



8th Asian Preventive Cardiology & Cardiac Rehabilitation Conference

28 - 29 November 2020

Cardiovascular Disease Management and Cardiac Rehabilitation in the Era of COVID-19 Pandemic

Final Announcement



**VIRTUAL
CONFERENCE**

Exclusive offer
for 2020
**FREE
ONLINE ACCESS
TO THE
CONFERENCE!**

Host Organization



香港心臟專科學院
Hong Kong College of Cardiology

Important Date

Deadline for Registration:
27 November 2020

Programme endorsed by:



**AMERICAN
COLLEGE of
CARDIOLOGY**



For up-to-date information, please visit our website at:
<http://www.apccrc.com>



Welcome Message

On behalf of the Hong Kong College of Cardiology, it gives us great pleasure to extend our warmest welcome to you all in joining the 8th Asian Preventive Cardiology and Cardiac Rehabilitation Conference (APCCRC) which will be held in a **FULLY VIRTUAL** format as scheduled on 28-29 November 2020.

Cardiovascular disease, together with the control of its various risk factors, is a global challenge. It is associated with significant morbidity, mortality and economic loss. It is thus one of the goals of public health to reduce the incidence and prevalence, and manage the problems of cardiovascular disease in different parts of the world, including Asia.

We are proud to see that the conference has become a well-known professional platform for colleagues working or interested in the field of preventive cardiology and cardiac rehabilitation from Hong Kong and different parts of Asia to learn and to share research findings, experience and views. The unprecedented challenge from the COVID-19 pandemic is huge but yet has motivated us to be more innovative in professional education. We are going to present a high-quality and comprehensive program in preventive cardiology and cardiac rehabilitation via a virtual platform. The theme of the upcoming APCCRC is **"Cardiovascular Disease Management and Cardiac Rehabilitation in the Era of COVID-19 Pandemic"**.

A group of dedicated experts will be gathered to present a 2-day programme which covers a wide spectrum of topics of interest, latest advancement and controversies in cardiovascular prevention, rehabilitation and management. Riding on the success of the previous conferences, this year we will also organize joint sessions with overseas professional associations to share experience among different countries and exchange ideas in preventive cardiology and cardiac rehabilitation. A public conference will be held at the same time to educate patients, their carers and the general public to enhance awareness on cardiovascular disease and improve the attitude and behaviour of them in self-management.

We sincerely invite you to join us in this very educational biennial conference and collaborate in the global action in reducing the burden of cardiovascular diseases.



Dr. Ngai-Yin CHAN

Co-Chairman, Executive Committee
President, Hong Kong College of
Cardiology



Prof. Leonard Sheung-Wai LI

Co-Chairman, Executive Committee

Co-Chairmen,

Executive Committee:

Dr. CHAN Ngai-Yin
Prof. LI Sheung-Wai, Leonard

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Dr. WONG Kwok-Yiu, Chris
Prof. YU Cheuk-Man

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Dr. LI Ying-Wah, Andrew
Ms. LIU Kit-Han
Dr. SHEA Pui-Gi, Catherine
Dr. TSANG Chun-Fung, Sunny



International Faculty

Keynote Speaker

Prof. Salim VIRANI

*Professor of Medicine, Baylor College of Medicine, United States
Chair, Prevention of Cardiovascular Disease Council, American College of Cardiology*

Prof. Stefan ANKER

Department of Cardiology, Charité Campus Virchow-Klinikum, Germany

Dr. Ssu-Yuan CHEN

Division of Physical Medicine & Rehabilitation, Fu Jen Catholic University Hospital, Taiwan

Prof. Martin COWIE

National Heart and Lung Institute, Imperial College London, United Kingdom

Prof. Lan GUO

Guangdong Cardiovascular Institute, Guangdong Central Hospital, China

Dr. Visal KANTARATANAKUL

Rehabilitation Medicine, Samitivej Srinakarin Hospital, Thailand

Prof. Jong-Young LEE

Division of Cardiology, Kangbuk Samsung Hospital, Korea

Prof. So-Ryoung LEE

Department of Cardiology, Seoul National University Hospital, Korea

Dr. Ting-Ting LOW

Department of Cardiology, National University Heart Centre, Singapore

Prof. Sherry GRACE

*Professor, Faculty of Health, York University, Canada
Immediate Past Chair, International Council of Cardiovascular Prevention and Rehabilitation (ICCPR)*

Prof. Shigeru MAKITA

Department of Cardiac Rehabilitation, Saitama Medical University International Medical Center, Japan

Prof. Mario MARZILLI

Division of Cardiovascular Medicine, University of Pisa, Italy

Dr. Mohamad Yatim SAARI

Department of Rehabilitation Medicine, Hospital Serdang, Malaysia

Prof. Jack Wei-Chieh TAN

Department of Cardiology, National Heart Centre, Singapore

Dr. Swee-Yaw TAN

Department of Cardiology, National Heart Centre, Singapore

Dr. Farzaneh TORKAN

Physical and Rehabilitation Medicine Department, Shefa Research Center, Iran

Dr. Tee-Joo YEO

Department of Cardiology, National University Heart Centre, Singapore

Local Faculty

Ms. Andrea Kiu-Wing CHAN

Dr. Ngai-Yin CHAN

Mr. Kai-Lun CHEUNG

Mr. Dennis FUNG

Prof. Alice Pik-Shan KONG

Prof. Alex Pui-Wai LEE

Ms. Nora LEUNG

Dr. Cho-Shan LI

Prof. Leonard Sheung-Wai LI

Mr. Samson LI

Dr. Gary MAK

Prof. David SIU

Prof. Cheuk-Chun SZETO

Dr. Ka-Lam WONG

Prof. Cheuk-Man YU

(as of 6 November 2020)



28 November 2020 (Saturday)

ROOM 1

09:30-11:30	Symposium 1 Cardiac Rehabilitation in Heart Failure Symposium	
	Invasive Hemodynamic Exercise Assessment in Heart Failure with Preserved Ejection Fraction	Dr. Ssu-Yuan CHEN (Taiwan)
	Cardiac Rehabilitation in Heart Failure	Prof. Shigeru MAKITA (Japan)
	Model of Pulmonary Rehabilitation for Chronic Heart Failure	Dr. Mohamad Yatim SAARI (Malaysia)
	Adaptation of Cardiac Rehabilitation in Hong Kong Amidst the COVID-19 Outbreak	Prof. Leonard Sheung-Wai LI (Hong Kong)
11:30-12:00	Break / Exhibition / e-Poster Presentation	
12:00-12:45	Symposium 2 Hong Kong Heart Foundation Symposium	
	How Do We Assess, Personalize, Reclassify and Communicate Atherosclerotic Cardiovascular Risk?	Prof. Salim VIRANI (United States)
13:00-14:00	Lunchtime Symposium	
	Renal Outcome of NOAC: An Asian Perspective	Prof. Alex Pui-Wai LEE (Hong Kong)
14:00-14:15	Opening Ceremony	
14:15-16:20	Symposium 3 Heart Failure Symposium	
	Contemporary Holistic Care for Heart Failure Patients: From Drugs to Rehabilitation	Dr. Ngai-Yin CHAN (Hong Kong)
	SGLT2 Inhibitor for Patients with Heart Failure and Reduced Ejection Fraction	Prof. Stefan ANKER (Germany)
	Heart Failure: From Prevention to Treatment through SGLT2 Inhibition	Prof. Cheuk-Man YU (Hong Kong)
	Managing Hyponatremia in Advanced Heart Failure	Prof. Cheuk-Chun SZETO (Hong Kong)
	Emerging Data in Heart Failure: Are We Doing Enough for Our Patients?	Prof. Martin COWIE (United Kingdom)
16:20-16:30	Break / Exhibition / e-Poster Presentation	
16:30-17:30	Symposium 4 Hypertension and AF Symposium	
	AF Management with Anticoagulation in the Era of COVID-19 Pandemic	Prof. So-Ryoung LEE (Korea)
	In Case You Have Missed It: What Is Happening Lately in Renal Denervation?	Dr. Cho-Shan LI (Hong Kong)

ROOM 2

09:00-10:30	Oral Abstract Presentation	
10:30-11:00	Break / Exhibition / e-Poster Presentation	
11:00-12:30	Best Abstract Presentation	
12:30-14:00	Lunch Break / Exhibition / e-Poster Presentation	
14:00-15:30	Cardiac Rehabilitation & COVID-19 "Virtual Reality" Session: Workshop for Allied Healthcare Providers	
	Eating for A Healthy Heart	Ms. Andrea CHAN (Hong Kong)
	Nutritional Approaches to Promote Heart and Vascular Health (Mediterranean/Plant Based Diets/Intermittent Fasting)	
	Health Break - Stretches	Mr. Kai-Lun CHEUNG (Hong Kong)
	Overview of the Impact of COVID-19 on Cardiac Rehabilitation in Asia	Speaker (To be announced)
	Health Break - Get Active	Mr. Kai-Lun CHEUNG (Hong Kong)
15:30-16:00	Break / Exhibition / e-Poster Presentation	

The programme is at Hong Kong Time *

* Hong Kong time is eight (8) hours ahead of Greenwich Mean Time (GMT+8)

16:00-17:30	Cardiac Rehabilitation & COVID-19 “Virtual Reality” Session: Workshop for Allied Healthcare Providers	
	How Technologies Break the Communication Gap? (I): Gadgets/Wearing Devices	<i>Prof. David SIU (Hong Kong)</i>
	Health Break - Have You Laughed Yet Today?	<i>Speaker (To be announced)</i>
	How Technologies Break the Communication Gap? (II)	<i>Mr. Dennis FUNG and Mr. Samson LI (Hong Kong)</i>

Sunday, 29 November 2020

ROOM 1

09:00-11:00	Symposium 5 Cardiac Rehabilitation & COVID-19 Symposium	
	ICCPR's Global Cardiac Rehabilitation Program Survey on COVID Impacts	<i>Prof. Sherry GRACE (Canada)</i>
	Cardiac Rehabilitation in Japan during COVID-19 Epidemic	<i>Prof. Shigeru MAKITA (Japan)</i>
	Cardiac Considerations for Return to Sports Amidst COVID-19	<i>Dr. Tee-Joo YEO (Singapore)</i>
	Cardiovascular, Pulmonary and Neuromuscular Involvement in COVID-19 and its Management	<i>Dr. Farzaneh TORKAN (Iran)</i>
11:00-11:30	Break / Exhibition / e-Poster Presentation	
11:30-12:30	Symposium 6 Lipid Symposium	
	Is Atherosclerosis an Inflammatory or a Cholesterol Disorder?	<i>Prof. Salim VIRANI (United States)</i>
	Current Lipid-lowering Therapy Landscape Review and the APSC Consensus Statement	<i>Prof. Jack Wei-Chieh TAN (Singapore)</i>
12:30-14:00	Lunch Break / Exhibition / e-Poster Presentation	
14:00-15:30	Symposium 7 e-Cardiac Rehabilitation Symposium	
	Tele-cardiac Rehabilitation Medicine: A New Frontier or a False Dawn	<i>Dr. Swee-Yaw TAN (Singapore)</i>
	Cardiac Rehabilitation Using Wearables	<i>Prof. Jong-Young LEE (Korea)</i>
	Mobile App for High-risk Patients	<i>Dr. Visal KANTARATANAKUL (Thailand)</i>
15:30-16:00	Break / Exhibition / e-Poster Presentation	
16:00-17:30	Symposium 8 Cardiovascular Risk Factors Symposium	
	Current Understanding on Mental Stress-induced Myocardial Ischaemia	<i>Prof. Lan GUO (China)</i>
	Management of People with Diabetes and Cardiovascular Diseases – What's New?	<i>Prof. Alice Pik-Shan KONG (Hong Kong)</i>
	Diagnostic and Therapeutic Considerations to Tailor Treatments for Angina Patients	<i>Prof. Mario MARZILLI (Italy)</i>
17:30-17:40	Closing Remarks	

ROOM 2

12:30-14:00	Lunch Break / Exhibition / e-Poster Presentation	
14:00-15:30	Cardiac Rehabilitation & COVID-19 “Virtual Reality” Session: Workshop for Allied Healthcare Providers	
	How to Exercise Safely in an Increasingly Challenging Climate/ Pandemic Environment?	<i>Dr. Gary MAK (Hong Kong)</i>
	Health Break - Stretches	<i>Speaker (To be announced)</i>
	Special Patient Group (I): Cardiac Rehabilitation in Patients with Heart Failure	<i>Dr. Ka-Lam WONG (Hong Kong)</i>
	Health Break - Stay Active	<i>Speaker (To be announced)</i>
15:30-16:00	Break / Exhibition / e-Poster Presentation	
16:00-17:15	Cardiac Rehabilitation & COVID-19 “Virtual Reality” Session: Workshop for Allied Healthcare Providers	
	Special Patient Group (II): Coronary Heart Disease in Women; Y Does X Make a Difference?	<i>Dr. Ting-Ting LOW (Singapore)</i>
	Health Break - Relaxation (Mental Imagery)	<i>Ms. Nora LEUNG (Hong Kong)</i>
	COVID-19 Pandemic: We Connected!	<i>Dr. Tee-Joo YEO (Singapore)</i>

公眾研討會 Public Lecture Programme

日期及時間: 2020年11月29日上午9時30分至上午11時30分

免費線上直播

對象: 心臟病患者及其家屬

登記詳情:

請登入以下網址或致電(852) 2361 2838進行登記:

<https://forms.gle/8YiaDAXQ3qrLAMZPA>



公眾研討會 — 網上登記二維碼

09:30	開幕典禮	李常威醫生
09:35 – 10:30	新冠肺炎: 心臟病患者是高危一族?	曾振峯醫生 (伊利沙伯醫院內科副顧問醫生)
		余佩芝醫生 (瑪麗醫院心臟科副顧問醫生)
10:30 – 11:30	運動抗疫護身心	曾振峯醫生 (伊利沙伯醫院內科副顧問醫生)
		余佩芝醫生 (瑪麗醫院心臟科副顧問醫生)
	起動! 齊運動	張秀儀小姐 (香港復康會適健中心一級物理治療師)

* The official language of Public Lecture is Cantonese and separate registration is required.

Registration

Please register ONLINE for FREE via the Conference website.

Deadline of Registration: 27 November 2020

Remarks: Registrations are subject to acceptance on a "first-come-first-served" basis.

The Hong Kong College of Cardiology reserves the right to decline any registrations.

The decision of the Hong Kong College of Cardiology shall be final and conclusive.

Cancellation Policy

Cancellation of your registration should be made in writing to the Conference Secretariat.

Data Processing Consent

By registering, you agree that:

- The Hong Kong College of Cardiology and its affiliates or third parties shall have the rights to assist them in processing my personal data for the purpose of providing scientific education, services and other relevant communication.
- The Hong Kong College of Cardiology and its entities are permitted to collect, store and use personal data (as defined in the personal data (privacy) ordinance) as provided in the registration form for the purpose of or in connection with the virtual conference.

Please refer to the Conference website for registration rules and regulations.



Conference Registration
QR Code

Conference Information

Certificate of Attendance

A Certificate of Attendance will be issued to all participants by email after the Conference.

Official Language

The official language of the Conference is English.

Virtual Exhibition

Virtual Exhibition will be launched during the Conference period.

Supporting Organizations



Asian Pacific Society of Cardiology



關心您的心
Care For Your Heart



香港大學行為健康教研中心
Centre on Behavioral Health, HKU



香港護理學院
College of Nursing Hong Kong



衛生署
Department of Health



Grantham Hospital



Hong Kong Association
of Rehabilitation Medicine



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Nursing Ltd.



HONG KONG DIETITIAN ASSOCIATION



Hong Kong Heart Foundation Limited



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International Council of
Cardiovascular Prevention
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香港大學李嘉誠醫學院



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香港復康會
The Hong Kong Society
for Rehabilitation



(as of 6 November 2020)

Contact Us

APCCRC 2020 Conference Secretariat

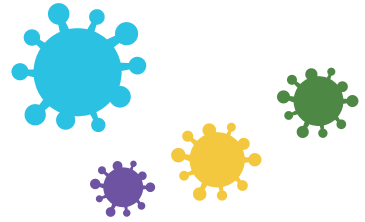
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Email: info@apccrc.com (general enquiries)

reg@apccrc.com (registration enquiries)



Program Highlights

- Best Abstract Presentation
- Cardiac Rehabilitation & COVID-19 Symposium
- Cardiac Rehabilitation & COVID-19 “Virtual Reality” Session: Workshop for Allied Healthcare Providers
- Cardiac Rehabilitation in Heart Failure Symposium
- Cardiovascular Risk Factors Symposium
- e-Cardiac Rehabilitation Symposium
- Heart Failure Symposium
- Hong Kong Heart Foundation Symposium
- Hypertension and AF Symposium
- Lipid Symposium
- Lunchtime Symposium
- Online Poster
- Oral Abstract Presentation
- Public Lecture
- Virtual Exhibition

Acknowledgment

Abbott Medical (Hong Kong) Ltd.
Amgen Hong Kong Ltd.
AstraZeneca Hong Kong Ltd.
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Accreditation (CME/CNE/CPD)

Accreditation will be applied and announced later on the Conference website.