009 which gave structured overview in cardiac electrophysiology and device therapy. The 11th South China International Congress of Cardiology (SCC) was held from 9-12 April 2009 at International Conference Centre, Dongfang Hotel, Guangzhou. Around 47 HKCC members and spouses joined the delegation of Hong Kong College of Cardiology. The 17th Annual Scientific Congress of the College was held on 26-28 June 2009. It was an excellent occasion to acquaint with cutting-edge knowledge in cardiology and to look ahead to future advances and breakthroughs. The Cardiovascular Interventional Summit 2008 (CIS) was held at the Macau Tower on 7-9 November 2008, it was organised by the Hong Kong College of Cardiology, the Guangdong Provincial Cardiovascular Association and the Southern China Interventional Cardiology Education Net, co-organised by Macau Association of Cardiology. It was one of the main local and international intervention meetings of 2008. Throughout the year, the College has also organised a number of local scientific programmes.

Apart from the scientific programmes, the College was also actively involved in community projects to promote cardiovascular health. The Jump Rope for Heart Program continues its recruitment of school children for promotion of heart health through rope skipping. A number of projects for promotion and study of heart health in the community were also launched. The World Heart Day which is scheduled on 27 September 2009, the yearly climax of our heart health promotion to the general public.

Regarding the training of local cardiology trainees, the College continues its involvement in the Hong Kong Heart Foundation Cardiology Training Fellowship Programme, which provides support for local cardiology trainees to undergo training in world renowned overseas centers.

The diversified and calendar-full activities organised by the College would not be successfully held without the dedication and active participation of its members, support of friends and the contribution of leading practitioners and academics both locally and abroad. The Council would like to take this opportunity to express its gratitude to them and will pledge to continue its mission in the years to come.

# Report on Scientific Activities

2<sup>nd</sup> Asian Preventive Cardiology & Cardiac Rehabilitation Conference cum 7th Certificate Course in Cardiac Rehabilitation

The 2<sup>nd</sup> Asian Preventive Cardiology & Cardiac Rehabilitation Conference cum 7<sup>th</sup> Certificate Course in Cardiac Rehabilitation (the Conference) was successfully held from 22-25 November 2008 at the Hong Kong Convention & Exhibition Centre, Hong Kong. In conjunction with the Conference, an International Chinese Heart Health Network (ICHHN) Workshop on Successful Marketing of Heart-Smart Eating Program in Schools was held on 22 November 2008 for teachers and parents, and the Rotary Heart Health Public Conference: Update in Cardiac Treatment and Rehabilitation was held on 23 November 2008 for cardiac patients and their caregivers.

The theme of the conference is "Bridging the Gap: From Evidence to Practice". It was aimed to bridge the gap between the effective therapy available and the optimal control of risk factors in cardiac rehabilitation and prevention. It was fully supported by the following organizations:

Department of Health, Hong Kong SAR

Alice Ho Miu Ling Nethersole Hospital

Cardiac Rehabilitation & Prevention Centre of Tung Wah Hospital

Cardiac Rehabilitation & Resource Centre of Tung Wah Eastern Hospital

Care for Your Heart

Centre on Behavioral Health

Community Rehabilitation Network of the Hong Kong Society for Rehabilitation

Preventive Cardiovascular Nurses Association

Princess Margaret Hospital

The Chinese University of Hong Kong

The Hong Kong Heart Foundation Limited

The University of Hong Kong

The following international specialists in preventive cardiology and cardiac rehabilitation were invited to present their experience and expert review at the symposia and workshops of the Conference:

Ms. Kathy BERRA Dr. Falvio BURGARELLA

Prof. Bernard Man-yung CHEUNG

Dr. Johan DENOLLET

Dr. Lan GUO Dr. Sandeep GUPTA

Prof. Visal KANTARATANAKUL Prof. Terence KAVANAGH

Prof. Chul KIM

Prof. Masahiro KOHZUKI Dr. Lydia Abdul LATIF

Prof. Jianan LI

Ms. Nancy Houston MILLER

Dr. Farzaneh TORKAN

USA

Italy UK

The Netherlands

PR China

UK

Thailand

Canada

Korea

Japan

Malaysia

PR China

USA

Iran

The Conference and Certificate Course were well received. 385 participants (Hong Kong) and 37 participants (Overseas) attended the conference. For those who attended conference and certificate course, 143 participants were from Hong Kong and 52 were from overseas. For the public conference, 93 (full-day) and 95 (half-day) registrations were received.

A total of 27 abstracts were received. Fourteen were for oral presentations and thirteen were poster presentations. Six abstracts were short-listed for the Best Paper Awards. Mrs. Kathy BERRA, Prof. Terence KAVANAGH, Dr. Suet-ting LAU and Prof. Cheuk-man YU were invited to review the papers according to its originality, scientific value and presentation on 22 November 2008.

A press conference was held in the morning of 23 November 2008 on "Congestive Heart Failure and Community Cardiac Rehabilitation Program". The conference was attended by Hong Kong Commercial Daily, Hong Kong Economic Times, Metro Hong Kong, Oriental Daily, South China Morning Post and The Standard, and was reported on all attended press paper on 24 November 2008.

## CardioRhythm 2009

20-22 February 2009 Hong Kong Convention and Exhibition Centre, Hong Kong

This was the second time that the Hong Kong College of Cardiology and the Chinese Society of Pacing and Electrophysiology joined hands again to host CardioRhythm 2009 on 20-22 February 2009 at the Hong Kong Convention and Exhibition Centre.

The Co-Chairmen were Prof. Chu-Pak Lau from the Hong Kong College of Cardiology and Prof. Fang-Zheng Wang from the Chinese Society of Pacing and Electrophysiology.

The Honorary Presidents were Dr. Ming-Zhe Chen, Dr. Xin Chen, Dr. Chun-Ho Cheng, Prof. Run-Lin Gao, Dr. Da-Yi Hu, Dr. De-Jia Huang, Dr. Tak-Him Ko, Patrick, Dr. Chiu-On Pun and Dr. Tak-Fu Tse.

The Executive Committee members were Dr. Chung-Seung Chiang, Prof. Chu-Pak Lau, Dr. Lai-Fun Lee, Kathy, Dr. Chiu-On Pun, Prof. Hung-Fat Tse, and Dr. Kwok-Yiu Wong, Chris.

There were 2,000 participants from 46 countries/regions in the conference. Of these, about 2/3 were from the Asia Pacific and the remaining from the rest of the world. With 300 faculty members from both local and overseas, a high-level congress with 77 sessions of lectures, case presentations and workshops focusing in Electrophysiology, Cardiac Pacing, Devices, Atrial Fibrillation, Ablation, Heart Failure, Sudden Death, Arrhythmia Management, Syncope, Cell/Gene, Bradycardia Pacing and Tachycardia Therapy Device were presented. Some of these were presented as joint symposium with Heart Rhythm Society, SOLAECE, International Cardiac Pacing and Electrophysiology Society, Asian Pacific Heart Rhythm Society, Indian Heart Rhythm Society, Hong Kong Doctors Union, Hong Kong College of Family Physicians, Hong Kong College of Anaesthesiologists, Hong Kong Medical Association, The Society of Physicians of Hong Kong and Hong Kong Cardiac Nursing Association.

Advances highlighted in this 2009 meeting included an update of MRI compatible implantable pacemakers, the use of ultrasound in addition to non-contact mapping for atrial fibrillation ablation, septal versus apical pacing site, the implication of ICD shocks and their avoidance by programming, and futuristic aspects of implantable monitoring for arrhythmia and hemodynamic status.

The new pre-congress Cardiac Rhythm Management Course on 18-21 February 2009, was well attended by fellows in training and allied professionals, covering all aspects of arrhythmia management. Other highlights of the program included oral abstracts and posters all over the world as well as the showcase of state-of-the-art products and technology in the exhibition.

We were honored to have Mr Min YANG, Deputy Secretary General of Chinese Medical Association and Prof. Raymond LIANG, President of Hong Kong Academy of Medicine to be our Guest of Honor of the opening ceremony on 20 February 2009.

For the post congress events, we have arranged tailor-made webpage and editorials by 365heart.com to report the conference. Meeting coverage at Medical Tribune and Medical Progress, conducted by face-to-face interviews with organizers, speakers, faculties and participants, have been circulated nearly 50,000 in Asian Pacific Region. Moreover, details of press conference were shown at local news clippings and TV broadcasted.

Lastly, the Conference would not have been so successfully held without the contributions and active participation of our fellows, colleagues, distinguished and extensive panel of overseas and local and experts. The organizing committee would like to express our sincere thanks to them. We look forward to holding the next CardioRhythm in 2011.

# 11th South China International Congress of Cardiology

9-12 April 2009 Dongfang Hotel, Guangzhou, China

The 11th South China International Congress of Cardiology (SCC) was held from 9 -12 April 2009 at International Conference Centre, Dongfang Hotel, Guangzhou, China. The aim of the Congress is to strengthen national and international academic exchange and up-to-date development in the field of cardiology. Renowned cardiologists from Europe, USA, Asia Pacific region, Mainland China, Hong Kong, Macau and China Taiwan presented their research findings and reviews on advances in cardiovascular treatment. The Scientific Co-Chairmen of the meeting being Prof. Shu-Guang Lin, Prof. Cong-Xin Huang, Prof. De-Jia Huang, Dr. Chiu-on Pun and Dr. Fu-Tien Chiang.

With the successful history of the past 10 Congress, SCC has become a prestigious academic cardiological meeting in China and Southeast Asia. The Congress built upon its partnership with international academic organizations professional bodies. To foster closer relationship and scientific exchange between Hong Kong and Mainland China, this year, Hong Kong College of Cardiology had integrated its scientific sessions with the SCC main programme. Sessions including CRT, Heart Failure, PCI and Electrophysiology. There were altogether 30 Hong Kong speakers, chairmen and one international speaker invited by HKCC and the sessions were generally well attended by delegates from mainland and Hong Kong.

Last but not least, we are very grateful that about 47 HKCC Members and spouses joined the delegation of Hong Kong College of Cardiology this year and the delegates were also invited by the SCC organizing committee to attend the joyful welcome dinner at China Hotel, Guangzhou.

# 17th Annual Scientific Congress

26-28 June 2009 Sheraton Hong Kong Hotel & Towers, Hong Kong

The Seventeenth Annual Scientific Congress of the Hong Kong College of Cardiology was held from 26-28 June 2009 at the Sheraton Hong Kong Hotel & Towers, Tsimshatsui, Kowloon. This was a major academic conference filled with fervent educational enthusiasm and interactive exchange of Cardiology knowledge. In addition to plenary lectures, two named lectures: Hong Kong Heart Foundation Lecture and Sun Chieh Yeh Heart Foundation Lecture were organized this year.

The 3-day scientific programme provided an ideal forum for the cardiology profession to exchange their knowledge and experience in the latest developments in cardiovascular medicine. Renowned cardiologists, Paul Toon-lim Chiam (Singapore), Wei Gao (PR China), Lei Ge (PR China), Helmut-Dietmar Glogar (Austria), Eberhard Grube (Germany), David Edward Kandzari (USA), Jung-sun Kim (Korea), Mitchell W. Krucoff (USA), Ronald Chi-hang Lee (Singapore), Peter Liu (Canada), Anthony S. Wierzbicki (UK), Bo Xu (PR China), Dong Zhao (PR China), Zhe Zheng (PR China) were invited as guest speakers to present their valuable experience to the audience.

The Allied Cardiovascular Health Professionals Symposium was held on 27 June 2009. The theme was "Invasive Cardiology Make Easy". Dr. Kin-keung Tsang had shared his views on ICD (Implantable Cardioverter Defibrillator) Make Easy. Dr. Andy Wai-kwong Chan presented EPS (Electrophysiological Study) Make Easy. Dr. Yat-yin Lam exchanged his experience on CHD (Congenital Heart Disease) Intervention Make Easy while Dr. Tak-sun Tse presented his views on CTO (Chronic Total Occlusion) Make Easy.

The Paediatric Cardiology Symposium was held on 27 June 2009. Guest speakers were: Dr. Takcheung Yung, Dr. Ching-wan Lam and Dr. Kin-shing Lun.

91 abstracts were received. 86 were accepted for oral presentation and 5 for poster presentation. 6 of them were short-listed for the Best Paper Award Competition on 27 June 2009. The College had presented three Best Paper Awards this year:

- A Single Nucleotide Polymorphism in the APOA5 Gene is a Major Determinant of Plasma Triglyceride Levels in Hong Kong and Guangzhou Chinese Prof. Bernard Man-yung Cheung
- 2. Adjunctive Danshen (丹參) and Gegen (葛根) Therapy Improves Atherogenic Process: A Final Report of Double-blind Placebo Control Trial in High Risk Hypertension Dr. Wai-cheong Yip
- 3. Left Ventricular Reverse Remodeling Achieved by Cardiac Contractility Modulation A Comparative Study with Cardiac Resynchronization Therapy in Different QRS Durations Dr. Qing Zhang

In the PCI Case Discussion session on 28 June 2009, the three Best PCI Case Award winners were Dr. William Chi-kin Chan, Dr. Leung-kwai Chan and Dr. Tak-sun Tse.

# Cardiovascular Interventional Summit, Hong Kong

7 November – 9 November 2008 Macau Tower

The Cardiovascular Interventional Summit 2008 (CIS) which was held at the Macau Tower on 7 -9 November 2008, organised by the Hong Kong College of Cardiology, the Guangdong Provincial Cardiovascular Association and the Southern China Interventional Cardiology Education Net, coorganised by Macau Association of Cardiology. Boosted by the substantial development in the tourism sector with world-class hotel and convention facilities, the economy of Macau maintained a strong growth momentum in the year 2008. The organizing committee regarded as prime time to organize the Cardiovascular Interventional Summit 2008 in Macau and it was the first time in Macau for such a large scale international meeting with a special field which gave interest in population that affected approximately 400 million people.

The Cardiovascular Interventional Summit 2008 continued its aims to provide an effective means for transfer of knowledge, skills and insights from well-known speakers from all over the world. It also served as a platform to discuss current issues, compared best practice and advanced the professional knowledge of participants. It enhanced the competitive edge of participants in achieving their professional development and strived to improve patient healthcare outcomes. Renowned cardiologists and medical professionals from local and overseas were invited to attend the Summit. This provided an excellent opportunity for academic and scientific exchange among Hong Kong, Mainland China, Macau and overseas participants. Furthermore, the Scientific Committee organized comprehensive and exciting programme in the current topics of PCI: left main, chronic total occlusion, bifurcation, IVUS, SVG and distal protection; late-breaking news/result of clinical trial; regional difference in practice between doctors in HK and China, and the rest of the world. A variety of communication formats and learning modes were offered, such as state-of-the-art lectures, symposia and live demonstrations performed in Hong Kong, Guangdong and Macau. In addition, medical industries exhibited the state-of-the-art developments in interventional cardiology for further exploration and examination by medical practitioners and scholars.

# Local Scientific Programmes 2008-2009

The College Scientific Committee continues to organize and co-ordinate year-round scientific programmes in relation to cardiovascular medicine. These scientific functions have received accreditation from Academy Colleges for continuing medical education.

The major scientific symposia organised during 1 September 2008 - 31 August 2009 are listed as follows:

1. The Return of the Good Egg

11 September 2008

YMCA Hong Kong

Speaker:

Dr. Donald McNamara

2. a) Current Management of Cardiovascular Risk: Focus on Cholesterol Lowering

b) Latest AHA dietary and lifestyle recommendation

19 September 2008

Eaton Hotel Hong Kong

a) Speaker:

Dr. Patrick T. H. Ko

b) Speaker:

Dr. Charlette Gallagher

3. Biomarkers in Heart Failure: From Diagnosis to Prognosis The International NT-proBNP Consensus Statement

17 October 2008

Langham Place Hotel

Speaker:

James L. Januzzi Jr., MD

- 4. Hypertension and heart failure: an evolving picture
  - a) Taking HF-PSF to the Next Level with i-PRESERVE
  - b) How can we prevent heart failure

18 November 2008

Langham Place Hotel

a) Speaker:

Prof. Michel Komajda

b) Speaker:

Dr. Godwin Tat Chi Leung

- 5. a) New Trend in the Medical Management of Secondary Prevention of Stroke
  - b) Peripheral Arterial Disease: ACC/AHA Guidelines & The CASTLE Study

4 December 2008

Conrad Hotel

a) Speaker:

Prof. Lawrence K.S. Wong

b) Speaker:

Prof. William R. Hiatt

6. New Insight in Cardiovascular Disease and Risk Management

16 July 2009

Conrad Hotel

Speaker:

Prof. John Kastelein

7. State of the Art in the Management of STEMI Patients – Adopting a Practical Approach

a) Updates on PTCA Treatment – Benefits & Limitations

b) When Speed is of the Essence - Evidence Based Approach to Thrombolytic Therapy

28 July 2009

Langham Hotel

a) Speaker:

Dr. Michael Lee

b) Speaker:

Dr. Chan Chi Kin

# Report on Community Activities

# World Heart Day 2009 (世界心臟日)

Every year in September, the World Heart Day is celebrated all over the world. Initiated by the World Heart Federation (WHF), WHO and UNESCO, this global program aims to increase the awareness of the world population about prevention of heart disease, which is fast becoming the number one killer of the whole world. The Hong Kong College of Cardiology will continue to organise the World Heart Day 2009. It will be held on Saturday, 27 September 2009 with the theme "Workplace Wellness" which tells the great importance of understanding our heart health.

The Press Conference and the kick-off ceremony will be held on 27 September 2009 announcing the results of short-film competition and a series of activities that the organizing committee will hold for the following month. Six Public Health Talks will be launched on the 13, 27 September and 4, 11, 18, 25 October 2009 at the Hospital Authority and the Central Library. Over 4,000 citizens are expected to join the Global Embrace and the Heart Health Carnival which will include game booths, stage shows with singers/artistes and jump-rope performances on 27 September 2009 at the Happy Valley Jockey Club. 1000 primary / secondary school students will compete in the Drawing Competition to express their ideas on heart health through drawings at the carnival. Selected drawings will compete with winners' drawings from Beijing, Hong Kong, Shanghai, Toronto, Vancouver and Singapore in the Final Competition organised by the International Chinese Heart Health Network.

In order to promote healthy families and healthy communities and let public have a better understanding on the importance of having a healthy heart, a TV game show related to heart healthy will be produced by Television Broadcasts Limited (TVB) by October 2009.

# Jump Rope for Heart Program (JRFH) (跳繩強心) 2008-2009 (as on 26 June 2009)

The JRFH 2008-2009 was successfully held for the tenth year. Around 44,000 students from 82 primary schools and 18 secondary schools (total of 100 schools) participated in the program. Around 650,000 students from 528 schools have joined the program over the past ten years. The gross income generated amounts to approximately HK\$2.5 million, with a surplus of approximately HK\$0.21 million. (Accumulated surplus around HK\$9.3 million since its inception in year 1999)

The annual Inter-school Rope Skipping Competition is the climax of the year, and it provides an occasion for students to show their talents and to exchange skills with others. This year, 60 primary and 19 secondary school teams have enrolled in the competition scheduled to be held on 11 & 12 July 2009 at Lai Chi Kok Park Sports Centre and Tsing Yi Sports Centre respectively. However, owing to the announcement of the Education Bureau on 23 June 2009 concerning the suspension of classes among kindergartens, primary schools and special schools, the competition has to be postponed to 17 & 24 October 2009.

30 heart health talks were conducted at JRFH participating schools in this academic year. Very positive feedback was received.

School visits by expert teams were conducted in 40 schools in this academic year. Students were all amazed by the wonderful performance of our elite skippers and they showed great interest in learning rope skipping.

An elementary instructor certificate course was held on 30 November 2008 to introduce the program to 63 teachers and to train them the skills of teaching rope skipping.

Schools that have participated in JRFH for 2 years or more (N=260) were invited to apply for the Jump Rope for Heart School Subsidy Program 2008 to conduct heart health educational or promotional programs. The JRFH Finance Committee perused all 34 applications and approved granting HK\$213,363 to 33 schools.

The JRFH Finance Committee approved granting HK\$25,000 to sponsor teachers of JRFH participating schools to attend the BLS & AED course which was co-organised by the HKCC and Ruttonjee Hospital & Tang Shiu Kin Hospital. Very positive response was received. 211 teachers from JRFH participating schools have attended the course and the total sponsorship was HK\$21,100.

The JRFH Finance Committee approved granting HK\$30,055 to sponsor the workshop on "Successful Marketing of Heart-Smart Eating Program in Schools", organized by HKCC & ICHHN and supported by the Department of Health, on 22 November 2008 at Hong Kong Convention & Exhibition Centre. Around 60 teachers attended the workshop and the general response was good.

The 5th Asian Rope Skipping Championships was held on 23td-27th July 2009 at the Chinese University of Hong Kong and Southorn Stadium. It was the first time for Hong Kong to host such high-standard international event. More than 200 elite skippers from 8 countries in Asia participated in this tournament. Teachers, students and coaches of JRFH participating schools were invited to join elite skippers sharing workshop and attend the Demo Team Cup Competition. JRFH showed great support by jointly organized this event with the Hong Kong Rope Skipping Association, China and the Faculty of Education of the Chinese University of Hong Kong. The JRFH Finance Committee agreed to share 50% of the total net surplus or deficit, with the maximum gross liability HK\$200,000.

## Institute for Heart Health Promotion (IHHP) (心臟健康促進會)

The Institute is a non-profit making organization engaged in the study of heart health of people in Hong Kong and to arouse the awareness and preparedness of the general public for the preservation of heart health through healthy styles of living.

Members of the Executive Board are Dr. Patrick P K Wu (Chairman), Dr. Tak-Fu Tse (Vice- Chairman), Dr. Patrick Tak-Him Ko, Prof. Chu-Pak Lau, Mr. Thomas C B Liang and Mr. Roger K H Luk (Hon. Treasurer). Mr. KW Ma is the Hon. Secretary.

# International Chinese Heart Health Network (ICHHN) (全球華人心臟保健網絡)

The ICHHN serves as a network to assist in the promotion of heart health among Chinese globally. The President of the ICHHN for the year 2008-2009 is Prof. Chiang Cheng Wen (Taiwan).

In view of the success of 2008 World Heart Day Drawing Competition, Hong Kong College of Cardiology has once again hosted the Inter-regional Drawing Competition for ICHHN. The Competition was divided into 2 groups: Junior Group (age under 12) and Senior Group (age 12-17), with the theme "I love smoke-free city" (我愛無煙城市) and "Protect your heart" (護心有法) respectively. This year, four regions namely Hong Kong, Toronto, Vancouver and Brunei had successfully organised a drawing competition for local students. The drawings of the winners from each region were sent to Hong Kong for the final competition. Hong Kong student Wong Yik Kwan (黃奕鈞) won the Championship in the Senior Group.

To celebrate the 15th Anniversary of ICHHN, 20,000 beautiful ICHHN 2009 calendars, with key heart health messages, were printed and distributed to member nations, HKCC fellows, JRFH participating schools and other related organizations. 12 most outstanding drawings, among many high-standard and creative winning drawings obtained in the past 7 years, were selected and printed on the calendars. Very positive feedback was received.

HKCC, being the founding organisation, will actively participate in the future development of ICHHN.

# Report on Committees and Working Groups

# Hong Kong Heart Foundation Cardiology Training Fellowship Programme

Dr. Dick Cheung Chi Yeung of Pamela Youde Nethersole Eastern Hospital, has started the training programme in the field of Interventional Cardiology - percutaneous coronary intervention at Monash Medical Center in Australia for a period of 9-month commencing in April 2009 to January 2010.

# Journal of the Hong Kong College of Cardiology

Commencing 2005, the Journal has been published bi-yearly in April and October.

A total of 42 editorial pages were published from October 2008 to April 2009. These included 2 articles from Hong Kong.

A total of 24 pages of abstracts were published from October 2008 to April 2009, from the other meetings.

A total of 85 editorial pages of Supplement were published in November 2008, which included 27 abstracts and 34 manuscripts.

### General Affairs and Public Relations Committee

The Committee acted on behalf of the College or as directed by the Council to respond to enquiry on cardiology related issues from media. It also mediated the participation of our Fellows in public education activities.

#### Allied Cardiovascular Health Professional Committee

The Allied Cardiovascular Health Professionals Symposium of the 17th Annual Scientific Congress was held on 27 June 2009 (Saturday). It has been organised for the allied cardiovascular health professionals and the theme this year was "Invasive Cardiology Make Easy". Dr. Kin-keung Tsang had shared his views on ICD (Implantable Cardioverter Defibrillator) Make Easy. Dr. Andy Waikwong Chan presented EPS (Electrophysiological Study) Make Easy. Dr. Yat-yin Lam exchanged his experience on CHD (Congenital Heart Disease) Intervention Make Easy while Dr. Tak-sun Tse presented his views on CTO (Chronic Total Occlusion) Make Easy.

# Paediatric Cardiology Chapter

The Paediatric Cardiology Chapter of Hong Kong College of Cardiology was established on 2 December 2008. The purposes are to promote the advancement of knowledge and science of paediatric cardiology and to look into matters related to education, training, accreditation, maintenance of good practice and high professional standards in paediatric cardiology. It also helps to promote solidarity and fraternity amongst paediatric cardiologists in Hong Kong. Its establishment is strongly supported by the Council of the Hong Kong College of Cardiology. Dr Chau Kai Tung Adolphus and Dr Yam Man Ching were elected as Coordinators of the newly-formed Chapter on 2 December 2008.

In the past months, under the leadership of Dr Chau and Dr Yam, about 20 paediatric cardiologists have gathered together to work on the terms of reference and structure of the Chapter. The objectives of the Chapter and the criteria of membership of the Chapter were also established. A series of educational activities have also been planned and will begin in September 2009.

Members of the Chapter will actively participate in various activities of the Chapter and the College. They will work together towards a better paediatric cardiological service and for the benefits of children with heart disease.

## Working Group on Cardiac Computed Tomography

The Pre-Congress Symposium on Computed Tomography of Coronary Artery, a joint effort with the Society of Cardiac Computed Tomography and Sir Run Run Shaw Heart Center took place at the conference hall on the 9th Floor of St. Teresa's Hospital on the 1st of May 2008. In spite of taking place during a public holiday, the conference was well attended with over one hundred and sixty participants consisting mainly of doctors in private practice and cardiologists from the public and private sectors. With successful record in last year, the Hong Kong College of Cardiology and Sir Run Run Shaw Heart & Diagnostic Center, St. Teresa's Hospital will join hands again to organize Symposium on Cardiac Computed Tomography on 28 February 2010 at St. Teresa's Hospital. The Scientific Committee will organize a comprehensive and exciting programme with highlights in cardiac CT which will be of interest to all the relevant specialists. A variety of communication formats and learning modes will be offered: state-of-the-art lectures, symposia, live demonstrations.

# Report on College Affairs

# Membership

1. As at 31 August 2009, 1 Fellow, 9 Members and 4 Affiliates were elected, which made up the total membership to 367. Below is the breakdown of the membership figures:

Distinguished Fellows	3
Honorary Fellows	9
International Fellows	3
Visiting Fellows	14
Fellows	165
Members	67
Affiliates	106

2. The Members of the Council for the year 2008-2009 were:

President		Dr. Pun Chiu On
President-Flect		Dr. Chiang Chung Seung
Trestation Electrical		0 0
Hon. Secretary	:	Dr. Chris Wong Kwok Yiu
Hon. Treasurer	÷	Dr. Chan Kam Tim
Council Members		Dr. Chan Wai Kwong
		Dr. Charles Ho Kau Chung
		Dr. Lau Suet Ting
		Dr. Lau Yuk Kong
		Dr. Kathy Lee Lai Fun
		Prof. Stephen Lee Wai Luen
		Dr. Li Shu Kin
		Prof. Yu Cheuk Man
Immediate Past President		Dr. Lau Chu Pak
Past Presidents		Dr. Cheng Chun Ho
		Dr. Patrick Ko Tak Him
		Dr. Tse Tak Fu

3. During the past year, the Council has met 8 times.

# 4. Standing Committees and Chairmen:

Editorial Board, Journal of Hong Kong College of Cardiology

Chief Editor

: Dr. Lau Chu Pak

Hong Kong Heart Valve Registry

Chairman

: Dr. Charles Ho Kau Chung

Pacemaker Registry

Chairman

: Dr. Lau Chu Pak

Allied Cardiovascular Health Professionals

Chairman

: Dr. Chan Wai Kwong

Scientific Committee

Chairman

: Dr. Pun Chiu On

General Affairs and Public Relations

Chairman

: Dr. Li Shu Kin

Education and Accreditation Committee

Chairman

: Dr. Tse Tak Fu

Cardiac Pulmonary Resuscitation Committee

Chairman

: Dr. Cheng Chun Ho

Hypertension Working Group

Chairman

: Dr. Cheng Chun Ho

Pacing and Clinical Electrophysiology Working Group

Chairman

: Dr. Lau Chu Pak

Paediatric Cardiology Chapter

Co-ordinators

: Dr. Adolphus Chau Kai Tung

Dr. Yam Man Ching

Heart Failure Working Group

Chairman

: Dr. Chris Wong Kwok Yiu

Working Group on Cardiac Computed Tomography

Chairman

: Dr. Wong Chi Ming

# Sponsorship for Attendance of Overseas Scientific Conferences

In the past year, our College sponsored 57 Fellows/Members to attend 33 overseas scientific conferences.

# College Representatives on other Institutions

# Hong Kong Heart Foundation

Dr. Chiang Chung Seung

Dr. Pun Chiu On

Dr. Chris Wong Kwok Yiu

# Hong Kong College of Physicians Specialty Board in Cardiology

Dr. Lau Suet Ting

Dr. Cheng Chun Ho

# Federation of Medical Societies of Hong Kong

Dr. Chiang Chung Seung

### **Heart Care Trust Fund**

Dr. Joseph Pan Yan Chi

Dr. Alexander Wong Shou Pang

# Asia Pacific Society of Interventional Cardiology

Dr. Chiang Chung Seung

Dr. Patrick Ko Tak Him

Dr. Li Shu Kin

Dr. Chris Wong Kwok Yiu

# College Secretariat

Theresa Pan – Executive Officer Vicki Lau – Executive Officer Lee Mai Ho - Clerk Daisy Ho – Project Director, JRFH\* Florence Chan – Project Officer, JRFH\* Shirin Lee – Project Assistant, JRFH\*

<sup>\*</sup> Jump Rope for Heart Program

# HONG KONG COLLEGE OF CARDIOLOGY

# **COLLEGE'S INFORMATION**

#### PRESIDENT

Dr. Pun Chiu On

## PRESIDENT-ELECT

Dr. Chiang Chung Seung

## HONORARY SECRETARY

Dr. Wong Kwok Yiu, Chris

#### HONORARY TREASURER

Dr. Chan Kam Tim

#### **HONORARY AUDITORS**

Messrs. Walter Ma and Company

## HONORARY LEGAL ADVISER

Mrs. Peggy Cheung

#### **COUNCIL MEMBERS**

Dr. Chan Wai Kwong

Dr. Cheng Chun Ho

Dr. Ho Kau Chung, Charles

Dr. Ko Tak Him, Patrick

Dr. Lau Chu Pak

Dr. Lau Suet Ting

Dr. Lau Yuk Kong

Dr. Lee Lai Fun, Kathy

Prof. Lee Wai Luen, Stephen

Dr. Li Shu Kin

Dr. Tse Tak Fu

Prof. Yu Cheuk Man (Appointed on 30th September, 2008)

#### **BANKERS**

Hang Seng Bank Limited

## REGISTERED OFFICE

Office Nos. 1116 and 1117, Bank of America Tower, 12, Harcourt Road, Central, Hong Kong.

# HONG KONG COLLEGE OF CARDIOLOGY REPORT OF THE DIRECTORS

The directors have pleasure in submitting their annual report and the audited financial statements for the year ended 31st December, 2008.

#### PRINCIPAL ACTIVITY

The principal activity of the College is medical education.

#### **RESULT**

The result of the College for the year ended 31<sup>st</sup> December, 2008 and the state of the College's affairs as at that date are set out in the financial statements on pages 23-31.

#### **DIRECTORS**

The directors of the College during the year were :-

Dr. Chan Kam Tim

Dr. Chan Wai Kwong

Dr. Cheng Chun Ho

Dr. Chiang Chung Seung

Dr. Ho Kau Chung, Charles

Dr. Ko Tak Him, Patrick

Dr. Lau Chu Pak

Dr. Lau Suet Ting

Dr. Lau Yuk Kong

Dr. Lee Lai Fun, Kathy

Prof. Lee Wai Luen, Stephen

Dr. Li Shu Kin

Dr. Pun Chiu On

Dr. Tse Tak Fu

Dr. Wong Kwok Yiu, Chris

Prof. Yu Cheuk Man (Appointed on 30th September, 2008)

# HONG KONG COLLEGE OF CARDIOLOGY REPORT OF THE DIRECTORS

# DIRECTORS' INTERESTS IN CONTRACTS

No contracts of significance to which the College was a party and in which a director had a material interest subsisted at the end of the year or at any time during the year.

At no time during the year was the College a party to any arrangements to enable the directors of the College to acquire benefits by means of the acquisition of shares in or debentures of the College or any other body corporate.

#### **AUDITORS**

Messrs. Walter Ma and Company, retire and being eligible, offer themselves for re-appointment.

On behalf of the Board

Dr. Pun Chiu On President

HONG KONG, 3<sup>rd</sup> August, 2009

# HONG KONG COLLEGE OF CARDIOLOGY

# LIST OF DONORS

Abbott Laboratories Limited

Abbott Vascular

Adaltis Healthcare (HK) Limited

AstraZeneca Hong Kong Limited

Bangkok Bank Public Co. Limited

Biotronik Australia Pty. Limited

Boehringer Ingelheim (H.K.) Limited

Boston Scientific Hong Kong Limited

BSC International Medical Trading (Shanghai)

Children's Heart Foundation

Chong Lai Company Limited

C P Limited

Fok Ying Tung Foundation Limited

GE Medical Systems H.K. Limited

GlaxoSmithKline Limited

H.K. Oxygen & Acetylene Company Limited

Hong Kong Sanatorium Hospital, Limited

Ho Iu Kwong Charity Foundation Limited

Johnson & Johnson (HK) Limited

King Health Limited

Ma Belle Jewellery Company Limited

McBarron Book Company Limited

Medtronic International, Limited

Merck Pharmaceutical (HK) Limited

Merck Sharp & Dohme (Asia) Limited

Nestle' Hong Kong Limited

Novartis Pharmaceuticals (HK) Limited

Nycomed

OrbusNeich Medical Company Limited

Pacific Medical (H.K.) Company Limited

Pacific Textiles Limited

Pfizer Corporation Hong Kong Limited

Preventive Cardiovascular Nurses Association

Quaker Oats Asia Inc.

Rotary Club of Kwai Chung, Hong Kong

Sanofi Bristol-Myers Squibb (H.K.)

Servier Hong Kong Limited

Siemens Limited

Stereotaxis Inc.

St. Jude Medical (H.K.) Limited

Sun Chieh Yeh Heart Foundation

Takeda Chemical Industries (Taiwan), Limited

Terarecon Inc.

Terumo China (Hong Kong) Limited

The HK & China Gas Company Limited

Wei Lun Foundation Limited

Dr. Chan Chi Kin

Dr. Kenneth Ng

Dr. Ko Tak Him, Patrick

Dr. Poon John Cho Ming

Mr. Au-Yeong Chi Keung, Tony

Mr. Chan Ho Ming

Mr. Chan Leung Kwai

Mr. Ho Sai Kit

Mr. Ho Sai Leung

Mr. Jiaravanon Sumet

Mr. Lo Hung Cheuk

Mr. Thomas Chan

Mrs. Lo Wong Yuk Man

Ms. Alice Tsang

Ms. Fung Po Yin, Pauline

Ms. Ho Mun Shan

Ms. Lam Sui Lin, Sara

Ms. Liu Lai Shan, Coral

Ms. Ng Mai Shan

林楚惠

張仔

佛教正覺中學