



20th
ANNIVERSARY

Host Organization



Hong Kong College of Cardiology

11th Asian Preventive Cardiology & Cardiac Rehabilitation Conference

30 October – 1 November 2026 | Hong Kong Convention and Exhibition Centre



First Announcement

Deadline for Abstract Submission:

31 July 2026

Early Bird Registration Deadline:

30 Sep 2026

**Sustainable Cardiovascular Health:
Personalized Integration of
Lifestyle, Technological and
Environmental Interventions**



For up-to-date information,
please visit our website at:

<http://www.apccrc.com>

Supporting Organizations



Welcome Message

Co-Chairmen, Executive Committee

Dr. Ngai-Yin Chan
Prof. Leonard Sheung-Wai Li

Honorary Advisory Board

Dr. Kam-Tim Chan
Dr. Chung-Seung Chiang
Dr. Patrick Tak-Him Ko
Prof. Chu-Pak Lau
Dr. Suet-Ting Lau
Dr. Yuk-Kong Lau
Dr. Godwin Tat-Chi Leung
Dr. Shu-Kin Li
Dr. Chris Kwok-Yiu Wong
Prof. Cheuk-Man Yu

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Dr. Sunny Chun-Fung Tsang
Prof. Kai-Hang Yiu
Dr. Yuen-Fung Yiu
Prof. Doris Yu

On behalf of the Executive Committee, we are delighted to extend our warmest welcome to you to the **11th Asian Preventive Cardiology & Cardiac Rehabilitation Conference (APCCRC)** which will be held from **30 October to 1 November 2026** at the Hong Kong Convention and Exhibition Centre.

Our Conference this year carries special significance as we shall celebrate the **20th Anniversary of APCCRC**. Over the past two decades, APCCRC has grown into a respected regional professional platform where clinicians, researchers, and allied health professionals gather to exchange knowledge, share experiences, and advance the practice of cardiovascular prevention and rehabilitation across Asia. We shall recollect, reflect and revamp our Conference! Notably we shall introduce the new Expert Roundtable Sessions featuring controversial issues, the Sports Cardiology Symposium, Exercise Prescription Certificate Course for General Practitioners and the long-awaited CPET Workshop to our Conference!

We all recognize that lasting heart health requires more than acute care. Achieving sustainable cardiovascular health is an enormous challenge globally. This year, with the theme of **“Sustainable Cardiovascular Health: Personalized Integration of Lifestyle, Technological and Environmental Interventions”**, APCCRC 2026 will explore how personalized strategies supported by various scientific evidence, technologies and environmental interventions can help us move towards enduring cardiovascular wellness. We will have distinguished faculty from Asia and beyond leading a dynamic three-day program covering the latest advancement, therapeutic innovations, and ongoing debates in cardiovascular prevention and cardiac rehabilitation. Dedicated sessions on heart health education will be organized for the public to increase public awareness and promote healthy lifestyle.

We are honored to host you at this biennial conference, both deeply educational and collaborative as we unite in the global battle against cardiovascular diseases. We look forward to meeting you this October at APCCRC 2026 in the vibrant Hong Kong!



Dr. Ngai-Yin Chan
Co-Chairman, Executive Committee
11th Asian Preventive Cardiology and
Cardiac Rehabilitation Conference



Prof. Leonard Sheung-Wai Li
Co-Chairman, Executive Committee
11th Asian Preventive Cardiology and
Cardiac Rehabilitation Conference

Faculty

Keynote Speakers



Prof. Ana Abreu

President, European Association of Preventive Cardiology



Dr. Eugene Yang

Chair of Section Steering Committee, American College of Cardiology

Representatives from Singapore Heart Foundation



Dr. Violet Hoon

Tan Tock Seng Hospital



Dr. Swee-Yaw Tan

National Heart Centre

Representatives from The Japanese Association of Cardiac Rehabilitation



Prof. Takeo Fujino

Kyushu University Hospital



Dr. Masashi Takeuchi

Tohoku University Hospital

International Faculty



Dr. Dion Candelaria

The University of Sydney (Australia)



Dr. Ssu-Yuan Chen

Fu Jen Catholic University Hospital (Chinese Taipei)



Dr. Hung-Jui Chuang

National Taiwan University Hospital (Chinese Taipei)



Dr. Lucky R Cuenza

Cardinal Santos Medical Center (The Philippines)



Dr. Visal Kantaratanakul

Samitivej Srinakarin Hospital (Thailand)



Dr. Shou-Ling Mi

Zhongshan Hospital, Fudan University (China)



Dr. Abdul Halim Raynaldo

University of Sumatera Utara (Indonesia)



Dr. Mohamad Yatim Saari

Hospital Serdang (Malaysia)



Prof. Nabila Soomro

Institute of Physical Medicine and Rehabilitation (Pakistan)

The list is arranged in surname alphabetical order and updated as of 5 May 2026

Program Highlights

- Joint Symposia with International Societies in Cardiac Rehabilitation and Preventive Cardiology
- Hong Kong Heart Foundation Symposium
- Expert Roundtable Sessions
- Exercise and Sports Cardiology Symposium
- Exercise Prescription Certificate Course for General Practitioners
- Theme-based Symposia
- Workshops for Nurses and Allied Health Professionals
- Abstract and Poster Presentations
- Heart Health Program for Public and Patient Empowerment Sessions

Call for Abstracts

Participants are cordially invited to submit abstracts for oral or poster presentations.

Please submit your abstracts online via the Conference website.

- **Deadline for Abstract Submission: 31 July 2026**
- Notification of acceptance will be sent to presenters by email by 21 August 2026
- All presenters must register by the end of September 2026. Your abstracts will be considered withdrawn and deleted from the programme if you fail to do so
- Please read the guidelines in the Conference website

Best Paper Awards, Best Poster Award and Oral Abstract Presentation Award

All abstract submitters will be considered for the Best Paper Awards, Best Poster Award and Oral Abstract Presentation Award. Details of different awards are as follows:

1. Two Best Paper Awards: Abstracts accepted for oral presentations will be shortlisted for competing for the Dr. Chu-Pak Lau Best Paper Award in Preventive Cardiology and Dr. Suet-Ting Lau Best Paper Award in Cardiac Rehabilitation. Each award winner will be given a certificate and cash prize of HK\$3,000.
2. Best Poster Award: A cash prize of HK\$2,000 and a certificate will be awarded to the top poster. A moderated poster presentation session will be arranged during the Conference.
3. Oral Abstract Presentation Award: A certificate will be awarded to the top abstract presented during the Oral Abstract Presentation session.

Registration

The early bird registration deadline is on **30 September 2026**. We cordially invite delegates to register earlier to enjoy the early bird rates! For more registration details, please kindly visit our Conference website.

Conference Information

Accreditation (CME/CNE/CPD)

Accreditation will be applied and announced on the Conference website.

Certificate of Attendance

A Certificate of Attendance will be issued to all participants by email after the Conference.

Official Language

The official language of the Conference is English.

Acknowledgement

AstraZeneca Hong Kong Ltd

Boehringer Ingelheim (Hong Kong) Ltd

Bristol Myers Squibb

Daiichi Sankyo Hong Kong Ltd

Edwards Lifesciences Hong Kong Ltd

GlaxoSmithKline Ltd

Medison Pharma Hong Kong Ltd

Merck Pharmaceutical (Hong Kong) Ltd

Merck Sharp & Dohme (Asia) Ltd

Organon Hong Kong Ltd

Otsuka Pharmaceutical (H.K.) Ltd

Pfizer Corporation HK Ltd

Prism Technologies Ltd

Roche Diagnostics (Hong Kong) Ltd

Sanofi Hong Kong Ltd

Servier Hong Kong Ltd

More to be announced