# Annual Report 2014-2015

## Table of Contents

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Report Summary</strong></td>
<td>3</td>
</tr>
<tr>
<td><strong>Report on Scientific Activities</strong></td>
<td>4</td>
</tr>
<tr>
<td>♦ Heart Rhythm Refresher Course 2014-2015</td>
<td></td>
</tr>
<tr>
<td>♦ 5th Asian Preventive Cardiology &amp; Cardiac Rehabilitation Conference Cum 9th Certificate Course in Cardiac Rehabilitation (APCCRC), 6-9 November 2014</td>
<td></td>
</tr>
<tr>
<td>♦ Cardiovascular Interventional Summit Hong Kong, 22-23 November 2014</td>
<td></td>
</tr>
<tr>
<td>♦ CardioRhythm 2015, 30 January – 1 February 2015</td>
<td></td>
</tr>
<tr>
<td>♦ Hong Kong Cardiac MRI Teaching Course and Workshop</td>
<td></td>
</tr>
<tr>
<td></td>
<td>(includes mentored cases for SCMR Level I), 28-29 March 2015</td>
</tr>
<tr>
<td>♦ 17th South China International Congress of Cardiology, 10-12 April 2015</td>
<td></td>
</tr>
<tr>
<td>♦ 23rd Annual Scientific Congress, 29-31 May 2015</td>
<td></td>
</tr>
<tr>
<td>♦ Local Scientific Programmes 2014-2015</td>
<td></td>
</tr>
<tr>
<td><strong>Report on Community Activities</strong></td>
<td>18</td>
</tr>
<tr>
<td>♦ World Heart Day 2015 (世界心臟日)</td>
<td></td>
</tr>
<tr>
<td>♦ Jump Rope for Heart Program (JRFH) (跳繩強心) 2014-2015</td>
<td></td>
</tr>
<tr>
<td>♦ The Jockey Club ‘Heart-safe School’ Project (JCHSS) (賽馬會「安心校園」計劃)</td>
<td></td>
</tr>
<tr>
<td>♦ Institute for Heart Health Promotion Ltd. (IHHP) (心臟健康促進會)</td>
<td></td>
</tr>
<tr>
<td><strong>Report on Committees and Working Groups</strong></td>
<td>24</td>
</tr>
<tr>
<td>♦ Hong Kong Heart Foundation Cardiology Training Fellowship Programme</td>
<td></td>
</tr>
<tr>
<td>♦ Journal of the Hong Kong College of Cardiology</td>
<td></td>
</tr>
<tr>
<td>♦ General Affairs and Public Relations Committee</td>
<td></td>
</tr>
<tr>
<td>♦ Allied Cardiovascular Health Professional Committee</td>
<td></td>
</tr>
<tr>
<td>♦ Newsletter</td>
<td></td>
</tr>
<tr>
<td>♦ Paediatric Cardiology Chapter</td>
<td></td>
</tr>
<tr>
<td>♦ Echocardiography Chapter</td>
<td></td>
</tr>
<tr>
<td>♦ Working Group on Cardiac Computed Tomography</td>
<td></td>
</tr>
<tr>
<td>♦ Preventive Cardiology and Cardiac Rehabilitation Working Group</td>
<td></td>
</tr>
<tr>
<td><strong>Report on College Affairs</strong></td>
<td>30</td>
</tr>
<tr>
<td>♦ Membership</td>
<td></td>
</tr>
<tr>
<td>♦ Sponsorship for Attendance of Overseas Scientific Conferences</td>
<td></td>
</tr>
<tr>
<td>♦ College Representatives on Other Institutions</td>
<td></td>
</tr>
<tr>
<td>♦ College Secretariat</td>
<td></td>
</tr>
<tr>
<td><strong>Reports of the Directors, Report of the Auditors and Financial Statements</strong></td>
<td>33</td>
</tr>
</tbody>
</table>
Report Summary

Since its foundation in 1992, the Hong Kong College of Cardiology has been continuing its mission to promote the advancement of cardiovascular medicine and public benefit through scientific, professional, educational activities and international communication and cooperation. Its ultimate goal is to promote awareness of heart health to Hong Kong people, and to develop and maintain good practice of cardiovascular medicine by ensuring the highest professional standards of competence and ethical integrity.

Heart Rhythm Refresher Courses were held regularly to enable qualified cardiologists to refresh and keep up to date with current management of cardiac arrhythmias. The 5th Asian Preventive Cardiology & Cardiac Rehabilitation Conference Cum 9th Certificate Course in Cardiac Rehabilitation was successfully held on 6-9 November 2014. It provided an excellent opportunity for sharing experience on practical issues of preventive cardiology and cardiac rehabilitation in Hong Kong. The Cardiovascular Interventional Summit 2014 was held on 22-23 November 2014 at Regal Kowloon Hotel, it was organized by the Hong Kong College of Cardiology and the Guangdong Society of Interventional Cardiology, co-organized by the Shenzhen College of Cardiovascular Physicians and the Macau Cardiology Association. It was one of the main local and international intervention meetings of 2014. The CardioRhythm 2015, co-organized by the Hong Kong College of Cardiology and the Chinese Society of Pacing and Electrophysiology was held on 30 January -1 February 2015. It provided an excellent opportunity for participants to remain abreast of the latest developments in the field of heart rhythm management. The Hong Kong Cardiac MRI Teaching Course and Workshop was successfully held on 28-29 March 2015 at St. Teresa's Hospital. The workshop was co-organized by the Hong Kong College of Cardiology (HKCC) and the Hong Kong College of Radiologists (HKCR), endorsed by the Society of Cardiovascular Magnetic Resonance. The 17th South China International Congress of Cardiology (SCC) was held on 10-12 April 2015 at Guangzhou Baiyun International Convention Center, Guangzhou, China. Over 20 HKCC members and spouses joined the delegation of Hong Kong College of Cardiology. The 23rd Annual Scientific Congress of the College was held on 29-31 May 2015. It was an excellent occasion to acquaint with cutting-edge knowledge in cardiology and to look ahead to future advances and breakthroughs. The Scientific Meetings of Echo Chapter were held on 13 December 2014 and 25 April 2015, there were organized by the College for the purpose of teaching on the use of echocardiography in the diagnosis and management of cardiac patients, and for sharing of advance knowledge and skill of echocardiography. The Scientific Meetings of Paediatric Cardiology Chapter were held on 23 September 2014, 23 March 2015 and 29 May 2015 and the Paediatric Cardiology Symposium was held on 15 November 2014, they were organized by the College to promote the advancement of knowledge and science of paediatric cardiology.

Throughout the year, the College has also organized a number of local scientific programmes. Apart from the scientific programmes, the College is also actively involved in community projects to promote cardiovascular health. The Jump Rope for Heart Program continues its recruitment of school children for promotion of heart health through rope skipping. A number of projects for promotion and study of heart health in the community were also launched. The World Heart Day Carnival and Global Embrace which is scheduled on 15 November 2015, the yearly climax of our heart health promotion to the general public. In order to develop all schools in Hong Kong into “heart-safe” premises through installation of an automated external defibrillator (AED) and to instill in their students the awareness of maintaining a healthy lifestyle throughout life, “Heart-safe School Project” will continue to train school personnel the use of AED with CPR in Phase III.

Regarding the training of local cardiology trainees, the College continues its involvement in the Hong Kong Heart Foundation Cardiology Training Fellowship Programme, which provides support for local cardiology trainees to undergo training in world renowned overseas centers.

The diversified and calendar-full activities organized by the College would not be successfully held without the dedication and active participation of its members, support of friends and the contribution of leading practitioners and academics both locally and abroad. The Council would like to take this opportunity to express its gratitude to them and will pledge to continue its mission in the years to come.

Dr. LAU Suet Ting
Hon. Secretary
Hong Kong College of Cardiology
Heart Rhythm Refresher Course 2014-2015

With great response in previous modules, two modules of Heart Rhythm Refresher Course were held on 3 August 2014 and 14 June 2015 respectively.

Heart Rhythm Refresher Course Module 2 in 2014
Course Co-directors: Dr. CHAN Ngai Yin, Dr. LAU Chu Pak and Dr. PUN Chiu On
Co-organized by the Hong Kong College of Cardiology and the Hong Kong Interhospital Network of Pacing and Cardiac Electrophysiology (HKINPACE)
3 August 2014 Shanghai Room, Langham Place, 555 Shanghai Street, Mongkok
Theme: Heart Failure and CRT
Chaired by: Dr. CHAN Ngai Yin and Dr. LAU Chu Pak
Speakers: a) Dr. LEUNG Tat Chi, Godwin
            Up-to-date Clinical Evaluation for Heart Failure Patients
b) Dr. Elaine CHAU
            Pharmacological Treatment for Chronic Heart Failure
c) Dr. Elaine CHAU
            Management in Patients with Acute Decompensated Heart Failure
d) Dr. Katherine FAN
            Non-pharmacological Treatment for Heart Failure
e) Dr. Katherine FAN
            Is my Patient a Candidate For Heart Transplant?
f) Dr. LAU Chu Pak
            Selection of CRT Responders-Clinical, Electrocardiographic and Echocardiographic Determinants
g) Prof. YU Cheuk Man
            Implantation Tools and Techniques for CRT Device Implantation
h) Prof. YU Cheuk Man
            Echocardiography for Heart Failure and CRT
i) Dr. LAU Chu Pak
            How to Maximize CRT Response?
j) Dr. CHAN Kit, Jacky
            Novel Device Functions for CRT Optimization and Heart Failure Monitoring

Heart Rhythm Refresher Course Module 1 in 2015
Course Co-directors: Dr. CHAN Ngai Yin and Dr. LAU Chu Pak
Organized by the Hong Kong College of Cardiology
14 June 2015 Shantung Room II, Level 8, Langham Place, 555 Shanghai Street, Mongkok
Theme: Drugs, Devices and Catheter Ablation for Atrial Fibrillation
Chaired by: Dr. SIU Chung Wah, David and Dr. LAU Chu Pak
Speakers: a) Dr. SIU Chung Wah, David
            Epidemiology of AF in Hong Kong- Are we Different ?
b) Dr. CHAN Wai Kwong, Andy
            Highlights of AF Management Guidelines
c) Dr. Jojo HAI
   Shall we Control the Rate or Maintain SR for AF in 2015?

d) Dr. YUEN Ho Chuen
   Pulmonary Vein Isolation for AF – RF or Cryo?

e) Dr. FUNG Wing Hong
   Catheter Ablation for Persistent AF

f) Dr. CHENG Yik Hon, Marc
   Use of Antiarrhythmic Drugs for AF – Who, What and How?

g) Dr. CHAN Kit, Jacky
   Detection and Monitoring of AF by CIED

h) Dr. LAU Chu Pak
   Treatment of AF by Pacing Therapy – Is there Anything Else Beyond AVN Ablation ?

i) Dr. WONG Bun Lap, Bernard
   Stroke Prevention by Oral Anticoagulant- Who, What and How?

j) Dr. CHAN Leung Kwai, Jason
   Stroke Prevention by Left Atrial Appendage Occlusion
The 5th Asian Preventive Cardiology & Cardiac Rehabilitation Conference Cum 9th Certificate Course in Cardiac Rehabilitation (APCCRC) was successfully held in the Hong Kong Convention and Exhibition Centre on 6-9 November 2014. The central theme of the Conference was "Innovations to fill the Gaps of Prevention". Experts from Asia and other parts of the world joined together and shared their experience in various aspects of preventive cardiology and cardiac rehabilitation.

The Honorary Advisory Board included Dr. CHENG Chun Ho, Dr. CHIANG Chung Seung, Dr. KO Tak Him, Patrick, Prof. LAU Chu Pak, Dr. LAU Suet Ting, Dr. LEUNG Kei Pui, Dr. PUN Chiu On, Dr. TSE Tak Fu, Dr. WONG Kwok Yiu, Chris and Prof. YU Cheuk Man.

The Executive Committee Co-Chairmen were Dr. CHAN Ngai Yin and Dr. LI Sheung Wai, Leonard.

The Executive Committee members were Dr. CHAN Wing Sze, Carmen, Mr. CHENG Tak Lai, Dick, Dr. CHEONG Yan Yue, Adrian, Dr. CHOI Man Chun, Dr. CHOW Siu Lun, Eddie, Dr. CHOY Chi Chung, Dr. KWAN Wing Shan, Iris, Dr. KWONG Shu Keung, Dr. LEUNG Kai Chi, Dr. LEUNG Wai Suen, Albert, Ms. NG Yuk Man.

Renowned specialists, Dr. Abraham Samuel BABU, Dr. CAO Peng Yu, Prof. CHEN Ssu Yuan, Dr. Mohammad FALLAH, Dr. John FOREYT, Dr. GAO Wei, Prof. GUO Lan, Dr. Sandeep GUPTA, Prof. David HARE, Prof. HU Da Yi, Dr. Visal KANTARNATANAKUL, Prof. Yutaka KIMURA, Dr. Asuka KURIBARA, Dr. Jong Young LEE, Dr. LIU Sui Xin, Dr. Jimmy LIM, Dr. C Noel Bairey MERZ, Dr. Misa MIURA, Dr. Stephen NICHOLLS, Dr. Neiko OZASA, Dr. Mohamed Yatim SAARI and Dr. Farzaneh TORKAN presented their experiences and expert review at the Conference. Local faculties consist of cardiologists, physiotherapists, occupational therapists, psychologists and dietitian shared their experience and knowledge with colleagues from other parts of the world.

The conference was fully supported by the following organizations:

1. Asian Pacific Society of Cardiology
2. Cardiac Rehabilitation & Resource Centre of Tung Wah Eastern Hospital
3. Care for Your Heart
4. Chinese Association of Rehabilitation Medicine
5. Centre on Behavioral Health
6. Department of Health, Hong Kong SAR
The main highlight of the conference was the Hong Kong Heart Foundation Lecture, presented by Dr. C. Noel Bairey MERZ from Cedars-Sinai Medical Center, USA. The topic was “Women and Heart Disease - Detection, Evaluation and Management”. Two joint sessions with Japanese Association of Cardiac Rehabilitation and Chinese Society of Cardiovascular Rehabilitation were held focusing on "Heart Failure and Hypertension", and "Opportunities and Challenges of Cardiac Rehabilitation in China” respectively.

Concurrently, the Jump Rope for Heart Public Conference was conducted in Chinese for the local public to enhance the knowledge and skills in self-management of patients and their carers.

In addition, the 9th Cardiac Rehabilitation Certificate Course emphasized on practical and behavioral issues were conducted to provide training for healthcare workers who were involved in the cardiac rehabilitation programs.
The Opening Ceremony in the afternoon of 8 November 2014 was officiated by Dr. Constance CHAN, Director, Department of Health, HKSAR. Other Officiating Guests included Mr. LIANG Cheung Biu, Thomas, Chairman of the Executive Board of the Hong Kong Heart Foundation, Dr. CHAN Kam Tim, President of Hong Kong College of Cardiology and Executive Committee Members of the APCCRC 2014.

Six abstracts were accepted for best abstract presentation and results as follows:

**Chu-pak LAU Best Paper Award in Preventive Cardiology**
Protective effect of coffee against coronary atherosclerosis in periodontitis rat model
Dr. Ida SUSILAWATI, Biomedic Department, Dentistry Faculty, University of Jember, Indonesia

**Suet-ting LAU Best Paper Award in Cardiac Rehabilitation**
Effects of cardiac rehabilitation on the occurrence of complications among patients with myocardial infarction
Dr. WANG Chao Min, Department of Physical Medicine and Rehabilitation, Keelung Hospital, Ministry of Health and Welfare, Keelung City, Taiwan

The result of National Best Paper Award and Best Poster Award as follows:

**National Best Paper Award**
Efficacy of Phase II Cardiac Rehabilitation on Exercise Capacity and Renal Function in Patients with Cardio-renal Syndromes
Dr. Etsushi KYUNO, Showa University Fujigaoka Rehabilitation Hospital, Japan

**Best Poster Award**
1) The use of group cognitive behavioral treatment for patients undergoing cardiac rehabilitation: a pilot study
   Dr. Isaac CY KWOK
   • Department of Clinical Psychology, Tung Wah Eastern Hospital, Hong Kong
   • Department of Clinical Psychology, Pamela Youde Nethersole Eastern Hospital, Hong Kong

2) Cardiopulmonary exercise test is useful for the optimization of CRT parameters
   Dr. Mikimasa IMAI, Kyoto Prefectural University Of Medicine, Japan
Cardiovascular Interventional Summit Hong Kong

22-23 November 2014
Regal Kowloon Hotel, Tsim Sha Tsui, Hong Kong

The Cardiovascular Interventional Summit 2014 was held on 22-23 November 2014 at the Regal Kowloon Hotel, Tsim Sha Tsui, Hong Kong. The Summit was organized by Hong Kong College of Cardiology and Guangdong Society of Interventional Cardiology; co-organized by Shenzhen College of Cardiovascular Physicians and Macau Cardiology Association. It was supported by Hong Kong Cardiac Nursing Association, Hong Kong Public Hospital Cardiologists Association Ltd. and Hong Kong Society of Transcatheter Endo-cardiovascular Therapeutics. The number of participants had exceeded 500 this year.

The Chairmen were Prof. GAO Run Lin, Prof. GE Jun Bo, Prof. HUO Yong, Prof. LIN Shu Guang and Dr. WONG Kwok Yiu, Chris.

The Honorary Chairmen were Dr. CHENG Chun Ho, Dr. CHIANG Chung Seung, Prof. HUANG De Jia, Dr. KO Tak Him, Patrick, Prof. LAU Chu Pak, Dr. PUN Chiu On and Dr. TSE Tak Fu.

The Organizing Committee members were Dr. CHAN Kam Tim, Dr. CHEN Ji Yan, Prof. DU Zhi Min, Dr. Mario EVORA, Prof. GE Lei, Prof. GUO Wei, Dr. JIN Chun, Dr. LAM U Po, Dr. LI Shu Kin, Prof. LIU Qiang, Prof. LUO Jian Fang, Prof. XU Bo and Prof. YANG Jian An.

The Scientific Programme Committee members were Dr. CHAN Chi Kin, William, Dr. CHAN Ka Chun, Dr. CHAN Leung Kwai, Dr. CHAN Pak Hei, Prof. CHEN Shao Liang, Prof. CHEN Yun Dai, Dr. JIM Man Hong, Dr. LAM Cheung Chi, Dr. LEUNG Tat Chi, Dr. TSUI Kin Lam, Dr. TSUI Ping Tim and Prof. YAN Ping Yen.

The Opening Ceremony in the afternoon of 22 November 2014 was honoured with the presence of Dr. CHAN Kam Tim, Dr. CHEN Ji Yan, Dr. CHIANG Chung Seung, Prof. DU Zhi Min, Dr. Mario EVORA, Prof. GE Jun Bo, Dr. LEE Kang Yin, Michael, Dr. LI Shu Kin, Prof. LIU Qiang, Dr. LUO Jian Fang, Dr. TSUI Kin Lam. Dr. CHAN Pak Hei, Michael was the Master of the Ceremony.

A major highlight of CIS 2014 was “Hong Kong Heart Foundation: PCI Case Competition”. This was a good opportunity to recognize the efforts of our colleagues, and to stimulate further discussions about their interesting cases or related topics. Cases were presented at the Summit and six winning cases were selected.

The winners were:
Dr. CHEONG Yan Yue, Adrian Piers, Alice Ho Miu Ling Nethersole Hospital
Dr. CHOW Hoi Fan, Danny, Princess Margaret Hospital
Dr. LUK Ngai Hong, Vincent, Queen Elizabeth Hospital
Dr. KO Kwok-Chun, Jason, Kwong Wah Hospital
Dr. KOK Ying Lung, Henry, Tuen Mun Hospital
Dr. TAN Guang Ming, Prince of Wales Hospital
CardioRhythm 2015, 30 January – 1 February 2015

30 January - 1 February 2015
Hong Kong Convention and Exhibition Centre, Hong Kong

This was the fifth time that the Hong Kong College of Cardiology (HKCC) and the Chinese Society of Pacing and Electrophysiology (CSPE) joined hands again to host CardioRhythm 2015. It was successfully held on 30 January to 1 February 2015 at the Hong Kong Convention and Exhibition Centre.

The Honorary Presidents were Dr. CHENG Chun Ho, Dr. CHIANG Chung Seung, Dr. KO Tak Him, Patrick, Dr. PUN Chiu On, Dr. TSE Tak Fu, Prof. WANG Fang Zheng and Dr. WONG Kwok Yiu, Chris.

The Co-Chairmen from HKCC were Prof. TSE Hung Fat and Prof. LAU Chu Pak; from CSPE were Prof. HUANG Cong Xin and Prof. ZHANG Shu.

The Organizing Committee Chairs were Dr. CHAN Kam Tim and Prof. HUANG De Jia.

The Secretary General were Dr. JIANG Hong and Dr. LEE Lai Fun, Kathy.

The Honorary Treasurer was Dr. LI Shu Kin.

The Scientific Committee Chairs were Dr. CAO Ke Jiang, Dr. CHAN Ngai Yin, Dr. HUA Wei, Dr. SIU Chung Wah, David, Dr. WU Shu Lin and Prof. YU Cheuk Man.

The Abstract Review Committee Chairs were Dr. SIU Chung Wah, David, Dr. YANG Jie Fu and Dr. YIU Kai Hang.

The Public Education Chair was Dr. MOK Ngai Shing.

The Director for Case Demonstration was Dr. LAM Tse Fun, Cathy.

There were over 1,200 participants from 32 countries/regions in the conference. With over 270 faculty members from both local and overseas, a high-level conference with 89 sessions of plenary lectures, allied professionals sessions, workshops, video cases presentation as well as free paper sessions focusing in Electrophysiology, Cardiac Pacing, Devices, Atrial Fibrillation, Ablation, Heart Failure, Sudden Death, Arrhythmia Management, Syncope, Bradycardia Pacing and Tachycardia Therapy Device were developed and presented. Some of these were presented as joint symposia with Hong Kong Medical Association, Hong Kong Doctors Union, The Society of Physicians of Hong Kong and The Hong Kong College of Anaesthesiologists.

Supported by unrestricted grant from Hong Kong Heart Foundation & Wei Lun Foundation Ltd., symposium related to Sudden Cardiac Death was held on 30 January 2015. We were pleasured to have Mr. Thomas LIANG, Chairman of Hong Kong Heart Foundation and Wei Lun Foundation Limited, to present the souvenir to our invited overseas speakers at the opening of the Symposium.

Also, we were honored to have Dr. KO Wing Man, Secretary for Food and Health, HKSAR to be our Guest of Honor at the opening ceremony on 31 January 2015. The Sun Chieh Yeh Heart Foundation Lecture was delivered after the opening ceremony. It was presented by Prof. Gregory LIP from United Kingdom and the topic was “Stroke and bleeding risks in atrial fibrillation: What can we learn from registries?”
Social functions were also organized. The CSPE dinner was held on 30 January 2015 at Golden Bauhinia Cantonese Restaurant; and Gala Dinner, supported by Meetings & Exhibitions Hong Kong (MEHK), a division of Hong Kong Tourism Board (HKTB), was held on 31 January 2015 at Jumbo Kingdom. Over 250 faculty and guests attended. During the dinner, there were prize presentations for Best Abstract Award and CSPE Best Abstract Award, and souvenirs were also presented to supporting parties.

**Winners of Best Paper Award were:**
1. Community screening for atrial fibrillation in a Chinese population using a smartphone-based wireless single-lead ECG
   Ngai-Yin CHAN, Chi-Chung CHOY
   Princess Margaret Hospital, Hong Kong

2. Comparisons of CHADS2 and CHA2DS2-VASc scores for stroke risk stratification in Asian patients with atrial fibrillation
   Tze-Fan CHAO, Chia-Jen LIU, Chern-En CHIANG, Shih-Ann CHEN
   Department of Medicine, Taipei Veterans General Hospital, Taiwan

3. Robotic navigation system versus manual pulmonary vein isolation: a novel ablation annotation algorithm
   Antonio Dello RUSSO, Giulia VETTOR, Michela CASELLA, Gaetano Michele Fassini Sergio CONTI, Giuseppe Del GIORNO, Laura CIPOLLETTA, Eleonora RUSSO, Stefania RIVA, Massimo MOLTRASIO, Benedetta MAJOCCHI, Claudio TONDO
   Cardiac Arrhythmia Research Center, Centro Cardiologico Monzino, Italy

**Winners of CSPE Best Abstract Award were:**
1. Epicardial adipose tissue is associated with frequent premature ventricular complexes
   Shiwen YU, Zhenyu JIAO, Ying TIAN, Liang SHI, Xingpeng LIU
   Heart Center, Beijing Chaoyang Hospital, China

2. Pulmonary vein anatomy is associated with balloon cryo kinetics during cryoballoon ablation for atrial fibrillation
   Xiongbiao CHEN, Pihua FANG, Zheng LIU, Shu ZHANG
   Department of Cardiac Arrhythmia, State Key Laboratory of Cardiovascular Disease, Fuwai Hospital, National Center for Cardiovascular Diseases, Chinese Academy of Medical Sciences and Peking Union Medical College, China

3. Left atrial volume index predicts the thromboembolic risk in patients with atrial fibrillation and low CHA2DS2-VASc scores (≤2)
   Shu-yuan QI, Ying TIAN, Liang SHI, Yan-jiang WANG, Xian-dong YIN, Xiao-qing LIU, Zhen-yu JIAO, Xin-chun YANG, Xing-peng LIU
   Heart Center, Beijing Chao-Yang Hospital, Capital Medical University, China

Tailor-made webpage and editorials were arranged. Press conference regarding Atrial Fibrillation and Drug was held on 1 February 2015, and a number of news clippings were shown at local newspaper and internet. Besides, public lecture was also held on 1 February 2015.

Lastly, the Conference would not have been so successfully held without the contributions and active participation of our fellows, colleagues, distinguished and extensive panel of overseas and local experts. The organizing committee would like to express our sincere thanks to them. We look forward to holding the next CardioRhythm in 2017.
Hong Kong Cardiac MRI Teaching Course and Workshop

(includes mentored cases for SCMR Level I), 28-29 March 2015

St. Teresa’s Hospital

Co-organized by the Hong Kong College of Cardiology (HKCC) and the Hong Kong College of Radiologists (HKCR), endorsed by the Society of Cardiovascular Magnetic Resonance; and supported by St. Teresa’s Hospital, the Hong Kong Cardiac MRI Teaching Course and Workshop was successfully held at Conference Hall, 9/F, St. Teresa’s Hospital on 28-29 March 2015. The conference was well attended with nearly 160 participants and all felt they had benefited from the meeting.

The programme of the conference was as follows:

28 March 2015 (Saturday)

Session 1: Basic CMR Methods (Lecture)
Overview/introduction to CMR – Prof. Joseph SELVANAYAGAM
Basic MRI physics (I): Phase velocity encoding; contrast agent characteristic - Dr. NG Ming Yen
Basic MRI physics (II): Spin vs Gradient Echo sequences, Double inversion recovery – Mr. Lawrence YIP
Anatomy (“Bright” and/or “dark” blood methods) LV and RV function. Acquisition and analysis.* – Prof. Joseph SELVANAYAGAM
Late gadolinium imaging. Acquisition and analysis* – Prof. Joseph SELVANAYAGAM

Session 2: Clinical CMR Methods 1 (Lecture)
Late gadolinium imaging. Clinical and research applications – Prof. Joseph SELVANAYAGAM
How do I do MR angiography of great vessels? – Dr. Stephen CHEUNG
How do I do CMR in pericardial disease? – Dr. Suchi GROVER
CMR safety – Dr. Suchi GROVER

Siemens Luncheon Symposium (Includes live scanning from St. Teresa’s hospital)
Opening speech and Souvenir presentation – Dr. CHAN Kam Tim, Dr. LAW Chun Key and Dr. Hector MA

Session 3: Clinical CMR Methods 2 (Lecture)
Perfusion imaging/Dobutamine stress wall motion studies. Acquisition, analysis and applications. * – Prof. Joseph SELVANAYAGAM
How does CMR guide valvular intervention? – Dr. Li Ying Wah, Andrew

Session 4: Practical CMR: Ventricular Function (Workshop)
General post processing tools and analysis of CMR: How to guide** - Prof. Joseph SELVANAYAGAM
Case reading (approximately 10 cases) concentrating on normal and abnormal LV/RV function – Prof. Joseph SELVANAYAGAM
29 March 2015 (Sunday)

Session 5: Practical CMR: Valves/Masses (Workshop)
Review of 5 cases on CMR in LV Masses – Prof. Joseph SELVANAYAGAM
Review of 7 cases on CMR in valvular heart disease and diseases of the great vessels – Dr. Li Ying Wah, Andrew

Session 6: Practical CMR: Coronary Artery Disease (Workshop)
Review of 11 cases on CMR in Ischaemic heart disease (late enhancement cases, perfusion cases) – Prof. Joseph SELVANAYAGAM and Dr. Suchi GROVER

St. Jude Luncheon Symposium (MRI conditional devices) – Dr. Chan Wing Sze, Carmen and SJM Representative

Session 7: Clinical CMR Methods 3 (Lecture)
How do I do CMR in dilated and hypertrophic cardiomyopathy? – Dr. Suchi GROVER
Review of 8 cases on cardiomyopathy, myocarditis and pericardial disease – Dr. Suchi GROVER

Session 8: Practical CMR: Cardiomyopathy/ Congenital (Workshop)
How do I do CMR in Arrhythmogenic Right Ventricular Cardiomyopathy? – Prof. Joseph SELVANAYAGAM
Review of 3 cases on CMR in congenital heart diseases – Dr. Janice IP

Session 9: Practical CMR – Read with the Experts (Workshop)
Review of 6 cases or more – Dr. CHAN Hiu Lam, Ronnie and Dr. Janice IP

Closing remarks- Dr. WONG Kwok Yiu, Chris

*denote principles of analysis/acquisition
The 17th South China International Congress of Cardiology (SCC) was held from 10-12 April 2015 at Guangzhou Baiyun International Convention Centre, Guangzhou, China. The College has been one of the co-organizers and the aim of the Congress is to strengthen national and international academic exchange and up-to-date development in the field of cardiology. Renowned cardiologists from Europe, USA, Asia Pacific region, Mainland China, Hong Kong, Macau and China Taiwan presented their research findings and reviews on advances in cardiovascular treatment.

The Congress Chairmen of the meeting were Prof. LIN Shu Guang, Prof. ZHUANG Jian, Prof. HUANG Cong Xin, Prof. HUANG De Jia, Dr. CHAN Kam Tim and Prof. CHARNG Min Ji.

To continue the successful history of the past 16 Congresses, SCC had the honourable attendance by domestic and overseas cardiologists who gave lectures on advances in prevention of cardiovascular disease and basic research. To foster closer relationship and scientific exchange between Hong Kong and Mainland China, Hong Kong College of Cardiology had integrated its scientific sessions with the SCC main programme. Sessions including general cardiology, imaging, cardiac intervention and surgery, arrhythmia management, prevention and rehabilitation were held during the meeting. There were nearly 20 Hong Kong speakers and chairmen invited by HKCC and the whole congress was well attended by over 7,000 delegates mainly from mainland and Hong Kong.

Last but not least, we were very grateful that over 20 HKCC Members and spouses joined the delegation of Hong Kong College of Cardiology this year and the delegates were also invited to join the fellowship dinner held in the evening of 11 April 2015 at the China Club, Hilton Guangzhou Baiyun Hotel.
The 23rd Annual Scientific Congress of Hong Kong College of Cardiology was successfully held on 29-31 May 2015 at Sheraton Hong Kong Hotel & Towers. In addition to plenary lectures, the Joint Symposium between the Cross-straits Medicine Exchange Association and Hong Kong College of Cardiology was held. The GAP-CCBC Symposium was organized to include cardiologists from Mainland China, Taiwan, Hong Kong and Macau for sharing of expert opinions. For the first time, the Joint Symposium between the World Association of Chinese Cardiologists (WACC) and the Hong Kong College of Cardiology (HKCC) was held in the morning of 29 May 2015, it was an excellent platform for experience sharing amongst Chinese cardiologists around the World. The Hong Kong Heart Foundation Lecture held on 29 May was delivered by Dr. SIU Chung Wah, David and chaired by Dr. TSE Tak Fu. Dr. Chiu-on PUN Memorial Lecture was held on 30 May to commemorate Dr PUN's invaluable contributions, the memorial lecture was given by Prof. LAU Chu Pak and chaired by Dr. CHIANG Chung Seung.

The chairman of the organizing committee was Dr. CHIANG Chung Seung and the organizing committee members were Dr. CHAN Kam Tim, Dr. CHAN Hon Wah, Raymond, Dr. CHAN Ngai Yin, Dr. CHAN Wai Kwong, Dr. CHARNG Min Ji, Dr. CHAU Kai Tung, Adolphus, Prof. CHEN Hao Zhu, Prof. CHEN Ji Lin, Dr. CHEN Ji Yan, Prof. CHEN Ming Zhe, Dr. CHENG Cheung Wah, Boron, Dr. CHENG Chun Ho, Prof. DU Zhu Min, Dr. Mario EVORA, Prof. GAO Run Lin, Prof. GE Jun Bo, Prof. HAN Ya Ling, Dr. HO Kau Chung, Charles, Prof. HU Da Yi, Prof. HUO Yong, Dr. KO Tak Him, Patrick, Prof. LAU Chu Pak, Dr. LAU Suet Ting, Dr. LAU Yuk Kong, Dr. LEE Kang Yin, Dr. LEE Lai Fun, Kathy, Prof. LEE Wai Luen, Stephen, Dr. LEUNG Tat Chi, Godwin, Dr. LI Shu Kin, Prof. LIN Shu Guang, Dr. SIU Chung Wah, Dr. TAN Ning, Dr. TSE Tak Fu, Prof. WANG Fang Zheng, Prof. WANG Le Feng, Dr. WONG Kwok Chi, Dr. YIP Ka Fai, Dr. YU Cheuk Man. The co-chairmen of the scientific committee were Dr. CHIANG Chung Seung, Dr. CHARNG Min Ji, Dr. Mario EVORA, Prof. GAO Run Lin, Prof. GE Jun Bo, Prof. LIN Shu Guang and Prof. YANG Yue Jin.

The 3-day scientific programme provided an ideal forum for the cardiology profession to exchange their knowledge and experiences in the latest developments in cardiovascular medicine. Renowned cardiologists from Australia, Germany, Hong Kong, Korea, Macau, Mainland China, Spain, Sweden, Switzerland, Taiwan and United States were invited to present their valuable experiences to the audience. Total number of participants was 796, including 262 local doctors, 249 delegates from Mainland China, 217 allied health professionals and paramedical personnel, and 68 overseas delegates.

The Allied Cardiovascular Health Professionals Symposium of the 23rd Annual Scientific Congress was held on 30 May 2015. It was organized for the allied cardiovascular health professionals and the theme this year was “Management of Acute Cardiac Emergencies”. Dr. Arthur SY YUNG, shared his views on Management of Acute Myocardial Infarction. Dr. CHAN Wai Kwong, Andy presented Acute Management of Life Threatening Arrhythmias. Dr. CHENG Lik Cheung exchanged his experience on Management of Acute Aortic Dissection while CHOW Hoi Fan, Danny presented Management of Acute Pulmonary Embolism.
The Paediatric Cardiology Symposium was held on 30 May 2015. Guest speakers were: Dr. CHEN Hay Son, Robin, Dr. CHOW Pak Cheong, Dr. Benjamin Eidem, Dr. HUA Yi Min, Dr. LIU Fang, Dr. LIU Ting Liang, Dr. WANG Hui Shen and Dr. ZHANG Xu.

65 abstracts were selected for presentation, of which 54 were accepted for oral presentation, 11 were selected for poster presentation. Three abstracts were awarded the Best Paper Awards this year:

Dr. LEE Kang Yin, Michael
Queen Elizabeth Hospital
Comparison of Transcatheter Aortic Valve Implantation (TAVI) in extreme-risk and high-risk patients in the local Asian population

Dr. Randolph WONG
Prince of Wales Hospital
Current status of hybrid thoracic aortic intervention

Dr. YUNG Chi Yui
Ruttonjee and Tang Shiu Kin Hospitals
Effect of Continuous Positive Airway Pressure therapy on right ventricular function by speckle tracking in obstructive sleep apnea subjects

In the PCI Cases Discussion session held on 31 May 2015, the three Best PCI Case Award winners were:

Dr. Arthur CHAN
Tuen Mun Hospital
LAD CTO AND MORE

Dr. KO Kwok Chun, Jason
Kwong Wah Hospital
Normal Coronaries? Fatal STEMII!

Dr. TSANG Chun Fung, Sunny
Queen Elizabeth Hospital
First Clinical Case of Percutaneous Left Ventricular Assist Device (Impella) in High Risk PCI in Hong Kong
Local Scientific Programmes 2014-2015

The College Scientific Committee continues to organize and co-ordinate year-round scientific programmes in relation to cardiovascular medicine. These scientific functions have received accreditation from Academy Colleges for continuing medical education.

The major scientific symposia organized during 1 September 2014 – 31 August 2015 are listed as follows:

1. **Open a New World for your Advanced Heart Failure Patients**
   - **Date**: 9 December 2014
   - **Venue**: Real Ballroom, 2/F, Eaton, Hong Kong
   - **Speakers**:
     - a) Dr. FAN Yue Yan, Katherine
       - Advanced Heart Failure Overview and Treatment Options: HK Perspectives
     - b) Dr. Andrew James BOYLES
       - Is Ventricular Assist Device Therapy An Option For My Patients?
   - **Chairman**: Dr. SIU Chung Wah, David

2. **HKDU Sunday Afternoon Symposium**
   - **Date**: 18 January 2015
   - **Venue**: Lecture Hall, 8/F, Block G, Princess Margaret Hospital, Kwai Chung, NT
   - **Speakers**:
     - a) Dr. WU Kwok Leung
       - ECG in acute medical emergencies
     - b) Dr. LEE Pui Wai, Alex
       - Cardiac imaging updates for family doctors 2015
     - c) Dr. CHAU Mo Chee, Elaine
       - Management of heart failure for family doctors
     - d) Dr. CHEUNG Shing Him
       - What is structural heart intervention?

3. **Management of Hypertension in 2015**
   - **Date**: 18 April 2015
   - **Venue**: Junior Ballroom I-II, Level 3, Royal Plaza Hotel, 193 Prince Edward Road West, Kowloon, Hong Kong
   - **Speaker**: Dr. CHIANG Chung Seung
   - **Chairman**: Dr. CHENG Chun Ho

4. **Shift into a New Era of Anticoagulation Care**
   - **Date**: 31 July 2015
   - **Venue**: Salon 6, 3/F, JW Marriott Hotel, 88 Queensway, Hong Kong
   - **Speaker**:
     - a) Prof. Jeffrey WEITZ
       - Latest Updates in the Development of the First NOAC ANTI-DOTE: Insights from the REVERSE-AD Trial
     - b) Dr. SIU Chung Wah, David
       - Managing AF Patients with High-Risk of Bleeding on Oral Anticoagulants in Asia: Evidence from HK Registry
   - **Chairman**: Dr. CHAN Kam Tim

5. **Lipid therapy 2015 and beyond- low should we go?**
   - **Date**: 20 August 2015
   - **Venue**: Function Rooms 1-3, 3/F, The Mira, Tsim Sha Tsui
   - **Speaker**: Dr. LAU Yuk Kong
   - **Chairman**: Dr. CHAN Kam Tim and Dr. LI Shu Kin
Report on Community Activities

World Heart Day 2015 (世界心臟日)

Initiated by the World Heart Federation (WHF), World Heart Day has been fixed on 29 September every year and will be celebrated all over the world. This global programme aims to increase the awareness of the world population about prevention of heart disease, which is fast becoming the number one killer of the whole world. This year is the 15th Anniversary of World Heart Day in Hong Kong, and the College will continue to organize the World Heart Day Carnival 2015 which will be held on Sunday, 15 November 2015 with the theme “Healthy heart choices for everyone, everywhere 人人強心 處處護心”.

The Press Conference and the Kick-Off ceremony will be held in September 2015 and a series of activities will be held for the following months. Ten Public Heart Health Talks will be launched on 16, 30 August; 6, 13, 20 September; 11, 18, 25 October at the Central Library and Science Museum. Over 4,000 citizens are expected to join the Global Embrace and the Heart Health Carnival which will include game booths, stage shows with singers/artistes and jump rope performances on 15 November 2015 at the Happy Valley Hong Kong Jockey Club. Nearly 1,000 primary/secondary school students will compete in the World Heart Day Drawing Competition which will provide a golden opportunity for them to show off their creative talents. Booth Competition will be organized during carnival. Students of two medical societies from The University of Hong Kong and The Chinese University of Hong Kong have been invited to form two teams for the booth competition to promote heart health.

The Co-Chairmen of World Heart Day Steering Committee are Dr. CHAN Kam Tim and Dr. LI Shu Kin. Members included Dr. CHAN Chi Kin, William, Dr. CHENG Chun Ho, Dr. CHIANG Chung Seung, Dr. FONG Ping Ching, Dr. KO Tak Him, Patrick, Dr. LAU Chu Pak, Dr. LAU Suet Ting, Dr. LAU Yuk Kong, Dr. LEE Lai Fun, Kathy, Dr. LEUNG Tat Chi, Godwin, Dr. TSE Tak Fu and Dr. WONG Kwok Yiu, Chris.

The Finance Sub Committee chairlady is Dr. LEE Lai Fun, Kathy, members included Dr. CHAN Kam Tim, Dr. LI Shu Kin and Dr. TSE Tak Ming.

The Carnival Sub Committee chairpersons are Dr. LAU Suet Ting and Dr. FONG Ping Ching, members included Dr. CHAN Chi Kin, Hamish, Dr. CHAN Chi Kin, William, Dr. CHAN Chi Wo, Dr. CHAN Ka Chun, Dr. CHAN Kam Tim, Dr. CHAN Leung Kwai, Dr. CHAN Ngai Yin, Dr. CHAN Pak Hei, Dr. CHENG Chun Ho, Dr. CHEUNG Li Li, Dr. CHEUNG Ling Ling, Dr. FU Chiu Lai, Dr. HAI Siu Han, Jojo, Dr. HO Hung Kwong, Duncan, Dr. HO Kau Chung, Charles, Dr. KWAN Wing Shan, Iris, Dr. KWOK Miu Fong, Jennifer, Prof. LAM Yat Yim, Dr. LAU Yuk Kong, Dr. LAW Tin Chu, Dr. LEE Pui Yin, Dr. LEUNG Wai Suen, Albert, Dr. LI Shu Kin, Dr. LI Ying Wah, Dr. MOK Ngai Shing, Dr. NG Yu Kin, Kenneth, Dr. William NG, Dr. POON Kam Ha, Louisa, Dr. TAM Chi Ming, Dr. TAM Kin Ming, Dr. SIU Chung Wah, Dr. SO Yui Chi, Dr. TANG Yuen Wai, Dr. TSANG Chun Fung, Dr. TSE Tak Fu, Dr. TSUI Ping Tim, Dr. Thomas TUNGGAL, Dr. WONG Bun Lap, Bernard, Dr. WONG May Ling, Dora, Dr. WONG Tai Hung, John, Dr. WONG Wai Lun, Prof. YU Cheuk Man, Dr. YUE Chiu Sun, Sunny and Dr. YUNG Tak Cheung.

The Media and Promotion Sub Committee chairman is Dr. CHIANG Chung Seung, members included Dr. CHAN Ka Chun, Dr. CHAN Leung Kwai, Jason, Dr. CHAN Pak Hei, Michael, Dr. KWAN Wing Shan, Iris, Dr. KWOK Miu Fong, Jennifer, Dr. LAU Yuk Kong, Dr. SO Yui Chi, Dr. TSUI Kin Lam, Dr. TSUI Ping Tim, Prof. WOO Kam Sang and Dr. WONG Bun Lap, Bernard.
The TV Program Sub Committee chairmen are Dr. CHAN Kam Tim, Dr. KO Tak Him, Patrick and Dr. TSE Tak Fu, members included Dr. CHAN Chi Kin, William, Dr. CHENG Cheung Wah, Boron, Dr. CHIANG Chung Seung, Dr. LAU Suet Ting and Dr. WONG Kwok Yiu, Chris.

The Sponsorship Program Sub Committee chairmen are Dr. LAU Yuk Kong and Dr. LEUNG Tat Chi, Godwin, members included Dr. CHAN Leung Kwai, Dr. CHAN Wai Kwong, Dr. CHAU Kai Tung and Prof. WOO Kam Sang.

The Competition Sub Committee chairman is Dr. CHAN Chi Kin, William, members included Dr. CHAN Kam Tim, Ms. CHOI Mei Ling, Dr. FONG Ping Ching, Dr. HO Kau Chung, Charles, Mr. IP Ka Wai, Dr. KO Kwok Chun, Jason, Dr. LAU Suet Ting and Dr. Ng Yu Kin, Kenneth.
Jump Rope for Heart Program (JRFH) (跳繩強心) 2014-2015

The JRFH 2014-2015 was successfully held for the sixteenth year. Around 46,127 students from 91 primary schools, 20 secondary schools and 3 international schools (a total of 114 schools) participated in the program this year. Around 970,000 students from 607 schools have joined the program over the past sixteen years.

The annual JRFH Inter-school Rope Skipping Competition is the climax of the year, and it provides an occasion for students to show their talents and to exchange skills with others. This year, 46 primary and 19 secondary school teams participated in the competition on 11 & 12 July 2015 at Southorn Stadium. The competition was divided into 6 groups: 4 groups for primary schools (A1, A2, B1 & B2) and 2 groups for secondary schools (A & B).

School visits by expert teams were conducted in 33 schools in this academic year. Students were all amazed by the wonderful performance of our elite skippers and they showed great interest in learning rope skipping. 21 heart health talks, 2 anti-drug talks and 4 anti-drugs exhibitions (co-organized by JRFH & AMS) were conducted at JRFH participating schools in this academic year. Very positive feedback was received.

An elementary instructor certificate course was held on 7 December 2014 (Sunday) at TWGHs Sin Chu Wan Primary School to introduce the program to around 70 teachers and elite skippers to train them the skills and techniques of teaching rope skipping at schools.

Schools that have participated in JRFH for 2 years or more were invited to apply for the Jump Rope for Heart School Activity Subsidy Program 2014 to conduct heart health educational or promotional programs at schools. The JRFH Finance Committee approved granting HK$97,836 to 26 projects applied by 26 JRFH participating schools.

The JRFH Finance Committee agreed to share 50% of the actual subsidy, with the maximum of HK$70,000, with HKCC to support the “Creative Fruity Venture - Secondary Schools Fruit Promotion Project 2014/15” organized by the Department of Health.

The JRFH Finance Committee approved to grant HK$50,000 and HK$30,000 to support the World Heart Day 2014 and 5th Asian Preventive Cardiology & Cardiac Rehabilitation Conference cum 9th Certificate Course in Cardiac Rehabilitation respectively.

To support the Cycling for Health Marathon Challenge 2015 (held on 1 February 2015) organized by Vita Green Charitable Foundation, the JRFH secretariat sent out a letter to around 600 JRFH participating schools to encourage them to participate in this healthy and meaningful event. Moreover, 2 teams representing JRFH joined the corporate session.

The FISAC-IRSF World Rope Skipping Championships 2014 (WRSC 2014) was jointly organized by the Hong Kong College of Cardiology (HKCC) and the Hong Kong Rope Skipping Association, China (HKRSA). The event was successfully held in Hong Kong from 28 July to 4 August 2014. The Polytechnic University was the co-organizer and provided students quarters for accommodation and sports complex for warm-up area. The Hong Kong Jockey Club Charities Trust was the principal contributor which granted a HK$2.51 million donation to the event. The Home Affairs Bureau (HAB) and the Leisure & Cultural Services Department (LCSD) of the HKSAR Government and the Hong Kong Tourism Board were the major supporters.
Competitions of different categories were held at Hong Kong Coliseum and Macpherson Stadium. There were around 1,200 contestants from 21 countries participating in the Championships. The WRSC 2014 provided a platform for our local rope skipping athletes to compete with the world best, and we believe that further promotion and development of rope skipping will ultimately benefit the community at large. The Hong Kong Delegation was able to capture 28 gold, 30 silver and 34 bronze medals. Moreover, a total of four world records were broken by Team Hong Kong. To commend them for their tremendous effort and dedication, a celebration dinner was held on 21 August 2014 at New World Millennium Hotel.

The Asian Rope Skipping Championships 2015 will be held at Kuala Lumpur, Malaysia from 29 July to 3 August. The HKCC Council and the JRFH Finance Committee agreed to sponsor a total of HK$100,000 (equally shared by HKCC & JRFH) to support the Hong Kong Delegation (94 athletes, coaches and officials).
The Jockey Club ‘Heart-safe School’ Project (JCHSS) (賽馬會「安心校園」計劃)

The Jockey Club ‘Heart-safe School’ Project (JCHSS) has been approved on 28 May 2012. It aims to develop schools into heart-safe premises through raising schools’ awareness of sudden cardiac arrest and strengthening relevant precautionary measures. A set of Automated External Defibrillator (AED) will be installed in over 1000 secondary, primary and special schools in Hong Kong, with more than 10,000 school personnel trained in cardiopulmonary resuscitation (CPR) and the use of AED and heart-safe education support will be provided in the school years: 2012/13 (Phase I), 2013/14 (Phase II) and 2014/15 (Phase III).

Phase I: 2012-2013 School Year
A total of 312 schools joined the Phase I of JCHSS Project. The CPR and the use of AED training courses offered by St. John Ambulance started on 1 February 2013. The Phase I of JCHSS Project ended in August 2013 and all 312 schools have been site assessed. All completed AED installation and 3,161 school personnel were trained in CPR and the use of AED by the end of August 2013.

Phase II: 2013-2014 School Year
A total of 338 schools joined the Phase II of JCHSS Project. The CPR and the use of AED training courses started in December 2013. The Phase II of JCHSS Project ended in August 2014. A total of 3,610 school personnel from 338 schools completed the training courses offered by St. John Ambulance. All 338 schools completed the site assessment and AED installation.

At the same time, a total of 52 health educational talks were conducted from July 2013 to July 2014.

Phase III: 2014-2015 School Year
A total of 328 schools enrolled for the last Phase of JCHSS Project. After consideration by the Education Bureau and The Hong Kong Jockey Club Charities Trust, the boarding sections of special schools were considered eligible for the project. 23 boarding sections of special schools enrolled for the project. 328 schools in addition to 23 boarding sections of special schools applied for Phase III as of 24 June 2015. A total of 2,482 school personnel from 231 schools completed the training courses offered by St. John Ambulance. All 351 schools completed the site assessment and 153 schools were installed the AED as of 24 June 2015.

As of 30 June 2015, around 79 health talks were organized in order to raise public awareness of sudden cardiac arrest and strengthen relevant precautionary measures.

After the project Phase I and Phase II, the JCHSS team found that the awareness of precautionary measures of sudden cardiac arrest, heart health educations and the use of AED and CPR has been increased in participating schools. The effect is limited to the school personnel, teachers, parents and students and the awareness of AED in Hong Kong is still rather low in the community at large. Therefore, we would like to extend the CPR and the use of AED training in the secondary schools after the discussion at a recent JCHSS Steering Committee Meeting. The secondary students will receive a “7-hour CPR and the use of AED training” class and will be educated about AED and the Chain of Survival. The trained students with certificates will conduct an exhibition or game booth to promote heart health to the whole school or the community nearby the school.

The extended training programme is divided into two phases. Phase 1 is being implemented in 2 secondary
schools (Christian Alliance SW Chan Memorial College and Tsuen Wan Government Secondary School) from May to July 2015 to promote the AED, the Chain of Survival, heart health education and train up secondary students in the CPR and the use of AED and this phase was sponsored by the Co-chairman, Dr. Chris WONG. A total of 76 secondary students were trained on 2 May and 9 May 2015 and most of them are confident to use the AED and are willing to encourage their families and friends to study the training course.

It is estimated that phase 2 will be implemented in 8 to 10 secondary schools. The JCHSS team is planning to train up around 20 secondary students in each school and the trained students will promote the AED and heart health education in their schools and expand to the community. Since most of the school programmes already had been fixed in school year (2014-15), the school principals suggested to implement the extended training programme in secondary schools between September and November 2015. After the programme, it is expected that the students will know the importance of CPR and AED and they can help to spread the message in the school or their relatives and friends. In future, these trained students will be able to act as responsible citizens to help others in the society. The increase in awareness and skill will finally result in increasing the survival rate of people with sudden cardiac arrest in the community.

The extended training programme proposal was sent to the Education Bureau and The Hong Kong Jockey Club Charities Trust for their consideration and approval. The Hong Kong Jockey Club Charities Trust officially replied Hong Kong College of Cardiology on 17 July 2015 that they had no objection to the proposal.

**The Jockey Club ’Heart-safe School’ Project (JCHSS)**

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<td>No. of AED installed</td>
<td>312</td>
<td>338</td>
<td>153</td>
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<td>No. of School personnel Trained</td>
<td>3,161</td>
<td>3,610</td>
<td>2,482</td>
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<tr>
<td>No. of Participated School</td>
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<td>338</td>
<td>351</td>
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**Institute for Heart Health Promotion Ltd. (IHHP) (心臟健康促進會)**

The College has been in close corporation with The Institute for Heart Health Promotion Limited ("the Institute") ever since the Institute’s incorporation in 2000.

The Institute is a non-profit making organization engaged in the study of heart health of people in Hong Kong and in the promotion for the awareness and preparedness of the general public for the preservation of heart health through healthy styles of living.

Members of the Institute’s Executive Board are: Dr. WU Po Kong Patrick, Dr. TSE Tak Fu, Dr. KO Tak Him Patrick, Prof. LAU Chu Pak, Mr. LIANG Cheung Biu Thomas, and Mr. LUK Koon Hoo Roger. Mr. MA Kwong Wing is Hon Secretary of the Institute.
Report on Committees and Working Groups

Hong Kong Heart Foundation Cardiology Training Fellowship Programme

Awardee under Hong Kong Heart Foundation Fellowship 2012/2013:

Dr. CHUI Ka Lung of Prince of Wales Hospital, has started the training programme in interventional cardiology at University Hospitals Harrington Heart & Vascular Institute in United States of America for a period of 12 months commencing from July 2015.

Awardee under Hong Kong Heart Foundation Fellowship 2013/2014:

Dr. CHEUNG Li Li of Prince of Wales Hospital, has started the training programme in electrophysiology at University of Pennsylvania Health System in United States of America for a period of 18 months commencing from 1 January 2015.

Awardee under Hong Kong Heart Foundation Fellowship 2014/2015:

Dr. CHAU Chi Hong of Pamela Youde Nethersole Eastern Hospital, has started the training programme in interventional cardiology at Brigham and Women’s Hospital in United States of America for a period of 12 months commencing from 1 July 2015.

Dr. CHUI Shing Fung of Queen Elizabeth Hospital, has started the training programme in structural heart intervention at Beth Israel Deaconess Medical Center in United States of America for a period of 12 months commencing from July 2014.

Dr. KWOK Sit Yee of Prince of Wales Hospital, has started the training programme in electrophysiology at The Royal Children’s Hospital, Melbourne in Australia for a period of 12 months commencing from August 2014.

Dr. WONG Ka Lam of Queen Mary Hospital, has started the training programme advanced heart failure and transplant cardiology at Mayo Clinic, Rochester in United States of America for a period of 12 months commencing from 1 July 2015.

Awardee under Hong Kong Heart Foundation Travelling Fellowship

Dr. LO Ka Yip of United Christian Hospital, has started the training programme in interventional cardiology at Centre Hospitalier Universitaire Vaudois (CHUV), Lausanne in Switzerland for a period of 6 months commencing from July 2015.

Awardee under Hong Kong Heart Foundation Visiting Fellowship

Prof. YU Cheuk Man of Prince of Wales Hospital, has started the training attachment at Heart Centre, Rigshospitalet Copenhagen in Denmark for 4 months and at Kaohsiung Chang Gung Memorial Hospital in Taiwan for 2 months, commencing from April 2015.

Journal of the Hong Kong College of Cardiology

Commencing 2005, the Journal has been published bi-yearly in April and October.

A total of 40 editorial pages were published from April 2014 (late publish) to April 2015. These included 4 articles from Hong Kong.
A total of 66 pages of abstracts were published from April 2014 (late publish) to April 2015. 55 pages from the Annual Scientific Congress and 11 pages from the other meetings.

A total of 44 editorial pages of Supplement were published in November 2014, which included 91 abstracts and no manuscript.

**General Affairs and Public Relations Committee**

The Committee acted on behalf of the College or as directed by the Council to respond to enquiry on cardiology related issues from media. It also mediated the participation of our Fellows in public education activities.

**Allied Cardiovascular Health Professional Committee**

The Allied Cardiovascular Health Professionals Symposium of the 23rd Annual Scientific Congress was held on 30 May 2015. It was organized for the allied cardiovascular health professionals and the theme this year was “Management of Acute Cardiac Emergencies”. Dr. Arthur SY YUNG, shared his views on Management of Acute Myocardial Infarction. Dr. CHAN Wai Kwong, Andy presented Acute Management of Life Threatening Arrhythmias. Dr. CHENG Lik Cheung exchanged his experience on Management of Acute Aortic Dissection while CHOW Hoi Fan, Danny presented Management of Acute Pulmonary Embolism.

**Newsletter**

The College has published the College Newsletter quarterly since the first issue dated December 2009. As not every member of the College is able to attend all the College activities, the Newsletter serves to keep members updated with the current affairs of the College. The contents of the Newsletter are arranged according to the main activities of the College: scientific activities, community activities, other College activities and members' section, etc. The Newsletters are sent to all members of the College free-of-charge.

Four issues of Newsletter are published from September 2014 to June 2015 at quarterly intervals.

**Paediatric Cardiology Chapter**

The Paediatric Cardiology Chapter of Hong Kong College of Cardiology was established since 2 December 2008. The purposes are to promote the advancement of knowledge and science of paediatric cardiology and to look into matters related to education, training, accreditation, maintenance of good practice and high professional standards in paediatric cardiology. It also helps to promote solidarity and fraternity amongst paediatric cardiologists in Hong Kong.

**Scientific Meetings (2014-2015):**

1. Date: 23 September 2014  
   Venue: Block M Ground, Room 2, Queen Elizabeth Hospital  
   Speakers and topics: a) A girl with recurrent loss of consciousness and school absence for two years  
   Dr. CHENG Yan Wah, Vinson  
   b) Failing heart and lung in a girl with systemic juvenile idiopathic arthritis  
   Dr. MOK Chi Fung, Geoffrey

2. Date: 23 March 2015  
   Venue: Room A1 and A2, The Hong Kong Medical Association, Dr. Li Shu Pui Professional Education Centre, 2/F, Chinese Club Building, 21-22 Connaught Road Central, Hong Kong  
   Speakers and topics: a) Dr. Daniel TING  
   A baby with in-utero premature closure of ductus arteriosus  
   b) Dr. YU Tak Ching  
   A baby born with hydrops fetalis
Paediatric Cardiology Symposium

The Paediatric Cardiology Symposium on “Clinical Genetics and Paediatric Heart Disease” was held on 15 November 2014 at the Room A, The Hong Kong Medical Association, Dr. Li Shu Pui Professional Education Centre, 2/F, Chinese Club Building, 21-22 Connaught Road Central, Hong Kong. It was the third time that Paediatric Cardiology Chapter of Hong Kong College of Cardiology organized a half day symposium. The symposium has been well received and was attended by 55 participants from various specialties. The organizing committee include Dr. CHAU Kai Tung, Dr. FONG Nai Chung, Dr. LUN Kin Shing, Dr. MOK Chi Fung, Geoffrey, Dr. SO Lok Yee, Dr. WONG May Ling, Dora, Dr. YUNG Tak Cheung.

The programme of the symposium are as follows:
1. Introduction
   Dr. CHAU Kai Tung
2. Opening Remark
   Dr. CHAN Kam Tim, President of Hong Kong College of Cardiology
   Chairmen: Dr. CHAU Kai Tung and Dr. SO Lok Yee
3. Genetic issues in paediatric cardiology
   Dr. LAM Tak Sum, Stephen
4. Congenital heart disease: genetic evaluation and counselling
   Dr. Brian CHUNG
5. Congenital heart disease and genetics: clinical perspectives
   Dr. CHOW Pak Cheong
6. Sudden arrhythmias death syndrome (SADS) in paediatric patients
   Dr. Chloe MAK
7. Inherited cardiac arrhythmias in children: the Queen Mary Hospital experience
   Dr. YUNG Tak Cheung

Paediatric Cardiology Symposium in 23rd Annual Scientific Congress

Paediatric Cardiology Symposium was held on 30 May 2015 during the 23rd Annual Scientific Congress. The programme of the symposium was as follows:

Paediatric Cardiology Symposium I
1. Ebstein Anomaly: Imaging & Novel Surgical Strategies
   Dr. Benjamin EIDEM
2. Echocardiographic Assessment of Fetal Cardiovascular Function
   Dr. WANG Hui Shen
3. Transcatheter Closure of Ventricular Septal Defect: Strategies for Device Selection and Results of Mid-to-Long Term Follow Up
   Dr. ZHANG Xu
4. The Current Status of Fetal Cardiac Arrhythmia
   Dr. ZHOU Kai Yu
5. A Tale of Two Systems: Fontan-associated Liver Disease
   Dr. CHOW Pak Cheong
Paediatric Cardiology Symposium II
6. Evaluation of Ventricular Diastolic Function in Children: Integration into Clinical Practice
   Dr. Benjamin Eidem
7. Outcomes of Transcatheter Occlusion of Patent Ductus Arteriosus in Infants Less than 12 Months
   Dr. Liu Fang
8. Long Term Outcome Following Transcatheter Pulmonary Valvotomy for Pulmonary Atresia with Intact
   Ventricular Septum
   Dr. Chen Hay Son, Robin
9. Initial Experience with the New Pul-Stent in Treating Post-operative Branch Pulmonary Artery Stenosis
   Dr. Liu Ting Liang

Annual General Meeting (AGM) 2015
The Annual General Meeting of Paediatric Cardiology Chapter was held on 25 March 2015 at 6:30 p.m. at the
HKCC Secretariat Office, Room A, The Hong Kong Medical Association, Dr. Li Shu Pui Professional Education
Centrume, 2/F, Chinese Club Building, 21-22 Connaught Road Central, Hong Kong. Annual Report of the Paediatric
Cardiology Chapter 2014 and the Accounts for the year ended 31 December 2014 of the Chapter were
considered and adopted.

Echocardiography Chapter
Echocardiography Chapter (Echo Chapter) is newly formed by Hong Kong College of Cardiology to promote
education and interest in echocardiography among members, to provide a forum for sharing of updating
experience and knowledge in echocardiography and to enhance the standard of echo training in Hong Kong.
Initially, the Chapter plans to organize afternoon symposium quarterly.

2nd Scientific Meeting of Echo Chapter
The 2nd Scientific Meeting of Echo Chapter was held on 13 December 2014 at Diamond Ballroom 2, Basement
1, Eaton, Kowloon. The organizing committee included Dr. Lau Yuk Kong (Coordinator), Dr. Lee Pui Wai, Alex
(Coordinator), Dr. Chan Lip Kiong, Dr. Chuik Ka Lung, Dr. Kam Ka Ho, Dr. Lam Chun Wai, Willis, Dr. Lam Yui Ming,
Dr. Leung Kwok Fai, Dr. Li Ying Wah, Andrew, Dr. Pun Chiu On, Dr. Wong Chi Yuen and Dr. Yiu Siu Fung. The
event was well received with 73 participants from various specialties attended the meeting.

The program included case presentations, lectures and hands-on session:-

Case Presentation
Dr. Lam Yui Ming  A patient presented with shortness of breath.
Dr. Lee Kin Tong, Joe Double-chambered right ventricle - a commonly overlooked diagnosis.
Dr. Lo Yick Cheung, Eugene Masses in the Heart
Dr. Lun Kin Shing Severe mitral regurgitation in a 5 months old girl. What is the cause?
Prof. Woo Kam Sang Dyspnoea and intra-atrial mass in a lady post-AVR.

Lectures
Dr. Wong Chi Yuen  Echo assessment of LV structure and function - M-mode, 2D, 3D, strain, contrast,
and beyond....
Dr. Lee Pui Wai Alex Contrast Use in Echocardiography

The meeting was chaired by Dr. Lau Yuk Kong, Dr. Lee Pui Wai, Alex, and Dr. Wong Chi Yuen.
**3rd Scientific Meeting of Echo Chapter**

The 3rd Scientific Meeting of Echo Chapter was held on 25 April 2015 (Saturday) at Sung Room, 4/F, Sheraton Hong Kong Hotel & Towers, 20 Nathan Road, Kowloon, Hong Kong. The organizing committee included Dr. LAU Yuk Kong (Coordinator), Dr. LEE Pui Wai, Alex (Coordinator), Dr. CHAN Lip Kiong, Dr. CHUI Ka Lung, Dr. KAM Ka Ho, Dr. LAM Chun Wai, Willis, Dr. LAM Yui Ming, Dr. LEUNG Kwok Fai, Dr. LI Ying Wah, Andrew, Dr. WONG Chi Yuen and Dr. YIU Siu Fung. The event was well received with 65 participants from various specialties attended the meeting.

The program included case presentations, lectures and hands-on session:-

**Case Presentation**

<table>
<thead>
<tr>
<th>Speaker</th>
<th>Topic</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dr. LAM Yui Ming</td>
<td>What is happening is these patients?</td>
</tr>
<tr>
<td>Dr. LEE Pui Wai, Alex</td>
<td>A woman with shortness of breath and murmur.</td>
</tr>
<tr>
<td>Dr. LEE Pui Wai, Alex</td>
<td>Is it pulmonary artery stenosis?</td>
</tr>
<tr>
<td>Dr. LI Cho Shan</td>
<td>Bloody pericardial effusion: What is the cause?</td>
</tr>
<tr>
<td>Dr. LO Yick Cheung, Eugene</td>
<td>A man with fever.</td>
</tr>
<tr>
<td>Dr. WONG Man Lok, Edmond</td>
<td>Ectopic or claustrophobic</td>
</tr>
</tbody>
</table>

**Lecture**

Dr. KAM Ka Ho  Definition, Basics and Clinical application of 2D Speckle Track Echocardiography

The meeting was chaired by Dr. LEE Pui Wai, Alex and Dr. LI Ying Wah, Andrew.

**Working Group on Cardiac Computed Tomography**

Cardiac computed tomography is now established as a useful tool not only in the exclusion of significant coronary artery disease in patients with non-specific chest pain but also for the strategic planning of the percutaneous coronary artery procedure. One of the major drawbacks of cardiac CT was the amount of radiation involved.

Recent generation of CT scanner enables a marked reduction of radiation associated with the procedure. In well prepared patients with a regular and slow heart rate, cardiac CT can be performed with less than 1 mSv of radiation. The latest CT scanner further reduces the radiation to 0.2 to 0.3 mSv, the amount of radiation involved in taking three CXR. Spatial resolution is also improved and that can easily be appreciated comparing CT scan of the same patient taken with the new CT scanner. Calcium artifact is reduced and one can now visualize the pathology inside stents with a diameter over 3 mm.

The Achilles heel for cardiac CT used to be its failure to offer functional information. The latest CT scanner from Siemens and Toshiba can now be used for myocardial perfusion imaging with a radiation dose similar that of a nuclear scan. This combined with anatomical information of the coronary artery enable the operator to diagnosed lesions of clinical significance.

CT scanning has become an indispensable investigation for patients with coronary artery disease. Due to its less invasive nature, most patients prefer CT scanning as an alternative to invasive coronary arteriogram in the diagnosis and evaluation of coronary artery disease. The ability to use and read cardiac CT should be part of the curriculum for doctors specializing in cardiology.
Preventive Cardiology and Cardiac Rehabilitation Working Group

The Preventive Cardiology and Cardiac Rehabilitation Working Group under Hong Kong College of Cardiology was established in January 2014 and aimed at gathering a group of dedicated experts to share their experience and knowledge in Preventive Cardiology. The Working Group members are follows (as of 29 July 2014):

Co-Chairpersons:
Dr. LAU Suet Ting  Prof. LAU Chu Pak

Members:
Dr. CHAN Ngai Yin
Dr. CHAN Wing Sze, Carmen
Dr. CHEONG Yan Yue, Adrian
Dr. CHOI Man Chun
Dr. CHOW Siu Lun, Eddie
Dr. CHOI Chi Chung
Dr. FAN Yue Yan, Katherine
Dr. FUNG Chi Yan, Raymond
Dr. KWAN Wing Shan, Iris
Dr. KWONG Shu Keung, Alex
Dr. LEUNG Wai Suen, Albert
Dr. LEUNG Kai Chi
Dr. Li Sheung Wai, Leonard
Mr. CHENG Tak Lai, Dick (Nurse)
Ms. NG Yuk Man (Physiotherapist)
Ms. Charmain TAN (Dietitian)
Mr. Wilson CHAN (Occupational therapist)
Report on College Affairs

Membership

1. As at 1 August 2015, 1 Retired Fellow, 4 Fellows, 10 Members and 1 Affiliate were elected, which made up the total membership to 428. Below is the breakdown of the membership figures:

- Distinguished Fellows: 6
- Honorary Fellows: 12
- International Fellows: 4
- Visiting Fellows: 12
- Retired Fellows: 3
- Fellows: 211
- Members: 82
- Affiliates: 98

2. The Members of the Council for the year 2014-2015 were:
   - President: Dr. CHAN Kam Tim
   - President-Elect: Dr. LI Shu Kin
   - Hon. Secretary: Dr. LAU Suet Ting
   - Hon. Treasurer: Dr. LAU Yuk Kong
   - Council Members: Dr. CHAN Hon Wah, Raymond
   - Dr. CHAN Ngai Yin
   - Dr. CHAN Wai Kwong
   - Dr. CHENG Cheung Wah, Boron
   - Dr. HO Kau Chung, Charles
   - Prof. LEE Wai Luen, Stephen
   - Dr. LEUNG Tat Chi, Godwin
   - Dr. SIU Chung Wah, David
   - Prof. YU Cheuk Man
   - Immediate Past President: Dr. WONG Kwok Yiu, Chris
   - Past Presidents: Dr. CHIANG Chung Seung
   - Dr. LAU Chu Pak
   - Dr. PUN Chiu On (passed away on 15 February 2015)
   - Hon. Adviser: Dr. CHENG Chun Ho
   - Dr. KO Tak Him, Patrick
   - Dr. TSE Tak Fu

3. During the past year, the Council has met 7 times.

4. Standing Committees and Chairmen:

   Editorial Board, Journal of Hong Kong College of Cardiology
   - Chief Editor: Dr. LAU Chu Pak

   Hong Kong Heart Valve Registry
   - Chairman: Dr. HO Kau Chung, Charles

   Pacemaker Registry
   - Chairman: Dr. LAU Chu Pak
Allied Cardiovascular Health Professionals
Chairman : Dr. CHAN Wai Kwong, Andy

Scientific Committee
Chairman : Dr. PUN Chiu On (passed away on 15 February 2015)

General Affairs and Public Relations
Chairman : Dr. LI Shu Kin

Education and Accreditation Committee
Chairman : Dr. TSE Tak Fu

Cardiac Pulmonary Resuscitation Committee
Chairman : Dr. CHENG Chun Ho

Hypertension Working Group
Chairman : Dr. CHENG Chun Ho

Pacing and Clinical Electrophysiology Working Group
Chairman : Dr. LAU Chu Pak

Paediatric Cardiology Chapter
Chairman : Dr. CHAU Kai Tung, Adolphus

Heart Failure Working Group
Chairman : Dr. WONG Kwok Yiu, Chris

Working Group on Cardiac Computed Tomography
Chairman : Dr. WONG Chi Ming

Echocardiography Chapter
Coordinators : Dr. LAU Yuk Kong, Alex
Sponsorship for Attendance of Overseas Scientific Conferences

In the past year, our College sponsored 70 Fellows/Members to attend 38 overseas scientific conferences.

College Representatives on other Institutions

Hong Kong Heart Foundation
Dr. CHIANG Chung Seung
Dr. PUN Chiu On (passed away on 15 February 2015)
Dr. WONG Kwok Yiu, Chris

Hong Kong College of Physicians Specialty Board in Cardiology
Dr. CHAN Wai Kwong, Andy

Federation of Medical Societies of Hong Kong
Dr. CHIANG Chung Seung

Heart Care Trust Fund
Dr. PAN Yan Chi, Joseph
Dr. WONG Shou Pang, Alexander

Asia Pacific Society of Interventional Cardiology
Dr. CHIANG Chung Seung
Dr. KO Tak Him, Patrick
Dr. LI Shu Kin
Dr. WONG Kwok Yiu, Chris

Resuscitation Council of Hong Kong
Dr. WONG Kwok Yiu, Chris

College Secretariat
Theresa PAN – Executive Officer
Vicki LAU – Executive Officer
Sandra WAN - Clerk
Daisy HO – Project Director, JRFH*
Florence CHAN – Project Officer, JRFH*
Shirin LEE – Project Officer, JRFH*
Gloria LAI – Project Officer, HSSP# (resigned on 17 August 2015)
Red FONG – Project Assistant, HSSP#
Karen HO - Project Assistant, HSSP#

* Jump Rope for Heart Program
# Heart-safe School Project
HONG KONG COLLEGE OF CARDIOLOGY  
(A COMPANY LIMITED BY GUARANTEE AND NOT HAVING A SHARE CAPITAL)  
COLLEGE’S INFORMATION  

PRESIDENT  
Dr. Chan Kam Tim  

PRESIDENT-ELECT  
Dr. Li Shu Kin  

HONORARY SECRETARY  
Dr. Lau Suet Ting  

HONORARY TREASURER  
Dr. Lau Yuk Kong  

HONORARY AUDITOR  
Patrick Wong C.P.A. Limited  

HONORARY LEGAL ADVISER  
Mrs. Peggy Cheung  

COUNCIL MEMBERS  
Dr. Chan Hon Wah, Raymond  
Dr. Chan Ngai Yin  
Dr. Chan Wai Kwong  
Dr. Cheng Cheung Wah, Boron (Appointed on 24 September 2014)  
Dr. Chiang Chung Seung  
Dr. Ho Kau Chung, Charles  
Dr. Lau Chu Pak  
Prof. Lee Wai Luen, Stephen  
Dr. Leung Tat Chi  
Dr. Pun Chiu On  
Dr. Siu Chung Wah, David  
Dr. Wong Kwok Yiu, Chris  
Prof. Yu Cheuk Man  

BANKERS  
Hang Seng Bank Limited  

REGISTERED OFFICE  
Office Nos. 1116 and 1117,  
Bank of America Tower,  
12, Harcourt Road,  
Central,  
Hong Kong
HONG KONG COLLEGE OF CARDIOLOGY  
(A COMPANY LIMITED BY GUARANTEE AND NOT HAVING A SHARE CAPITAL)  
DIRECTORS’ REPORT

The directors have pleasure in submitting their annual report together with the audited financial statements for the year ended 31 December 2014.

PRINCIPAL ACTIVITY
The College is a non-profit making organization and is principally engaged in medical education.

RESULTS
The results of the College for the year ended 31 December 2014 and the state of its affairs at that date are set out in the financial statements on pages 39 to 50.

DIRECTORS
The directors of the College during the year and up to the date of this report were as follows:-
Dr. Chan Hon Wah, Raymond
Dr. Chan Kam Tim
Dr. Chan Ngai Yin
Dr. Chan Wai Kwong
Dr. Cheng Cheung Wah, Boron (Appointed on 24 September 2014)
Dr. Chiang Chung Seung
Dr. Ho Kau Chung, Charles
Dr. Lau Chu Pak
Dr. Lau Suet Ting
Dr. Lau Yuk Kong
Prof. Lee Wai Luen, Stephen
Dr. Leung Tat Chi
Dr. Li Shu Kin
Dr. Pun Chiu On
Dr. Siu Chung Wah, David
Dr. Wong Kwok Yiu, Chris
Prof. Yu Cheuk Man

All directors retire in accordance with the Association’s Articles of Association but, being eligible, offer themselves for re-election.
DIRECTORS’ REPORT

DIRECTORS’ INTERESTS IN CONTRACTS AND ARRANGEMENTS OF SIGNIFICANCE
No contract and arrangement of significance to which the College was a party and in which a director had a material interest, whether directly or indirectly, subsisted at the end of the period or at any time during the year.

AUDITOR
During the year, Walter Ma & Company, Certified Public Accountants, resigned and Patrick Wong C.P.A. Limited, Chartered Accountants, Certified Public Accountants (Practising) was appointed as auditor of the College.

FOR AND ON BEHALF OF THE BOARD

Dr. Chan Kam Tim
President
Abbott Laboratories Limited
Astra Zeneca Hong Kong Limited
Bayer HealthCare Limited
Boehringer Ingelheim (HK) Limited
Boston Scientific Hong Kong Limited
Goodwin Health Care Limited
Institute for Heart Health Promotion Limited
Johnson & Johnson (Hong Kong) Limited
Kam Kay and Ping Yu (Foundation) Limited
Pfizer Corporation Hong Kong Limited
Sanko Medical Systems (H.K.) Limited
Sanofi-aventis Hong Kong Limited
Shun On Healthcare Limited
Siemens Limited
St. Jude Medical (Hong Kong) Limited
Takeda Pharmaceuticals (HK) Limited
The Hong Kong Heart Foundation Limited
Dr. Patrick Ko
Mr. Lo Hung Cheuk