





# Annual Report 2007-2008

## Table of Contents

<b>Report Summary</b>	<b>3</b>
<b>Report on Scientific Activities</b>	<b>4</b>
<input type="checkbox"/> 2 <sup>nd</sup> Asian Preventive Cardiology and Cardiac Rehabilitation Conference cum 7 <sup>th</sup> Certificate Course in Cardiac Rehabilitation, Hong Kong, 22-25 November 2008	
<input type="checkbox"/> CardioRhythm 2009, Hong Kong, 20-22 February 2009	
<input type="checkbox"/> 10 <sup>th</sup> South China International Congress of Cardiology, Guangzhou, 11-13 April 2008	
<input type="checkbox"/> 16 <sup>th</sup> Annual Scientific Congress, Hong Kong, 2-4 May 2008	
<input type="checkbox"/> Arrhythmia Awareness Week 2008, Hong Kong, June 2008	
<input type="checkbox"/> Cardiovascular Interventional Summit, Hong Kong, 7-9 November 2008	
<input type="checkbox"/> Local Scientific Programmes 2007-2008	
<b>Report on Community Activities</b>	<b>12</b>
<input type="checkbox"/> World Heart Day 2008	
<input type="checkbox"/> Jump Rope for Heart	
<input type="checkbox"/> Institute for Heart Health Promotion	
<input type="checkbox"/> International Chinese Heart Health Network	
<b>Report on Committees and Working Groups</b>	<b>15</b>
<input type="checkbox"/> Hong Kong Heart Foundation Cardiology Training Fellowship Programme	
<input type="checkbox"/> Journal of the Hong Kong College of Cardiology	
<input type="checkbox"/> General Affairs and Public Relations Committee	
<input type="checkbox"/> Allied Cardiovascular Health Professional Committee	
<input type="checkbox"/> Examination Committee	
<input type="checkbox"/> Working Group on Cardiac Computed Tomography	
<b>Report on College Affairs</b>	<b>18</b>
<input type="checkbox"/> Membership	
<input type="checkbox"/> Sponsorship for Attendance of Overseas Scientific Conferences	
<input type="checkbox"/> College Representatives on Other Institutions	
<input type="checkbox"/> College Secretariat	
<b>Reports of the Directors, Report of the Auditors and Financial Statements</b>	<b>21</b>



## Report Summary

Established in 1992, the Hong Kong College of Cardiology devotes its mission to promote the advancement of cardiovascular medicine and practice for public benefit through scientific, professional, educational activities and international communication and cooperation. Its ultimate goal is to promote awareness of heart health in the Hong Kong community. It also acts as a body for consultation in related matters of educational or public interests.

The 2<sup>nd</sup> Asian Preventive Cardiology and Cardiac Rehabilitation Conference cum 7<sup>th</sup> Certificate Course in Cardiac Rehabilitation will be held on 22-25 November 2008. It will provide an excellent opportunity for sharing experience on practical issues of preventive cardiology and cardiac rehabilitation in Hong Kong. Given the long-term strategic position of Hong Kong as a gateway to China, closer collaboration amongst Hong Kong and China cardiologists will work towards mutual benefit. The College would like to strive for a closer professional relationship with our mainland counterparts. The CardioRhythm 2009, co-organized by the Chinese Society of Pacing and Electrophysiology and the Hong Kong College of Cardiology will be held on 20-22 February 2009. It will provide an excellent opportunity for participants to remain abreast of the latest developments in the field of heart rhythm management. A new pre-conference CRM course for clinicians and allied professionals will be held on 18-19 February 2008 which will give structured coverage in EP and device therapy. A Joint Symposium Session, co-organized by the Guangdong Provincial People's Hospital and the Hong Kong College of Cardiology was held in the 10<sup>th</sup> South China International Congress of Cardiology on 10-13 April 2008 in Guangzhou, China. The 16<sup>th</sup> Annual Scientific Congress of the College was held together with a pre-congress symposium on Cardiac Computed Tomography from 1-4 May this year. It was an excellent occasion to acquaint with cutting-edge knowledge in Cardiology and to look ahead to future advances and breakthroughs. The Cardiovascular Interventional Summit 2008 (CIS) will be held at the Macau Tower on 7-9 November 2008, it will be organized by the Hong Kong College of Cardiology, the Guangdong Provincial Cardiovascular Association and the Southern China Interventional Cardiology Education Net, co-organized by Macau Association of Cardiology. It will be one of the main local and international intervention meetings of 2008. Throughout the year, the College has also organized a number of local scientific programmes.

Apart from the scientific programmes, the College was also actively involved in community projects to promote cardiovascular health. The Jump Rope for Heart Program continues its recruitment of school children for promotion of heart health through rope skipping. A number of projects for promotion and study of heart health in the community were also launched. The World Heart Day scheduled on 11 October this year, was the yearly climax of our heart health promotion to the general public.

Regarding the training of local cardiology trainees, the College continues its involvement in the Hong Kong Heart Foundation Cardiology Training Fellowship Programme, which provides support for local cardiology trainees to undergo training in world renowned overseas centers.

The diversified and calendar-full activities organized by the College would not be successfully held without the dedication and active participation of its members, support of friends and the contribution of leading practitioners and academics both locally and abroad. The Council would like to take this opportunity to express its gratitude to them and will pledge to continue its mission in the years to come.



Dr. Chris K. Y. Wong  
Hon. Secretary



## Report on Scientific Activities

### **2<sup>nd</sup> Asian Preventive Cardiology and Cardiac Rehabilitation Conference cum 7<sup>th</sup> Certificate Course in Cardiac Rehabilitation**

*22-25 November 2008*

*Hong Kong Convention and Exhibition Centre, Hong Kong*

The 2<sup>nd</sup> Asian Preventive Cardiology & Cardiac Rehabilitation Conference cum 7<sup>th</sup> Certificate Course in Cardiac Rehabilitation will be held on 22-25 November 2008 at the Hong Kong Convention & Exhibition Centre, Hong Kong. Control of risk factors is the target of intervention in preventive cardiology and cardiac rehabilitation. Despite good evidence and availability of effective therapy, the obstacles and difficulties have limited optimal risk factor control. The theme of the conference is "Bridging the Gap: From Evidence to Practice". International experts will provide up-to-date knowledge and skills in bridging this gap in this Conference.

The Certificate Course will provide in-depth training for cardiac rehabilitation with a wide coverage of topics each deliberated by expertise of the multidisciplinary team. This would be ideal for training the providers of cardiac rehabilitation who need to understand the different elements of cardiac rehabilitation and prevention to provide a holistic care to the cardiac patients.

Renowned specialists working in preventive cardiology and cardiac rehabilitation will be invited to present their experience and expert review at the symposia and workshops of the Conference. Local faculties consisted of cardiologists, physiotherapists, occupational therapists, psychologists and dietitians were also invited to share their experience and knowledge with the professions.

The programme will be useful to cardiologists, physicians, rehabilitation specialists, family doctors, nurses, physiotherapists, occupational therapists, clinical psychologists, social workers, public health practitioners, dietitians, pharmacists and other healthcare personnel taking care of cardiac patients.

Prevention would not be successful without the participation of the public who need to be empowered. We shall hold a public conference with educational lecture and practical workshop for the patients and publics.

The conference will be fully supported by the following organizations:

1. Department of Health
2. The University of Hong Kong
3. The Chinese University of Hong Kong
4. Alice Ho Miu Ling Nethersole Hospital
5. Princess Margaret Hospital
6. Community Rehabilitation Network of the Hong Kong Society for Rehabilitation
7. Care For Your Heart
8. Cardiac Rehabilitation & Prevention Centre of Tung Wah Hospital
9. Cardiac Rehabilitation & Resource Centre of Tung Wah Eastern Hospital
10. Centre on Behavioral Health
11. Preventive Cardiovascular Nurses Association
12. The Hong Kong Heart Foundation Limited

## **CardioRhythm 2009**

*20-22 February 2009*

*Hong Kong Convention and Exhibition Centre, Hong Kong*

This is the second time that the Hong Kong College of Cardiology and the Chinese Society of Pacing and Electrophysiology joined hands again to host CardioRhythm 2009 on 20-22 February 2009 at the Hong Kong Convention and Exhibition Centre.

The Co-Chairmen are Prof. Chu-Pak Lau from the Hong Kong College of Cardiology and Prof. Fang-Zheng Wang from the Chinese Society of Pacing and Electrophysiology.

The Honorary Presidents are Dr. Ming-Zhe Chen, Dr. Xin Chen, Dr. Chun-Ho Cheng, Prof. Run-Lin Gao, Dr. Da-Yi Hu, Dr. De-Jia Huang, Dr. Tak-Him Ko, Patrick, Dr. Chiu-On Pun and Dr. Tak-Fu Tse.

The Executive Committee members are Dr. Chung-Seung Chiang, Prof. Chu-Pak Lau, Dr. Lai-Fun Lee, Kathy, Dr. Chiu-On Pun, Prof. Hung-Fat Tse, and Dr. Kwok-Yiu Wong, Chris.

The theme of the conference will focus on "Sudden Cardiac Death", "Atrial Fibrillation" and "Heart Failure". CardioRhythm 2009 will provide an excellent opportunity for participants to remain abreast of the latest developments in the field of heart rhythm management. Our distinguished faculty of international and regional experts will present their latest research, both basic and clinical, and the most up-to-date information on issues in the management of rhythm disorders. The Scientific Committee has been working hard to organize a most comprehensive and exciting program in Electrophysiology, Cardiac Pacing, Devices, Catheter Ablation, Atrial Fibrillation, which will be interesting and relevant to specialists and professionals alike.

Unique to the program is a series of mini-courses focusing on latest update for specific arrhythmia management, presented both electrophysiology and as case based tutorials. A new pre-conference arrhythmia management course from 18-19 February 2009 for clinicians and allied professionals will give structured coverage in EP and device therapy. Other highlights of the program include oral abstracts and posters from all over the world. In addition, state-of-the-art products and technology will be shown in the exhibition.



## **10<sup>th</sup> South China International Congress of Cardiology**

*10-13 April 2008*

*Dongfang Hotel, Guangzhou, China*

The 10<sup>th</sup> South China International Congress of Cardiology (SCC) was held from 10-13 April 2008 at International Conference Centre, Dongfang Hotel, Guangzhou, China. The aim of the Congress is to strengthen national and international academic exchange and up-to-date development in the field of cardiology. Renowned cardiologists from Europe, USA, Asia Pacific region, Mainland China, Hong Kong, Macau and China Taiwan presented their research findings and reviews on advances in cardiovascular treatment. The Scientific Co-Chairmen of the meeting being Prof. Shu-Guang Lin, Prof. Cong-Xin Huang, Prof. De-Jia Huang and Prof. Chu-Pak Lau.

This year is the 10<sup>th</sup> landmark of SCC. Coming through these ten years, SCC has become the key academic cardiological meeting in China and Southeast Asia. The Congress built upon the co-organizing effort from professional bodies. This year, Hong Kong College of Cardiology had organized 1.5 days programme from 12 April 2008 morning to 13 April 2008 morning. Sessions included CTO Case Presentation; Device Case Presentation; Advances in Management of Coronary Artery Disease; Complex Arrhythmia Ablation (Video Case Presentation); Advances in Arrhythmia Management and PCI for ACS (Video Case Presentation). There were total 30 speakers invited by HKCC. Besides, the College held a "HKCC Lunch Symposium – Advances in Cardiology" on 12 April 2008, Opening remarks were represented by Dr. Chiu-On Pun and Prof. Shu-Guang Lin; Speakers were Prof. Chu-Pak Lau and Prof. Frans Van de Werf; and Chairmen were Dr. Chung-Seung Chiang, Prof. Chu-Pak Lau, Prof. Shu-Guang Lin and Dr. Chiu-On Pun.

Last but not least, we are very grateful that about 47 HKCC Fellows and spouses joined the delegation of Hong Kong College of Cardiology this year and a joyful fellowship gathering was held at the South Sea Fishing Village on 12 April 2008 evening.



## 16<sup>th</sup> Annual Scientific Congress

2-4 May 2008

*Sheraton Hong Kong Hotel & Towers, Hong Kong*

The Sixteenth Annual Scientific Congress of the Hong Kong College of Cardiology was held from 2-4 May 2008 at the Sheraton Hong Kong Hotel & Towers, Tsimshatsui, Kowloon. This was a major academic conference filled with fervent educational enthusiasm and interactive exchange of Cardiology knowledge. A Pre-congress Symposium on Cardiac Computed Tomography with live demonstration sessions co-organized by the Hong Kong College of Cardiology, the Society of Cardiac Computed Tomography and Sir Run Run Shaw Heart Centre, St. Teresa's Hospital was held on 1 May 2008 at St. Teresa's Hospital. 160 healthcare professionals participated in the Pre-congress Symposium. In addition to the Pre-congress Symposium, Hands-on Workshops on Cardiac Computed Tomography were held concurrently with the 3-day Scientific Congress at Sheraton Hotel. 67 doctors joined the workshops.

The 3-day scientific programme provided an ideal forum for the cardiology profession to exchange their knowledge and experience in the latest developments in cardiovascular medicine. Renowned cardiologists, Masaki Awata (Japan), John P. Cheatham (USA), Chung-yin Chen (Taiwan), Yundai Chen (PR China), John Malcolm Cruickshank (UK), Junbao Du (PR China), Vivek Gupta (India), Guoying Huang (PR China), Yong Huo (PR China), Yves Louvard (France), Jianfang Luo (PR China), Akihiko Nogami (Japan), Federico Piscione (Italy), Michael Poon (USA), Rosli Mohd Ali (Malaysia), Ashok Seth (India), Anton F. H. Stalenhoef (The Netherlands), Kun Sun (PR China), Harry Suryapranata (The Netherlands), Huay-cheem Tan (Singapore), Yumei Xie (PR China) and Alan C. Yeung (USA) were invited as guest speakers to present their valuable experience to the audience.

The Allied Cardiovascular Health Professionals Symposium was held on 3 May 2008. The theme was "Management of Cardiac Emergencies". Dr. Andy Wai-kwong Chan had shared his views on Latest Guidelines on Cardiopulmonary Resuscitation. Dr. William Chi-kin Chan presented Highlights on Use of Intra-aortic Balloon Pump and Percutaneous Cardiopulmonary Bypass. Dr. Ngai-yin Chan exchanged his experience on Recognition and Treatment of Life-threatening Arrhythmias while Dr. Kin-ming Tam presented his views on Management of Hypertensive Emergencies.

The Paediatric Cardiology Symposium was held on 2 and 3 May 2008. Guest speakers were: Dr. John P. Cheatham, Prof. Junbao Du, Prof. Guoying Huang, Dr. Kun Sun, Prof. Yumei Xie, Dr. Rita Yn-tz Sung, Dr. John P. Cheatham and Dr. Adolphus kai-tung Chau.

85 Abstracts were received and 76 accepted for Oral Presentation and 9 for poster presentation. The College had presented three Best Paper Awards this year:

1. Optimization of Left Ventricular Lead Implantation During Cardiac Resynchronization Therapy Procedure by Echocardiography.  
Dr. Ngai-yin Chan
2. The Prognostic Impact of Adenosine Cardiac Magnetic Resonance Perfusion Imaging in the Management of Low to Moderate Cardiac Risk Patients  
Dr. Carmen Wing-sze Chan
3. Folic Acid and Vitamin B-12 Supplementation Improves Arterial Function and Structure in Subjects with Subnormal Intake  
Dr. Wai-cheong Yip

In the PCI Case Discussion session on 4 May 2008, the three Best PCI Case Award winners were Dr. William Chi-kin Chan, Dr. Kenneth Ka-hing Lam and Dr. Li-wah Tam.



## **Arrhythmia Awareness Week 2008**

*June 2008, Hong Kong*

The Arrhythmia Awareness Week 2008 of Hong Kong College of Cardiology was successfully held in June 2008 with the support of International Cardiac Pacing and Electrophysiology Society, Arrhythmia Alliance, Care For Your Heart and The Hong Kong H.E.A.R.T Club Limited. Below are summaries of the events and activities of the Arrhythmia Awareness Week 2008:

### **A) Press Conferences**

Two press conferences were held on 9 and 29 June 2008 with focus on Atrial Fibrillation and Sudden Cardiac Death:

#### **1. Opening Ceremony + Atrial Fibrillation Press Conference**

Date: 9 June 2008 (Monday)

Time: 14:00-16:00

Venue: Lecture Theatre, Hospital Authority Building  
147B, Argyle Street, Kowloon

Speaker: Dr. Chan Ngai Yin, Associate Consultant of Princess Margaret Hospital

Guests: Dr. Pun Chiu On, President of Hong Kong College of Cardiology  
Prof. Lau Chu Pak, Co-convenor of Arrhythmia Awareness Week 2008  
Mr. Cheung Kin Shu, Atrial Fibrillation Patient

The Opening Ceremony was officiated by Dr. Pun Chiu On and Prof. Lau Chu Pak by addressing an introduction and background of Arrhythmia Awareness Week 2008.

A total of **13** major newspapers reported the press conference, which had an Equivalent Advertising Value (EAV) of over HKD 442,470.

#### **2. Sudden Cardiac Death Press Conference**

Date: 29 June 2008 (Sunday)

Time: 12:00-13:30

Venue: Leighton Hill Community Hall,  
G/F, 133 Wong Nai Chung Road, Happy Valley, Hong Kong

Speaker: Dr. Kathy Lee Lai Fun, Council Member of Hong Kong College of Cardiology

Guests: Dr. Pun Chiu On, President of Hong Kong College of Cardiology  
Mr. Tsang Kam Chuen, Patient  
Mr. Chan Man Sang, Patient

A total of 14 major newspapers reported the press conference, which had an Equivalent Advertising Value (EAV) of over HKD 514,100.

### **B) Radio Live Interviews (精靈一點)**

Three radio live interviews (精靈一點) with focus on six topics were held on 12, 19, 26 June 2008 from 1 pm-2pm as follows:

#### **1. Syncope and Catheter Ablation for Arrhythmias**

Honorary Hosts: Dr. Pun Chiu On and Prof. Lau Chu Pak

Speakers: Dr. So Yui Chi and Dr. Fung Wing Hong

#### **2. Palpitation and Atrial Fibrillation**

Speakers: Dr. Chan Kwok Keung and Dr. Chan Ngai Yin

#### **3. Sudden Cardiac Death and ICD/Pacemaker**

Honorary Host: Prof. Lau Chu Pak

Speakers: Dr. Kathy Lee Lai Fun  
Dr. Cathy Lam Tse Fun



### **C) Heart Health Talks**

Two public health talks were held successfully on 22 and 29 June 2008 at the Leighton Hill Community Hall with nearly 300 and 150 attendees respectively.

#### **1. Palpitation and Atrial Fibrillation 心悸及心房纖顫**

Time: 13:30 – 16:30

Speaker: Dr. Chan Kwok Keung and Dr. Chan Ngai Yin

#### **2. Sudden Cardiac Death 心臟猝死**

Time: 09:30 – 12:00

Speakers: Dr. Steve Lai Wai Keung and Dr. So Yui Chi

### **D) CME/CNE Seminar**

The CME / CNE seminar was successfully held on 28 June 2008 at the Renaissance Kowloon Hotel, Tsimshatsui, Kowloon and it was well-received with nearly 300 participants:

Theme: A comprehensive review of cardiac arrhythmia management: From basic to device and ablation therapy

Program Director: Dr. Fung Wing Hong

Number of Participants: 297      Physicians (248)      Allied Professionals (49)

### **Scientific Program:**

#### **Opening Remarks**

Dr. Pun Chiu On, President of Hong Kong College of Cardiology

Dr. Chan Ngai Yin, Convener of Arrhythmia Awareness Week

#### **Syncope and Sudden Death**

Panelists:

Dr. Fung Wing Hong, Dr. Chris Wong Kwok Yiu, Dr. Chan Wai Kwong, Dr. Hamish Chan Chi Kin

1. Clinical approach to patients with syncope and sudden death  
Dr. Mok Ngai Shing
2. ECG interpretation in patients with syncope and sudden death  
Dr. Chan Yat Sun
3. Update in cardiopulmonary resuscitation  
Dr. Chan Kwok Keung
4. Sudden death prevention: from AED to ICD  
Dr. Kathy Lee Lai Fun

#### **Cardiac Arrhythmia and Device Management**

Panelists:

Dr. Chan Hon Wah, Dr. Chiang Chung Seung, Dr. Chan Kin Wing, Dr. So Yui Chi

5. Peri-operative management in patients with implantable devices – What anesthesiologist should know  
Dr. Steve Lai Wai Keung
6. ECG interpretation in device malfunction and troubleshooting  
Dr. Cathy Lam Tse Fun
7. AF ablation – What electrophysiologist is doing in the EP lab  
Dr. Chan Ngai Yin
8. Update in ventricular arrhythmia management – Interactive roles between ICD and ablation  
Dr. Katherine Fan



## Cardiovascular Interventional Summit, Hong Kong

*7 November – 9 November 2008*

*Macau Tower*

The Cardiovascular Interventional Summit 2008 (CIS) which will be held at the Macau Tower on 7 - 9 November 2008, organized by the Hong Kong College of Cardiology, the Guangdong Provincial Cardiovascular Association and the Southern China Interventional Cardiology Education Net, co-organized by Macau Association of Cardiology. Boosted by the substantial development in the tourism sector with world-class hotel and convention facilities, the economy of Macau maintained a strong growth momentum in the year 2008. The organizing committee regarded as prime time to organize the Cardiovascular Interventional Summit 2008 in Macau and this is the first time in Macau for such a large scale international meeting with a special field which giving interest in population that can affect approximately 400 million people.

The Cardiovascular Interventional Summit 2008 will continue its aims to provide an effective means for transfer of knowledge, skills and insights from a number of well-known speakers from all over the world and sharing with participants. It also serves as a platform to discuss current issues, compare best practice and advance the professional knowledge of those who attend. This will enhance the competitive edge of participants in achieving their professional development and strive to improve patient healthcare outcomes. Renowned cardiologists and medical professionals from local and overseas will be invited to attend the Summit. This will provide an excellent opportunity for academic and scientific exchange among Hong Kong, Mainland China, Macau and overseas participants. Furthermore, the Scientific Committee will organize comprehensive and exciting programme in the current topics of PCI: left main, chronic total occlusion, bifurcation, IVUS, SVG and distal protection; late-breaking news / result of clinical trial; regional difference in practice between doctors in HK and China, and the rest of the world. A variety of communication formats and learning modes will be offered, such as state-of-the-art lectures, symposia and live demonstrations performed in Hong Kong, Guangdong and Macau. In addition, medical industries will exhibit the state-of-the-art developments in interventional cardiology for further exploration and examination by medical practitioners and scholars.



## Local Scientific Programmes 2007-2008

The College Scientific Committee continues to organize and co-ordinate year-round scientific programmes in relation to cardiovascular medicine. These scientific functions have received accreditation from Academy Colleges for continuing medical education.

The major scientific symposia organized during 1 September 2007 – 31 August 2008 are listed as follows:

1. a) Keynote Lecture “Important differences amongst ARBs – are they all the same?”
2. b) Emerging epidemics: Atrial fibrillation and preserved systolic function heart failure

27 September 2007                      Langham Place Hotel

a) Speaker:                              Dr. Sandeep Gupta

b) Speaker:                              Prof. Lau Chu Pak

3. Reducing cardiovascular risk with comprehensive lipid management

12 December 2007                      Langham Place Hotel

Speaker:                                  Prof. Tse Hung Fat

4. Awareness and approach to patients with lower extremity arterial disease: A Matter of life and limb

10 January 2008                        Conrad Hotel

Speaker:                                  Dr. Bryan Yan

5. a) 12 months Endeavor Resolute data presentation
- b) Long term Endeavor clinical data and introduction to biocompatible polymer
- c) Choosing the right stent for right patients

23 January 2008                        JW Marriot Hong Kong

a) Speaker:                              Dr. Michael Lee Kang Yin (Hong Kong)

b) Speaker:                              Prof. Ian Meredith (Australia)

c) Speaker:                              Dr. Eulogio Garcia (Spain)

6. Achieving the goal in hypertension – optimizing synergistic effects in antihypertensive therapy

26 March 2008                        Intercontinental Hotel

Speaker:                                  Prof. Neil Poulter (UK)

7. Impact of ADVANCE on the management of hypertensive diabetic patients

31 March 2008                        Langham Hotel

Speaker:                                  Prof. Neil Poulter (UK)



## Report on Community Activities

### World Heart Day 2008 (世界心臟日)

Every year in September, the World Heart Day is celebrated all over the world. Initiated by the World Heart Federation (WHF), WHO and UNESCO, this global program aims to increase the awareness of the world population about prevention of heart disease, which is fast becoming the number one killer of the whole world. The Hong Kong College of Cardiology will continue to organize the World Heart Day 2008. It will be held on Saturday, 11 October 2008 with the theme "Know Your Risk – Focus On Hypertension" which tells the great importance of understanding our heart health.

The Press Conference and the kick-off ceremony will be held on 28 September 2008 announcing the results of short-film competition and a series of activities that the organizing committee will hold for the following month. Five Public Health Talks will be launched on the 28 September and 5, 12, 19, 26 October 2008 at the Hong Kong Science Museum and the Central Library. Over 4,000 citizens are expected to join the Global Embrace and the Heart Health Carnival which will include game booths, stage shows with singers/artistes and jump-rope performances on 11 October 2008 at the Happy Valley Jockey Club. 1000 primary / secondary school students will compete in the Drawing Competition to express their ideas on heart health through drawings at the carnival. Selected drawings will compete with winners' drawings from Beijing, Hong Kong, Shanghai, Toronto, Vancouver and Singapore in the Final Competition organized by the International Chinese Heart Health Network.

In order to promote healthy families and healthy communities and let public have a better understanding on the importance of having a healthy heart, a TV game show related to heart healthy will be produced by Television Broadcasts Limited (TVB) by the by November 2008.



## **Jump Rope for Heart Program (JRFH) (跳繩強心) 2007-2008**

The JRFH 2007-2008 was successfully held for the ninth year. Around 67,500 students from 118 primary schools and 24 secondary schools (total of 142 schools) participated in the program. Around 605,000 students from 516 schools have joined the program over the past nine years. The gross income generated amounts to approximately HK\$2.5 million, with a surplus of approximately HK\$0.21 million. (Accumulated surplus around HK\$9.3 million since its inception in year 1999)

We have continuously received very positive feedback from JRFH participating schools. Most students enjoy skipping and keep skipping regularly. The annual Inter-school Rope Skipping Competition is the climax of the year, and it provides an occasion for students to show their talents and to exchange skills with others. This year, 60 primary and 23 secondary school teams participated in the competition on 5 & 6 July 2008 at Lai Chi Kok Park Sports Centre. Ta Ku Ling Ling Ying Public School and Heung To Middle School were our overall champions in Primary and Secondary Sessions this year.

37 heart health talks were conducted at JRFH participating schools in this academic year. Very positive feedback was received.

An elementary instructor certificate course was held in December 2007 to introduce the program to 82 teachers and to train them the skills of teaching rope skipping.

Schools that have participated in JRFH for 2 years or more (N=250) were invited to apply for the Jump Rope for Heart School Subsidy Program 2007 to conduct heart health educational or promotional programs. The JRFH Finance Committee perused all 39 applications and approved granting HK\$236,652 to 28 schools.

School visit by expert teams was a new event which was proposed by the JRFH Finance Committee. 30 visits were conducted in this academic year. Students were all amazed by the wonderful performance of our elite skippers and they showed great interest in learning rope skipping.

A seminar on safety precautions in PE was organized by the Education Bureau on 2 January 2008. Dr. Kathy Lee was invited to present the lecture "Safety Precautions in PE: A Medical Science Perspective" on behalf of HKCC.

The JRFH Finance Committee approved granting HK\$25,000 to sponsor teachers of JRFH participating schools to attend the BLS & AED course which was co-organized by the HKCC and Ruttonjee Hospital & Tang Shiu Kin Hospital. Very positive response was received.

The HKCC approved sponsoring 60% (expected not more than HK\$188,100) of the total expenses to the 7<sup>th</sup> World Rope Skipping Championships (22-30 July 2008 at Cape Town, South Africa) and JRFH would share half of the sponsorship (not more than HK\$94,050). Dr. Kenneth Ng kindly absorbed the cost of team uniform and insurance and sponsored \$12,000 to 12 athletes and coaches as petty cash.

The 1<sup>st</sup> China-HK-Macau Rope Skipping Competition was held on 13 July 2008 at the Chinese University of Hong Kong. This event was jointly organized by the Hong Kong Rope Skipping Association, China and the Jump Rope for Heart Program of HKCC.

## **Institute for Heart Health Promotion (IHHP) (心臟健康促進會)**

The Institute is a non-profit making organization engaged in the study of heart health of people in Hong Kong and to arouse the awareness and preparedness of the general public for the preservation of heart health through healthy styles of living.

Members of the Executive Board are Dr. Patrick P K Wu (Chairman), Dr. Tak-Fu Tse (Vice-Chairman), Dr. Patrick Tak-Him Ko, Prof. Chu-Pak Lau, Mr. Thomas Liang and Mr. Roger K H Luk (Hon. Treasurer). Mr. K W Ma is the Hon. Secretary.



## **International Chinese Heart Health Network (ICHHN) (全球華人心臟保健網絡)**

The ICHHN serves as a network to assist in the promotion of heart health among Chinese globally. The President of the ICHHN for the year 2007-2008 is Mrs. Tan-Hoong Chu Eng.

In view of the success of 2007 World Heart Day Drawing Competition, Hong Kong College of Cardiology has once again hosted the Inter-regional Drawing Competition for ICHHN. The Competition was divided into 2 groups: Junior Group (age under 12) and Senior Group (age 12-17), with the theme "Healthy family, healthy heart" (健康家庭健康心) and "Healthy community, healthy heart" (健康社區健康心) respectively. This year, five regions namely Beijing, Hong Kong, Toronto, Vancouver and Brunei had successfully organized a drawing competition for local students. The drawings of the winners from each region were sent to Hong Kong for the final competition and exhibition during the 16<sup>th</sup> HKCC Annual Scientific Congress at Sheraton Hotel from 2-4 May 2008. Hong Kong students So Pui Yan (蘇佩欣), Chen Chi Sam (陳智森) and Verene Leung (梁蔚婷) won the Championship, 1<sup>st</sup> runner-up and 2<sup>nd</sup> runner-up in the Junior Group, and Chan Shuk Mei (陳淑薇) won the 2<sup>nd</sup> runner-up in the Senior Group.

HKCC, being the founding organization, will actively participate in the future development of ICHHN.



## Report on Committees and Working Groups

### Hong Kong Heart Foundation Cardiology Training Fellowship Programme

1. Dr. Frank Tam Lok Yan of Queen Elizabeth Hospital for a training programme in the field of Cardiac Electrophysiology and Pacing at Stanford Medical Center in California, U.S.A. for a period of 12-month commencing in July 2008 to June 2009.
2. Dr. Gary Chan Chin Pang of Prince of Wales Hospital for training programme in the field of Electrophysiology at University of Michigan in U.S.A. for a period of 12-month commencing in July 2008 to June 2009.
3. Dr. Ryan Ko Lap Yan of Queen Mary Hospital for a training programme in the field of Adult Congenital and Structural Heart Disease at Royal Brompton Hospital in London for a period of 12-month commencing in March 2009 to February 2010.

### Journal of the Hong Kong College of Cardiology

Commencing 2005, the Journal has been published bi-yearly in April and October.

A total of 18 editorial pages were published from October 2007 to April 2008. These included 2 articles from Hong Kong.

A total of 46 pages of abstracts were published from October 2007 to July 2008, 29 pages from the Annual Scientific Congress and 17 pages from the other meetings.

A total of 85 editorial pages of Supplement were published in April 2007, which included 46 abstracts and 47 manuscripts.

### General Affairs and Public Relations Committee

The Committee acted on behalf of the College or as directed by the Council to respond to enquiry on cardiology related issues from media. It also mediated the participation of our Fellows in public education activities. A media interview with Mediaplanet was published in the supplement of Wall Street Journal Asia in April 2008 regarding cardiovascular disease in Hong Kong.



## **Allied Cardiovascular Health Professional Committee**

The Allied Cardiovascular Health Professionals Symposium of the 16<sup>th</sup> Annual Scientific Congress has been organized for the allied cardiovascular health professionals. The theme this year was "Management of Cardiac Emergencies". Dr. Andy Wai-kwong Chan had shared his views on Latest Guidelines on Cardiopulmonary Resuscitation. Dr. William Chi-kin Chan presented Highlights on Use of Intra-aortic Balloon Pump and Percutaneous Cardiopulmonary Bypass. Dr. Ngai-yin Chan exchanged his experience on Recognition and Treatment of Life-threatening Arrhythmias while Dr. Kin-ming Tam presented his views on Management of Hypertensive Emergencies.

## **Examination Committee**

The Examination Committee has been focusing on collaborating with the Specialty Board in Cardiology of The Hong Kong College of Physicians (HKCP), in coordinating and appraising the training of cardiology specialists in Hong Kong. The College perspective has been well presented and incorporated in the newly revised training guidelines for High Physician Training in Cardiology (now revised from 3 years to 2 years), and the current guidelines for advanced training (for 12 months) in Electrophysiological Intervention and Coronary Intervention of the HKCP.

The Committee has also considered an evaluation system to accredit paediatricians actively working in the field of paediatric cardiology for fellowship award of The College of Cardiology. This was brought up and lengthily discussed in the College Council meetings in 2006, with a provisional decision to defer the matter for further concrete action to more appropriate time. Now that we have been given an understanding that the College of Paediatrics is keen to endorse the subspecialty accreditation among Hong Kong paediatricians, although with no fixed time schedule, and that many paediatric cardiologists have expressed their great interest in forming a paediatric CVS subspecialty society for such accreditation. The Examination Committee shall look into any possibility of collaboration in future.

The committee has also embarked to look into the feasibility and design of an examination and CME / CPD evaluation system for a Hong Kong Medical Council - quotable qualification in Cardiovascular Medicine. The outcome of legal process with the Hong Kong Medical Council for quotable qualification of FACC is awaited with great interest and enthusiasm.



## **Working Group on Cardiac Computed Tomography**

The Pre-Congress Symposium on Computed Tomography of Coronary Artery, a joint effort with the Society of Cardiac Computed Tomography and Sir Run Run Shaw Heart Center took place at the conference hall on the 9th Floor of St. Teresa's Hospital on the 1st of May 2008. In spite of taking place during a public holiday, the conference was well attended with over one hundred and sixty participants consisting mainly of doctors in private practice and cardiologists from the public and private sectors. The symposium was intended for the novice to this field. The usefulness of computed tomography to exclude patients with significant heart disease and a strategic planning tool in percutaneous cardiac intervention were discussed. Feedback from the participants was positive as evident by the fact that most of the participants stayed until the very end. Supportive service including food, beverage and parking were satisfactory as was the post congress faculty dinner at the American Club.

The nine workshops during the 16<sup>th</sup> Scientific Meeting were well attended taking into account the great temptation of attending plenary lectures, free paper presentation and visits to the booths, which were taking place simultaneously. The venue was perfect and the tutors tried their very best to make the participants' visits to the workshops worthwhile. The only drawback was that with only two hours per workshop per person, it was not possible to give an in-depth tuition. In the future, one might consider having a more structured approach with the few workshops designed for the novice in which basic interpretation of CT images will be discussed; and others for the more advanced users who are interested in the latest development in computed tomography post processing. Participants should be allowed to attend more than one workshop.

Over the past three decades, technological advancement enabled cardiologists to offer better care to their patients in a less invasive manner. CABG surgery lost out to PCI as the main stay in myocardial revascularization. In the near future, CT coronary artery is likely to supersede invasive angiography in the delineation of coronary artery anatomy. The symposium served to alert cardiologists and referring doctors the benefit of this technology to their patients.



## Report on College Affairs

### Membership

1. As at 31 August 2008, 2 Fellows, 9 Members and 2 Affiliates were elected, which made up the total membership to 358. Below is the breakdown of the membership figures:

<i>Distinguished Fellows</i>	3
<i>Honorary Fellows</i>	9
<i>International Fellows</i>	3
<i>Visiting Fellows</i>	14
<i>Fellows</i>	165
<i>Members</i>	59
<i>Affiliates</i>	105

2. The Members of the Council for the year 2007-2008 were:

President	:	<i>Dr. Pun Chiu On</i>
President-Elect	:	<i>Dr. Chiang Chung Seung</i>
Hon. Secretary	:	<i>Dr. Chris Wong Kwok Yiu</i>
Hon. Treasurer	:	<i>Dr. Chan Kam Tim</i>
Immediate Past President	:	<i>Prof. Lau Chu Pak</i>
Council Members	:	<i>Dr. Chan Wai Kwong</i> <i>Dr. Cheng Chun Ho</i> <i>Dr. Charles Ho Kau Chung</i> <i>Dr. Patrick Ko Tak Him</i> <i>Dr. Lau Suet Ting</i> <i>Dr. Lau Yuk Kong</i> <i>Dr. Kathy Lee Lai Fun</i> <i>Prof. Stephen Lee Wai Luen</i> <i>Dr. Li Shu Kin</i> <i>Dr. Tse Tak Fu</i>

3. During the past year, the Council has met 8 times.



#### 4. Standing Committees and Chairmen:

Editorial Board, Journal of Hong Kong College of Cardiology  
*Chief Editor* : *Prof. Lau Chu Pak*

Hong Kong Heart Valve Registry  
*Chairman* : *Dr. Charles Ho Kau Chung*

Pacemaker Registry  
*Chairman* : *Prof. Lau Chu Pak*

Allied Cardiovascular Health Professionals  
*Chairman* : *Dr. Chan Wai Kwong*

Scientific Committee  
*Chairman* : *Dr. Pun Chiu On*

General Affairs and Public Relations  
*Chairman* : *Dr. Li Shu Kin*

Education and Accreditation Committee  
*Chairman* : *Dr. Tse Tak Fu*

Examination Committee  
*Chairman* : *Prof. Woo Kam Sang*

Cardiac Pulmonary Resuscitation Committee  
*Chairman* : *Dr. Cheng Chun Ho*

Hypertension Working Group  
*Chairman* : *Dr. Cheng Chun Ho*

Pacing and Clinical Electrophysiology Working Group  
*Chairman* : *Prof. Lau Chu Pak*

Heart Failure Working Group  
*Chairman* : *Dr. Chris Wong Kwok Yiu*

Working Group on Cardiac Computed Tomography  
*Chairman* : *Dr. Wong Chi Ming*



## **Sponsorship for Attendance of Overseas Scientific Conferences**

In the past year, our College sponsored 70 Fellows/Members to attend 41 overseas scientific conferences.

## **College Representatives on other Institutions**

### **Hong Kong Heart Foundation**

Dr. Chiang Chung Seung

Prof. Lau Chu Pak

Dr. Pun Chiu On

### **Hong Kong College of Physicians Specialty Board in Cardiology**

Dr. Lau Suet Ting

Dr. Cheng Chun Ho

### **Federation of Medical Societies of Hong Kong**

Dr. Chiang Chung Seung

### **Heart Care Trust Fund**

Dr. Joseph Pan Yan Chi

Dr. Alexander Wong Shou Pang

### **Asia Pacific Society of Interventional Cardiology**

Dr. Chiang Chung Seung

Dr. Patrick Ko Tak Him

Dr. Li Shu Kin

Dr. Chris Wong Kwok Yiu

### **College Secretariat**

Theresa Pan – Executive Officer (since 2 April 2007)

Vicki Lau – Executive Officer (since 20 April 2007)

Lee Mai Ho – Clerk

Daisy Ho – Project Director, JRFH\*

Florence Chan – Project Officer, JRFH\*

Shirin Lee – Project Assistant, JRFH\* (since 25 April 2007)

\* Jump Rope for Heart Programme



# HONG KONG COLLEGE OF CARDIOLOGY

## COLLEGE'S INFORMATION

### **PRESIDENT**

*Dr. Pun Chiu On*

### **PRESIDENT-ELECT**

*Dr. Chiang Chung Seung*

### **HONORARY SECRETARY**

*Dr. Wong Kwok Yiu, Chris*

### **HONORARY TREASURER**

*Dr. Chan Kam Tim*

### **HONORARY AUDITORS**

*Messrs. Walter Ma and Company*

### **HONORARY LEGAL ADVISER**

*Mrs. Peggy Cheung*

### **COUNCIL MEMBERS**

*Dr. Chan Wai Kwong*

*Dr. Chau Kai Tung (Resigned on 21<sup>st</sup> December, 2007)*

*Dr. Cheng Chun Ho*

*Dr. Cheng Lik Cheung (Resigned on 21<sup>st</sup> December, 2007)*

*Dr. Ho Kau Chung, Charles*

*Dr. Ko Tak Him, Patrick*

*Prof. Lau Chu Pak*

*Dr. Lau Suet Ting*

*Dr. Lau Yuk Kong*

*Dr. Lee Lai Fun, Kathy*

*Prof. Lee Wai Luen, Stephen*

*Dr. Li Shu Kin*

*Dr. Tse Tak Fu*

*Prof. Woo Kam Sang (Resigned on 21<sup>st</sup> December, 2007)*

### **BANKERS**

*Hang Seng Bank Limited*

### **REGISTERED OFFICE**

*Office Nos. 1116 and 1117,*

*Bank of America Tower,*

*12, Harcourt Road,*

*Central,*

*Hong Kong.*

# HONG KONG COLLEGE OF CARDIOLOGY

## REPORT OF THE DIRECTORS

The directors have pleasure in submitting their annual report and the audited financial statements for the year ended 31<sup>st</sup> December, 2007.

### PRINCIPAL ACTIVITY

The principal activity of the College is medical education.

### RESULT

The result of the College for the year ended 31<sup>st</sup> December, 2007 and the state of the College's affairs as at that date are set out in the financial statements on pages 26 to 35.

### DIRECTORS

The directors of the College during the year were :-

Dr. Chan Kam Tim  
Dr. Chan Wai Kwong  
Dr. Chau Kai Tung (Resigned on 21<sup>st</sup> December, 2007)  
Dr. Cheng Chun Ho  
Dr. Cheng Lik Cheung (Resigned on 21<sup>st</sup> December, 2007)  
Dr. Chiang Chung Seung  
Dr. Ho Kau Chung, Charles  
Dr. Ko Tak Him, Patrick  
Prof. Lau Chu Pak  
Dr. Lau Suet Ting  
Dr. Lau Yuk Kong  
Dr. Lee Lai Fun, Kathy  
Prof. Lee Wai Luen, Stephen  
Dr. Li Shu Kin  
Dr. Pun Chiu On  
Dr. Tse Tak Fu  
Dr. Wong Kwok Yiu, Chris  
Prof. Woo Kam Sang (Resigned on 21<sup>st</sup> December, 2007)



# HONG KONG COLLEGE OF CARDIOLOGY

## REPORT OF THE DIRECTORS

### **DIRECTORS' INTERESTS IN CONTRACTS**

No contracts of significance to which the College was a party and in which a director had a material interest subsisted at the end of the year or at any time during the year.

At no time during the year was the College a party to any arrangements to enable the directors of the College to acquire benefits by means of the acquisition of shares in or debentures of the College or any other body corporate.

### **AUDITORS**

Messrs. Walter Ma and Company, retire and being eligible, offer themselves for re-appointment.

On behalf of the Board

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Dr. Pun Chiu On  
President

HONG KONG, 1<sup>st</sup> September, 2008.

# HONG KONG COLLEGE OF CARDIOLOGY

## LIST OF DONORS

- Abbott Laboratories Limited  
Actelion Pharmaceuticals Australia Pty Limited  
Altana Pharma Hong Kong  
AstraZeneca Hong Kong Limited  
Biotronik Hong Kong Limited  
Boehringer Ingelheim (H.K.) Limited  
Boston Scientific Hong Kong Limited  
Calvary Ind. Co.  
Cardima Inc.  
C R Bard Inc.  
Fok Ying Tung Foundation Limited  
GE Medical Systems H.K. Limited  
GlaxoSmithKline Limited  
Goodman Medical Supplies Limited  
Hong Kong Society of Notaries  
Hong Kong Adventist Hospital  
Hong Kong Sanatorium Hospital, Limited  
Johnson & Johnson (HK) Limited  
Kerry Properties Limited  
Lo Ka Chung Charitable Foundation Limited  
Manchester Textile Limited  
McBarron Book Company Limited  
Medtronic CRDM  
Medtronic International, Limited  
Medtronic (Thailand) Limited  
Medtronic Vascular  
Merck Pharmaceutical (HK) Limited  
Merck Sharp & Dohme (Asia) Limited  
Nestle' Hong Kong Limited  
Nine Dragons Paper (Holdings) Limited  
Novartis Pharmaceuticals (HK) Limited  
OrbusNeich Medical Company Limited  
Pacific Medical Systems Limited  
Pfizer Corporation Hong Kong Limited  
Rotary Club of Kwai Chung, Hong Kong  
Sanko Medical Systems (H.K.) Limited  
Sanofi-Aventis Hong Kong Limited  
Sanofi Bristol-Myers Squibb (H.K.)  
Servier Hong Kong Limited  
Siemens Limited  
SOL Limited  
Sorin Group Asia Pte. Limited  
Sorin Group Japan Co. Limited  
Stereotaxis Inc.  
St. Jude Medical (H.K.) Limited  
St. Paul's Hospital, Heart, Brain & Vascular Centre  
Takeda Chemical Industries (Taiwan), Limited  
Tung Wah Eastern Hospital  
Tung Wah Hospital  
Tyco Healthcare (HKSAR) Limited  
Unilever Hong Kong Limited  
Wayfoong Sports Club  
Wei Lun Foundation Limited  
Wyatt Warehouse (BVI) Limited  
Welch's  
Zurich Services (Hong Kong) Limited  
3M Hong Kong Limited  
Dr. Au Yeong Chi Keung  
Dr. Chan Chi Kin  
Mr. Chan Kwok Keung, Charles  
Mr. Chan Wai Leung, William  
Mr. Lai Sze Nuen  
Mr. Ma Ching Nam  
Mr. Michael Sherrard  
Mr. Poon John Cho Ming  
Mr. R M Bridge  
Mr. Robin Chan  
Mr. Ting Woo Shou, Kennethsbs  
Mr. Sinclair Louie & Ms. May C. Louie  
Mr. Yu Yui Chiu  
Mrs. Tao Poon Lai Yew, Nancy  
Mrs. Woo Wang Zok Ying  
Ms. Eva & Mr. James Lee  
Ms. Lau Suet Ting  
Ms. Lau Ting  
Ms. Poon Mei Han  
Ms. Wong Jing Lei, Jacqueline  
Ms. Yu Fung Chu  
Prof. Lau Chu Pak  
李國樑、韋麗梨  
黎雪儀、馮偉強  
基督教香港信義會心誠中學  
趙聿修紀念中學