



Annual Report 2004-2005

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Report Summary

In the past year, the Hong Kong College of Cardiology has been continuing its mission to promote advancement of cardiovascular medicine for public benefit through scientific, professional, educational activities and international communication. It also acts as a body for consultation in related matters of educational or public interests.

The First Global Conference on Cardiovascular Clinical Trials and Pharmacotherapy incorporating the 2nd WHF Global Conference on Cardiovascular Clinical Trials and 13th International Society of Cardiovascular Pharmacotherapy Congress was held in October 2004. This conference was regarded as one of the main local and international scientific meetings of 2004 and attracted delegates from all over the world. The 13th Annual Scientific Congress was held in April this year. An increasing participation was drawn from the professional community in Hong Kong and Mainland China. Throughout the year, the College has also organised a number of local scientific programmes.

In the training of local cardiology trainees, the College maintains its involvement in the Hong Kong Heart Foundation Cardiology Training Fellowship Programme, which provides support for trainees to undergo training in world renowned overseas centers.

Apart from the scientific programmes, the College was also actively involved in community projects to promote cardiovascular health. The Jump Rope for Heart Programme continues its recruitment of school children for promotion of heart health through rope skipping. A number of projects for promotion and study of heart health in the community were also launched. The World Heart Day, scheduled on 25 September this year, was the yearly climax of our heart health promotion to the general public.

The enormous amount of activities organised by the College would not be possible without the dedication and active participation of its members, and support of friends. The Council would like to take this opportunity to thank them and will pledge to continue its mission in the years to come.

Report on Scientific Activities

The First Global Conference on Cardiovascular Clinical Trials and Pharmacotherapy incorporating the 2nd WHF Global Conference on Cardiovascular Clinical Trials and 13th International Society of Cardiovascular Pharmacotherapy Congress

1-3 October 2004

Conrad & JW Marriott Hotel Hong Kong

Jointly organised by the International Society of Cardiovascular Pharmacotherapy, the World Heart Federation and the Hong Kong College of Cardiology, this Conference was held at the Conrad and the JW Marriott Hotel Hong Kong on 1-3 October 2004 in Hong Kong. Internationally renowned experts including Prof. Bill Louis, Prof. Paul Armstrong, Prof. Philip Poole-Wilson etc. attended and delivered brilliant talks on current cardiovascular clinical trials and new therapies.

A thousand participants joined the Congress and nearly all areas of advances in Cardiology were covered. The scientific program comprised lectures covering areas of cardiovascular diseases relating to clinical practice and basic research by leading investigators and internationally renowned experts. Apart from the lectures, Certificate Course for Allied Health Professionals, Clinical Trial Methodology Course, Medical Directors' Forum and Abstract Presentation had also been held during the Conference.

Mrs. Betty Tung, wife of Chief Executive HKSAR was the Officiating Guest of the Opening Ceremony on 1 October who addressed the audience. The Congress had also organised the Gala Dinner on 2 October at the Jumbo Floating Restaurant where hundreds of delegates had an enjoyable and memorable evening.

13th Annual Scientific Congress

22-24 April 2005

Sheraton Hong Kong Hotel & Towers

The Thirteenth Annual Scientific Congress of the Hong Kong College of Cardiology was held from 22-24 April 2005 at the Sheraton Hong Kong Hotel & Towers, Tsimshatsui, Kowloon. We were honoured to have Dr. Ping-yan Lam, JP, Director of Health, HKSAR as our Guest-of-Honour.

The 3-day scientific programme provided an ideal forum for the cardiology profession to exchange their knowledge and experience in the latest developments in cardiovascular medicine. Renowned cardiologists, Dr. Jilin Chen (PR China), Dr. Xi-wei Deng (Macau), Dr. Zhimin Du (PR China), Dr. Junbo Ge (PR China), Dr. John Hayes (Australia), Dr. James K. Liao (USA), Dr. Tae-hwan Lim (Korea), Dr. Youwen Liu (PR China), Dr. Koon-hou Mak (Singapore), Dr. Peter Nicol (Sweden), Dr. Zambahari Robaayah (Malaysia), Dr. Hajime Sakuma (Japan), Dr. Anson Jay Conrad Smith (USA), Dr. Kunihiko Teraoka (Japan), Dr. Lefeng Wang (PR China), Dr. Yan Wang (PR China), Dr. Gary Douglas Webb (USA), Dr. Norbert Wilke (USA), Dr. Bryan Williams (UK) were invited to present their valuable experience to the audience.

The Allied Cardiovascular Health Professionals Symposium was organised for the allied cardiovascular health professionals. Dr. Gabriel Wai-kiwok Yip and Dr. Ting-kun Au-Yong had shared their views on stress echocardiography and nuclear cardiology respectively with the audience. Dr. Anna Kin-yin Chan exchanged her experience on cardiac magnetic resonance imaging while Dr. Jennifer Miu-fong Kwok presented her point of view on cardiac computed tomography scanning.

A total of 93 abstracts were received. Among them 89 were selected for oral presentation and 4 for poster presentation. The College had presented three Best Paper Awards this year:

1. Angiographic pattern of instant restenosis in patients with drug eluted stents
Dr. Kam-tim Chan
2. Induction of MCP1, CCR2 and iNOS expression in THP-1 macrophages by serum of children late after Kawasaki disease
Dr. Yiu-fai Cheung
3. Comprehensive non-invasive assessment of coronary artery disease by computed tomographic angiography and cardiac magnetic resonance imaging
Dr. Jennifer Miu-fong Kwok

In the PCI Case Discussion session on 24 April 2005, the three Best PCI Case Award winners were Dr. Hamish Chi-kin Chan, Dr. Cheung-wah Cheng and Dr. Sum-kin Leung.

This year, a HKCC/SCMR Asia Symposium was jointly organised by the College and the Society for Cardiovascular Magnetic Resonance on 24 April 2005. Topics like the applications of CMR in the assessment of myocardial viability, in cardiomyopathy and arrhythmia, in the assessment of myocardial function, MR coronary angiography, stress MR myocardial perfusion were discussed and shared by the experts.

Local Scientific Programmes 2004-2005

The College Scientific Committee continues to organise and co-ordinate year-round scientific programmes in relation to cardiovascular medicine. These scientific functions have received accreditation from Academy Colleges for continuing medical education.

The major scientific symposia organised during 1 September 2004 ~ 31 August 2005 are listed as follows:

1. Prevention of morbidity and mortality in patients with CAD: benefits beyond lipids and BP control

24 November 2004 Langham Hotel

Speaker : Prof. Maarten L. Simoons (Netherlands)

2. Atherothrombosis: bridging evolving science with clinical study results

30 November 2004 Island Shangri-La Hotel

Speaker : Prof. Salim Yusuf (Canada)

3. Usefulness of CT and MR in the management of coronary heart disease

26 June 2005 St. Teresa's Hospital

Symposium and live demonstration

Speaker : Prof. S. Achenbach (Germany) and local speaker

4. Emerging role of ARBs in the management of congestive heart failure and the new ESC Guidelines

27 June 2005 JW Marriott Hotel Hong Kong

Speaker : Prof. Karl Swedberg (Sweden)

Report on Community Activities

World Heart Day 2005 (世界心臟日)

This year, the World Heart Day falls on Sunday, 25 September 2005 with the theme “Healthy Weight, Healthy Shape”. The College and the Tung Wah Group of Hospitals continue to co-organise the World Heart Day activities in Hong Kong and we are also pleased to have Radio Television of Hong Kong joining in this year.

Two Public Health Talks will be launched on the 24 and 25 of September 2005. Over 4,000 citizens are expected to join the Global Embrace this year at the Happy Valley Jockey Club to kick off the Heart Health Carnival which will include stage shows with singers/artistes and jump-rope performances. 1000 primary/secondary school students will compete in the Drawing Competition to express their ideas on heart health through drawings at the carnival. 10 drawings will be selected to compete with winners’ drawings from Beijing, Singapore and Taiwan in the Final Competition organised by the International Chinese Heart Health Network.

In order to have the public a better understanding on the importance of having healthy weight and healthy shape, a survey on cardiac patients has been conducted by the College and RTHK. The result of the survey was widely announced in most of the newspapers in Hong Kong.

Jump Rope for Heart Programme (JRFH) (跳繩強心)

The JRFH 2004-2005 was successfully held for the sixth year. Around 118,000 students from 157 primary schools and 36 secondary schools (total of 193 schools) participated in the program. More than 400,000 students from 411 schools have joined the program over the past six years. The gross income generated amounts to approximately HK\$3 million, with a surplus of approximately HK\$1 million. (Accumulated surplus around HK\$8.4 million since its inception in year 1999)

We have continuously received very positive feedback from JRFH participating schools. Most students enjoy skipping and keep skipping regularly. The annual Inter-school Rope Skipping Competition is the climax of the year, and it provides an occasion for students to show their talents and to exchange skills with others. This year, 49 primary and 16 secondary school teams participated in the competition on 9 and 10 July 2005 at Lai Chi Kok Park Sports Centre. In order to raise the standard of the competition as well as to attract more new comers, the primary school section was divided into Division A, Division B and Novice this year. Ta Ku Ling Ling Ying Public School (Div. A), San Wui Comm Soc KIn School (Div. B), AD & FD POHL Chan Kwok Wai School (Novice) and Heung To Middle School were our overall champions this year.

53 heart health talks were conducted at JRFH participating schools in this academic year. Very positive feedback was received.

Three elementary instructor certificate courses were held to introduce the program to 325 teachers and to train them the skills of teaching rope skipping. Moreover, 22 teachers were trained as conductors by Mrs. Susan Kalbfleisch in March 2005.

Schools that have participated in JRFH for 2 years or more (N=164) were invited to apply for the Jump Rope for Heart School Subsidy Program 2004 to conduct heart health educational or promotional programs. The JRFH Finance Committee perused all applications and approved granting HK\$256,465 to 31 schools.

A promotional event was organised by the Hong Kong Rope Skipping Institute and supported by the Hong Kong College of Cardiology which was held on 1 May 2005 at the Avenue of Stars. Six JRFH participating schools performed rope skipping demonstrations by turns. Very positive response was received.

Institute for Heart Health Promotion (IHHP) (心臟健康促進會)

Members of the Executive Board for the year 2004-2005 are Dr. Patrick P. K. Wu (Chairman), Dr. Tak-fu Tse, (Vice-Chairman), Dr. Chun-ho Cheng, Dr. Patrick T. H. Ko and Mr. Roger K. H. Luk. Mr. K. W. Ma is the Hon. Secretary.

The Institute obtained a fund of HK\$1,579,400 from the Hong Kong Jockey Club Charities Trust in 2002 for a project conducted by the Department of Medicine and Therapeutics of the Chinese University of Hong Kong. The project, "Chinese Atherosclerosis in the Aged and Young: A Multicentre Community-based Screening Programme in the Millennium" was started in late 2000 and was completed in September 2003.

International Chinese Heart Health Network (ICHHN) (全球華人心臟保健網絡)

The ICHHN serves as a network to assist in the promotion of heart health among Chinese globally. The President of the ICHHN for the year 2004-2005 is Dr. Junbo Ge.

In view of the success of 2004 World Heart Day Drawing Competition, Hong Kong College of Cardiology has once again hosted the Inter-regional Drawing Competition for ICHHN. This year, five regions namely Beijing, Hong Kong, Taiwan, Toronto and Vancouver had successfully organised a drawing competition for local students. The drawings of the winners from each region were sent to Hong Kong for the final competition and exhibition during the 13th HKCC Annual Scientific Congress at Sheraton Hotel from 22-24 April 2004. Hong Kong students Ho Yin Shan (何燕珊) and Wong Po Yu (黃寶愉) won the Championships in the Senior Group and Junior Group respectively.

HKCC, being the founding organisation, will actively participate in the future development of ICHHN.

Report on Committees and Working Groups

Hong Kong Heart Foundation Cardiology Training Fellowship Programme

The Hong Kong Heart Foundation Fellowship 2005-2006 was awarded to Dr. Eugene B. Wu of Prince of Wales Hospital for a training programme in the field of Interventional Cardiology at Brigham and Women's Hospital in the USA for a period of 12 months.

In view of difficulties from the Hospital Authority in granting leave for fellowship candidates, a new strategy for the award is imminent. This will need the collective wisdom of the incoming Council of the College.

Journal of the Hong Kong College of Cardiology

The Journal has been published in July/October 2004 and April 2005. A total of 43 editorial pages were published from October 2003 to April 2004. These included 8 articles of which 5 were from Hong Kong and 3 were from overseas. A total of 64 pages of abstracts were published from other meetings. A total of 8 manuscripts had been published, 5 were from Hong Kong and 3 were from overseas.

General Affairs and Public Relations Committee

The Committee acted on behalf of the College or as directed by the Council to respond to enquiry on cardiology related issues from media. It also mediated the participation of our Fellows in public education activities.

Allied Cardiovascular Health Professional Committee

The Allied Cardiovascular Health Professionals Symposium of the 13th Annual Scientific Congress had been organised for the allied cardiovascular health professionals. Dr. Gabriel Wai-kiwok Yip and Dr. Ting-kun Au-Yong had shared their views on Stress Echocardiography and Nuclear Cardiology respectively with the audience. Dr. Anna Kin-yin Chan exchanged her experience on Cardiac Magnetic Resonance Imaging while Dr. Jennifer Miu-fong Kwok presented her point of view on Cardiac Computed Tomography Scanning.

Examination Committee

The Examination Committee has been focusing on collaborating with the Specialty Board in Cardiology of The Hong Kong College of Physicians (HKCP), in coordinating and appraisal of training of cardiology specialists in Hong Kong. The College perspective has been well presented and incorporated in the newly revised training guidelines for High Physician Training in Cardiology (now revised from 3 years to 2 years) of the HKCP, and the new guidelines for advanced training (for 12 months) in Electrophysiological Intervention and Coronary Intervention implemented with effect from 1st July 2002.

The Committee has considered also an evaluation system to accredit paediatricians actively working in the field of paediatric cardiology for fellowship award of The College of Cardiology. This was brought up and lengthy discussed in the College Council meeting, with a provisional decision to defer the matter for further concrete action in more appropriate time in future.

The committee has embarked to look into the feasibility and design of an examination and CME evaluation system for a Hong Kong medical council-quotable qualification in Cardiovascular Medicine.

Report on College Affairs

Membership

1. As at 31 August 2005, 4 Fellows, 5 Members and 5 Affiliates were elected, which made up the total membership to 317. Below is the breakdown of the membership figures:

Distinguished Fellows	2
Honorary Fellows	10
International Fellows	3
Fellows	156
Members	46
Affiliates	100

2. The Members of the Council for the year 2004-2005 were:

President	:	Prof. Lau Chu-pak
Vice President	:	Dr. Pun Chiu-on
Hon. Secretary	:	Dr. Chiang Chung-seung
Hon. Treasurer	:	Dr. Chris Wong Kwok-yiu
Immediate Past President	:	Dr. Patrick Ko Tak-him
Council Members	:	Dr. Chan Kam-tim
		Dr. Chan Wai-kwong
		Dr. Chau Kai-tung (co-opted)
		Dr. Cheng Chun-ho (co-opted)
		Dr. Chiu Shui-wah (co-opted)
		Dr. Charles Ho Kau-chung
		Dr. Lau Suet-ting
		Dr. Lau Yuk-kong
		Dr. Kathy Lee Lai-fun
		Dr. Li Shu-kin
		Dr. Tse Tak-fu
		Dr. Tse Tak-ming
		Prof. Woo Kam-sang

3. During the past year, the Council has met 9 times.

4. Standing Committees and Chairmen:

Editorial Board, Journal of Hong Kong College of Cardiology

Chief Editor : Prof. Lau Chu-pak

Hong Kong Heart Valve Registry

Chairman : Dr. Charles Ho Kau-chung

Pacemaker Registry		
<i>Chairman</i>	:	Prof. Lau Chu-pak
Allied Cardiovascular Health Professionals		
<i>Co-Chairmen</i>	:	Dr. Charles Ho Kau-chung Dr. Pun Chiu-on
Scientific Committee		
<i>Chairman</i>	:	Dr. Pun Chiu-on
General Affairs and Public Relations		
<i>Chairman</i>	:	Dr. Li Shu-kin
Education and Accreditation Committee		
<i>Chairman</i>	:	Dr. Tse Tak-fu
Examination Committee		
<i>Chairman</i>	:	Prof. Woo Kam-sang
Cardiac Pulmonary Resuscitation Committee		
<i>Chairman</i>	:	Dr. Cheng Chun-ho
Hypertension Working Group		
<i>Chairman</i>	:	Dr. Cheng Chun-ho
Pacing and Clinical Electrophysiology Working Group		
<i>Chairman</i>	:	Prof. Lau Chu-pak
Heart Failure Working Group		
<i>Chairman</i>	:	Dr. Chris Wong Kwok-yiu

Sponsorship for Attendance of Overseas Scientific Conferences

In the past year, our College sponsored 56 Fellows/Members to attend 27 overseas scientific conferences.

College Representatives on other Institutions

Hong Kong Heart Foundation

Dr. Cheng Chun-ho
Dr. Pun Chiu-on
Dr. Tse Tak-fu

Hong Kong College of Physicians Specialty Board in Cardiology

Dr. Lau Suet-ting
Dr. Cheng Chun-ho

Federation of Medical Societies of Hong Kong

Dr. Chiang Chung-seung

Heart Care Trust Fund

Dr. Joseph Pan Yan-chi

Dr. Alexander Wong Shou-pang

Asia Pacific Society of Interventional Cardiology

Dr. Chiang Chung-seung

Dr. Patrick Ko Tak-him

Dr. Li Shu-kin

Dr. Chris Wong Kwok-yiu

College Secretariat

Louisa Chow	–	Executive Officer (until 5 October 2004)
Ada Yeung	–	Executive Officer
Michelle Liu	–	Executive Assistant (since 18 April 2005)
Lee Mai-ho	–	Clerk
Daisy Ho	–	Project Director, JRFH*
Florence Chan	–	Project Officer, JRFH*
Karis Yip	–	Project Assistant, JRFH* (since 23 June 2005)

* *Jump Rope for Heart Programme*

Reports of the Directors, Report of the Auditors and Financial Statements

HONG KONG COLLEGE OF CARDIOLOGY REPORT OF THE DIRECTORS

The directors have pleasure in submitting their annual report and the audited financial statements for the year ended 31st December, 2004.

PRINCIPAL ACTIVITY

The principal activity of the College is medical education.

RESULT

The result of the College for the year ended 31st December, 2004 and the state of the College's affairs at that date are set out in the financial statements on pages 18 to 23.

FIXED ASSETS

Movements in fixed assets during the year are set out in Note 4 to the financial statements on page 22.

DIRECTORS

The directors of the College during the year were:-

Dr. Chan Kam Tim
Dr. Chan Wai Kwong
Dr. Chau Kai Tung
Dr. Cheng Chun Ho
Dr. Chiang Chung Seung
Dr. Chiu Shui Wah (Appointed on 23rd September, 2004)
Dr. Ho Kau Chung, Charles
Dr. Ho Kwok Keung (Resigned on 23rd September, 2004)
Dr. Ko Tak Him, Patrick
Prof. Lau Chu Pak
Dr. Lau Suet Ting
Dr. Lau Yuk Kong
Dr. Lee Lai Fun, Kathy
Dr. Li Shu Kin
Dr. Pun Chiu On
Dr. Tse Tak Fu
Dr. Tse Tak Ming
Dr. Wong Kwok Yiu, Chris
Prof. Woo Kam Sang

HONG KONG COLLEGE OF CARDIOLOGY

REPORT OF THE DIRECTORS

DIRECTORS' INTEREST IN CONTRACTS

No contracts of significance to which the College was a party and in which a director had a material interest subsisted at the end of the year or at any time during the year.

At no time during the year was the College a party to any arrangements to enable the directors of the College to acquire benefits by means of the acquisition of shares in or debentures of the College or any other body corporate.

AUDITORS

Messrs. Walter Ma and Company, retire and being eligible, offer themselves for re-appointment.

On behalf of the Board

Prof. Lau Chu Pak
President

HONG KONG, 5TH SEPTEMBER, 2005.

HONG KONG COLLEGE OF CARDIOLOGY

LIST OF DONORS

Abbott Laboratories Limited
Altana Pharma Hong Kong
AstraZeneca Hong Kong Limited
Boehringer Ingelheim (HK) Limited
Boston Scientific Hong Kong Limited
Cheer Sails Company Limited
China Prospect HK Limited
Esprit Cares Trust
Fok Ying Tung Foundation Limited
GlaxoSmithKline Limited
Golden Speed Travel Service Limited
Guidant Hong Kong Limited
Honeyclave Medical Limited
Hong Kong Adventist Hospital
Hong Kong College of Radiologists
Hong Kong East Cluster
Hong Kong H.E.A.R.T. Club Limited
Hong Kong Sanatorium Hospital, Limited
Internat. Verein Fuer
Johnson & Johnson (HK) Limited
King Health Limited
Lo Ka Chung Charitable Foundation Limited
Manchester Textile Limited
Matilda International Hospital
Medtronic International Limited
Merck Pharmaceuticals Limited
Merck Sharp & Dohme (Asia) Limited
Neich Medical Company Limited
New York Life Insurance Worldwide Limited
Novartis Pharmaceuticals (HK) Limited
Onwel Garment Holdings Limited
Pacific Foundation Securities Limited
Pacific Textiles Limited
Pfizer Corporation Hong Kong Limited
Philips Electronics HK Limited
Princess Margaret Hospital
Rotary Club of Kwai Chung, Hong Kong
Sanofi Synthelabo HK Limited
Servier Hong Kong Limited
Servier International Beijing
St. Jude Medical (HK) Limited
Takeda Chemical Industries (Taiwan), Limited
Tam, Au and Company
The Bank of East Asia, Limited
The Wing On Department Stores
(Hong Kong) Limited
Tomson Group Limited
Tung Wah Eastern Hospital
Tung Wah Hospital
Union Hospital
Vita Green Health Products Company Limited
Wei Lun Foundation Limited
醫療輔助隊
Dr. Chan Kam Tim
Ms. Chan Wai Ngor
Mr. Cheng Sian Chun
Mr. Choi Pui Choy
Mr. Francis Cheung
Mr. Peter K. L. Chu
Mr. David Fang
Dr. Fang Oi Sze, Elsie
Mr. Eric Fok
Ms. Fong Yee Man, Kitty
Ms. Fung Po Yin, Pauline
Mr. Ho Iu Kwong
Ms. Ko Tze Ha, Salina
郭桂卿女士
Mr. Sam O. H. Lam
Mr. Lam Timothy Junior
Prof. Lau Chu Pak
Mr. Francis Lau
Mr. Daniel Lee
Mr. Lee Kam Chee
Ms. Lannie Lee
Mr. Lim Kheng Chiap, Steven
Mr. Gregory Lo
Mr. Lo Hung Cheuk, Kenneth
Mr. Lo Man Chun
Mr. Steven Luk
Mr. Sian Ng
Ms. Nip Oi Yin, Annie
Dr. Patrick Pau
Ms. Sit Ka Yin, Nancy
Ms. Tang Siu Wai
Mr. Ting Woo Shou, Kenneth
Dr. Peter C. Y. Wong
Mr. & Mrs. Wong Kin Chat
Ms. Monica Wong
Mr. Wilson Wu
Ms. Cecilia Yan
Ms. Yup Sau Wah, Lisa