8th Asian Preventive Cardiology & Cardiac Rehabilitation Conference
28 - 29 November 2020

Cardiovascular Disease Management and Cardiac Rehabilitation in the Era of COVID-19 Pandemic

Final Announcement

Important Date
Deadline for Registration:
27 November 2020

For up-to-date information, please visit our website at:
http://www.apccrc.com
On behalf of the Hong Kong College of Cardiology, it gives us great pleasure to extend our warmest welcome to you all in joining the 8th Asian Preventive Cardiology and Cardiac Rehabilitation Conference (APCCRC) which will be held in a FULLY VIRTUAL format as scheduled on 28-29 November 2020.

Cardiovascular disease, together with the control of its various risk factors, is a global challenge. It is associated with significant morbidity, mortality and economic loss. It is thus one of the goals of public health to reduce the incidence and prevalence, and manage the problems of cardiovascular disease in different parts of the world, including Asia.

We are proud to see that the conference has become a well-known professional platform for colleagues working or interested in the field of preventive cardiology and cardiac rehabilitation from Hong Kong and different parts of Asia to learn and to share research findings, experience and views. The unprecedented challenge from the COVID-19 pandemic is huge but yet has motivated us to be more innovative in professional education. We are going to present a high-quality and comprehensive program in preventive cardiology and cardiac rehabilitation via a virtual platform. The theme of the upcoming APCCRC is “Cardiovascular Disease Management and Cardiac Rehabilitation in the Era of COVID-19 Pandemic”.

A group of dedicated experts will be gathered to present a 2-day programme which covers a wide spectrum of topics of interest, latest advancement and controversies in cardiovascular prevention, rehabilitation and management. Riding on the success of the previous conferences, this year we will also organize joint sessions with overseas professional associations to share experience among different countries and exchange ideas in preventive cardiology and cardiac rehabilitation. A public conference will be held at the same time to educate patients, their carers and the general public to enhance awareness on cardiovascular disease and improve the attitude and behaviour of them in self-management.

We sincerely invite you to join us in this very educational biennial conference and collaborate in the global action in reducing the burden of cardiovascular diseases.
International Faculty

Prof. Sherry GRACE
Professor, Faculty of Health, York University, Canada
Immediate Past Chair, International Council of Cardiovascular Prevention and Rehabilitation (ICPR)

Prof. Stefan ANKER
Department of Cardiology, Charité Campus Virchow-Klinikum, Germany

Dr. Ssu-Yuan CHEN
Division of Physical Medicine & Rehabilitation, Fu Jen Catholic University Hospital, Taiwan

Prof. Martin COWIE
National Heart and Lung Institute, Imperial College London, United Kingdom

Prof. Lan GUO
Guangdong Cardiovascular Institute, Guangdong Central Hospital, China

Dr. Visal KANTARATANAKUL
Rehabilitation Medicine, Samitivej Srinakarin Hospital, Thailand

Prof. Jong-Young LEE
Division of Cardiology, Kangbuk Samsung Hospital, Korea

Prof. So-Ryoung LEE
Department of Cardiology, Seoul National University Hospital, Korea

Dr. Ting-Ting LOW
Department of Cardiology, National University Heart Centre, Singapore

Keynote Speaker
Prof. Salim VIRANI
Professor of Medicine, Baylor College of Medicine, United States
Chair, Prevention of Cardiovascular Disease Council, American College of Cardiology

Prof. Shigeru MAKITA
Department of Cardiac Rehabilitation, Saitama Medical University International Medical Center, Japan

Prof. Mario MARZILLI
Division of Cardiovascular Medicine, University of Pisa, Italy

Dr. Mohamad Yatim SAARI
Department of Rehabilitation Medicine, Hospital Serdang, Malaysia

Prof. Jack Wei-Chieh TAN
Department of Cardiology, National Heart Centre, Singapore

Dr. Swee-Yaw TAN
Department of Cardiology, National Heart Centre, Singapore

Dr. Farzaneh TORKAN
Physical and Rehabilitation Medicine Department, Shefa Research Center, Iran

Dr. Tee-Joo YEO
Department of Cardiology, National University Heart Centre, Singapore

Local Faculty

Ms. Andrea Kiu-Wing CHAN
Dr. Ngai-Yin CHAN
Mr. Kai-Lun CHEUNG
Mr. Dennis FUNG
Prof. Alice Pik-Shan KONG
Prof. Alex Pui-Wai LEE
Ms. Nora LEUNG
Dr. Cho-Shan LI

Prof. Leonard Sheung-Wai LI
Mr. Samson LI
Dr. Gary MAK
Prof. David SIU
Prof. Cheuk-Chun SZETO
Dr. Ka-Lam WONG
Prof. Cheuk-Man YU

(as of 6 November 2020)
### ROOM 1

#### 28 November 2020 (Saturday)

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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| 09:30-11:30   | **Symposium 1**  
Cardiac Rehabilitation in Heart Failure Symposium  
Invasive Hemodynamic Exercise Assessment in Heart Failure with Preserved Ejection Fraction  
Cardiac Rehabilitation in Heart Failure  
Model of Pulmonary Rehabilitation for Chronic Heart Failure  
Adaptation of Cardiac Rehabilitation in Hong Kong Amidst the COVID-19 Outbreak | Dr. Ssu-Yuan CHEN (Taiwan)  
Prof. Shigeru MAKITA (Japan)  
Dr. Mohamad Yatim SAARI (Malaysia)  
Prof. Leonard Sheung-Wai LI (Hong Kong) |
| 11:30-12:00   | **Break / Exhibition / e-Poster Presentation**                                             |
| 12:00-12:45   | **Symposium 2**  
Hong Kong Heart Foundation Symposium  
How Do We Assess, Personalize, Reclassify and Communicate Atherosclerotic Cardiovascular Risk? | Prof. Salim VIRANI (United States) |
| 13:00-14:00   | **Lunchtime Symposium**  
Renal Outcome of NOAC: An Asian Perspective | Prof. Alex Pui-Wai LEE (Hong Kong) |
| 14:00-14:15   | **Opening Ceremony**                                                                       |
| 14:15-16:20   | **Symposium 3**  
Heart Failure Symposium  
Contemporary Holistic Care for Heart Failure Patients: From Drugs to Rehabilitation  
SGLT2 Inhibitor for Patients with Heart Failure and Reduced Ejection Fraction  
Heart Failure: From Prevention to Treatment through SGLT2 Inhibition  
Managing Hyponatremia in Advanced Heart Failure  
Emerging Data in Heart Failure: Are We Doing Enough for Our Patients? | Dr. Ngai-Yin CHAN (Hong Kong)  
Prof. Stefan ANKER (Germany)  
Prof. Cheuk-Man YU (Hong Kong)  
Prof. Cheuk-Chun SZETO (Hong Kong)  
Prof. Martin COWIE (United Kingdom) |
| 16:20-16:30   | **Break / Exhibition / e-Poster Presentation**                                             |
| 16:30-17:30   | **Symposium 4**  
Hypertension and AF Symposium  
AF Management with Anticoagulation in the Era of COVID-19 Pandemic  
In Case You Have Missed It: What Is Happening Lately in Renal Denervation? | Prof. So-Ryoung LEE (Korea)  
Dr. Cho-Shan LI (Hong Kong) |

#### ROOM 2

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<tr>
<th>Time</th>
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<tr>
<td>09:00-10:30</td>
<td><strong>Oral Abstract Presentation</strong></td>
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<td>10:30-11:00</td>
<td><strong>Break / Exhibition / e-Poster Presentation</strong></td>
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<td>11:00-12:30</td>
<td><strong>Best Abstract Presentation</strong></td>
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<td>12:30-14:00</td>
<td><strong>Lunch Break / Exhibition / e-Poster Presentation</strong></td>
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| 14:00-15:30   | **Cardiac Rehabilitation & COVID-19 “Virtual Reality” Session: Workshop for Allied Healthcare Providers**  
Eating for a Healthy Heart  
Nutritional Approaches to Promote Heart and Vascular Health (Mediterranean/Plant Based Diets/Intermittent Fasting)  
Health Break - Stretches  
Overview of the Impact of COVID-19 on Cardiac Rehabilitation in Asia  
Health Break - Get Active | Ms. Andrea CHAN (Hong Kong)  
Mr. Kai-Lun CHEUNG (Hong Kong)  
Speaker (To be announced)  
Mr. Kai-Lun CHEUNG (Hong Kong) |
| 15:30-16:00   | **Break / Exhibition / e-Poster Presentation**                                             |

*The programme is at Hong Kong Time *

*Hong Kong time is eight (8) hours ahead of Greenwich Mean Time (GMT+8)*
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<th>Time</th>
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<th>Room 2</th>
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<tr>
<td>09:00-11:00</td>
<td>Symposium 5: Cardiac Rehabilitation &amp; COVID-19 Symposium</td>
<td>ICCPR's Global Cardiac Rehabilitation Program Survey on COVID Impacts</td>
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<td>Cardiac Rehabilitation in Japan during COVID-19 Epidemic</td>
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<td>Cardiac Considerations for Return to Sports Amidst COVID-19</td>
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<td>Cardiovascular, Pulmonary and Neuromuscular Involvement in COVID-19</td>
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<td>Break / Exhibition / e-Poster Presentation</td>
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<td>11:30-12:30</td>
<td>Symposium 6: Lipid Symposium</td>
<td>Is Atherosclerosis an Inflammatory or a Cholesterol Disorder?</td>
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<td>Current Lipid-lowering Therapy Landscape Review and the APSC Consensus Statement</td>
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<td>14:00-15:30</td>
<td>Symposium 7: e-Cardiac Rehabilitation Symposium</td>
<td>Tele-cardiac Rehabilitation Medicine: A New Frontier or a False Dawn</td>
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<td>Cardiac Rehabilitation Using Wearables</td>
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<td>Mobile App for High-risk Patients</td>
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<td>16:00-17:30</td>
<td>Symposium 8: Cardiovascular Risk Factors Symposium</td>
<td>Current Understanding on Mental Stress-induced Myocardial Ischaemia</td>
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<td>Management of People with Diabetes and Cardiovascular Diseases – What’s New?</td>
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<td>Diagnostic and Therapeutic Considerations to Tailor Treatments for Angina Patients</td>
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<td>17:30-17:40</td>
<td>Closing Remarks</td>
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<td>Lunch Break / Exhibition / e-Poster Presentation</td>
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<td>14:00-15:30</td>
<td>Cardiac Rehabilitation &amp; COVID-19 “Virtual Reality” Session: Workshop for Allied Healthcare Providers</td>
<td>How to Exercise Safely in an Increasingly Challenging Climate/ Pandemic Environment?</td>
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<td>Health Break - Stretches</td>
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<td>Special Patient Group (I):</td>
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<td>Cardiac Rehabilitation in Patients with Heart Failure</td>
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<td>Health Break - Stay Active</td>
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<td>Special Patient Group (II):</td>
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<td>Coronary Heart Disease in Women; Y Does X Make a Difference?</td>
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<td>Health Break - Relaxation (Mental Imagery)</td>
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<td>COVID-19 Pandemic: We Connected!</td>
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The programme is subject to change without prior notice.
Public Lecture Programme

Please register ONLINE for FREE via the Conference website.
Deadline of Registration: 27 November 2020

Remarks: Registrations are subject to acceptance on a “first-come-first-served” basis. The Hong Kong College of Cardiology reserves the right to decline any registrations. The decision of the Hong Kong College of Cardiology shall be final and conclusive.

Cancellation Policy
Cancellation of your registration should be made in writing to the Conference Secretariat.

Data Processing Consent
By registering, you agree that:
• The Hong Kong College of Cardiology and its affiliates or third parties shall have the rights to assist them in processing my personal data for the purpose of providing scientific education, services and other relevant communication.
• The Hong Kong College of Cardiology and its entities are permitted to collect, store and use personal data (as defined in the personal data (privacy) ordinance) as provided in the registration form for the purpose of or in connection with the virtual conference.

Please refer to the Conference website for registration rules and regulations.
Conference Information

Certificate of Attendance
A Certificate of Attendance will be issued to all participants by email after the Conference.

Official Language
The official language of the Conference is English.

Virtual Exhibition
Virtual Exhibition will be launched during the Conference period.

Supporting Organizations

Contact Us

APCCRC 2020 Conference Secretariat
c/o International Conference Consultants Ltd
Office Address: Unit C-D, 17/F, Max Share Centre, 373 King’s Road, North Point, Hong Kong
Tel: (852) 2559 9973      Fax: (852) 2547 9528
Email: info@apccrc.com (general enquiries)
       reg@apccrc.com (registration enquiries)
Program Highlights

- Best Abstract Presentation
- Cardiac Rehabilitation & COVID-19 Symposium
- Cardiac Rehabilitation & COVID-19 “Virtual Reality” Session: Workshop for Allied Healthcare Providers
- Cardiac Rehabilitation in Heart Failure Symposium
- Cardiovascular Risk Factors Symposium
- e-Cardiac Rehabilitation Symposium
- Heart Failure Symposium
- Hong Kong Heart Foundation Symposium
- Hypertension and AF Symposium
- Lipid Symposium
- Lunchtime Symposium
- Online Poster
- Oral Abstract Presentation
- Public Lecture
- Virtual Exhibition

Acknowledgment

Abbott Medical (Hong Kong) Ltd.
Amgen Hong Kong Ltd.
AstraZeneca Hong Kong Ltd.
Biosensors Interventional Technologies Pte. Ltd.
Boehringer Ingelheim (Hong Kong) Ltd.
Boston Scientific Hong Kong Ltd.
Daiichi Sankyo Hong Kong Ltd.
Hong Kong Heart Foundation Ltd.
Medtronic Hong Kong Medical Ltd.
Mekim Ltd. and Terumo Corporation
Merck Pharmaceutical (Hong Kong) Ltd.
Novartis Pharmaceuticals (HK) Ltd.
Otsuka Pharmaceutical (Hong Kong) Ltd.
Sanofi Hong Kong Ltd.
Servier Hong Kong Ltd.
Zuellig Pharma Ltd.

Accreditation (CME/CNE/CPD)

Accreditation will be applied and announced later on the Conference website.

If undelivered, please return to Hong Kong College of Cardiology
Room 1116, 11/F, Bank of America Tower, 12 Harcourt Road, Central, Hong Kong